MELMARUVATHUR
AMMA’S ORACLE

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(ARULVAKKU)
Dedicated to the
Lotus Feet of
Amma
By
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Anna Nagar, Chengalpattu
on the eve of ensuing
Platinum Jubilee Year
of the founders of the Trust
Er. A. SHANMUGASUNDARAM
(Retd. Asst. Divl. Engineer / S. Rly)
CHAIRMAN.

&
Thirumathi. KANNIKA SHANMUGASUNDARAM
SECRETARY.
Om Sakthi

**AMMA’S ORACLE**

**OUR EXPERIENCE**

Even though we have been going to Melmaruvathur Siddhar Peetam since 1984, we had opportunity to have Amma’s Oracle only in 1990. Having tied 3 lemon fruits in the saree of my wife, we wanted to ask 3 questions. Soon we sat before Amma in Putru Mandapam and before we could open our mouth, Amma said “You have brought 3 fruits and want to ask 3 questions” and also replied for all the 3 questions. We were astonished. Our first question, was “Why did our two daughter Thamarai and Thulasi pass away in their early age of 12 and 27 in 1980 and 1987?” Amma replied that they have not gone anywhere and they are here only. This confirmed our earlier Horoscope predictions that they have no rebirth.

After 2\(\frac{1}{2}\) years, we went for a second Oracle, Amma recalled our previous oracle and said that we had brought 3 fruits and asked 3 questions. We could not believe our own ears. There after we had many oracles from Amma.

On 27.11.1994, when we were standing near the front entrance of Siddhar Peetam after finishing our worship, Amma, on her way back home, looked at my wife and stretched Her forearm and placed a leaf of Rose flower and a Neem leaf in the hands of my wife. She ate that as prasadam, without knowing the cause for such Divine Miracle.

On 10/11.3.1995, we both met with a road accident near Bangalore while proceeding on a school excursion in a bus. My wife had severe injury on her forehead and Nine of my lower teeth including gum were slashed away causing heavy blood shed. We were given treatment at a private Hospital nearby. I under went an operation for two hours. The treatment was timely, proper and cheap without pre-payment. It was Amma’s Grace, that saved our lives.

Immediately, We rushed to Amma for an oracle in “Arul Koodam” where Amma replied to my wife, “I saved your Mangalyam (saved your Husband). But for the prasadam I had given you the other day, and the charity that you have done during your previous births and this birth, you would not have come alive and seen Me here Today”. Evidently Amma had foreseen our accident and saved our lived by her grace, glance and Prasadam.

In another occasion, Amma’s Divine glance, on my wife during the temple rounds, saved my wife from a severe heart problem. Many miracles have taken place in our walks of life with the blessings of Amma.

From the above incidents, we conclude that Amma’s Versions anywhere either in Putru Mandapam, Arul Koodam or elsewhere are nothing but oracles, because Amma is an incarnation of Adhiparasakthi, who is Omnipotent Omniscient and Omnipresent and Blesses all who completely surrender to her with confidence and good heart.

Through “Thamarai Thulasi Trust” (self financed), named after our daughters Thamarai and Thulasi, we are trying to do our best to participate in Amma’s Divine Service. We have provided a stone Inscription (kalvettu) of Tamilmanthras in the Irumudi Hall of the Siddhar Peetam in 1999.

We have published the book “The Glory of Melmaruvathur Arulmigu Adhiparasakthis Siddhar Peetam” (History of the temple) in six languages namely Tamil, English, Hindi, Telugu, Kannada & Malayalam. We printed about 30,000 copies and distributed to devotees and donated to the temple in 2000 - 2002.

In this series, we are now pleased to dedicate to the Lotus Feet of Amma, the first edition of this book Amma’s Oracle duly translated in English and printed, for the benefit of the devotees throughout the world. All these services are possible only with Amma’s Grace.

In the Divine Service of Amma

**THAMARAI THULASI TRUST**

Anna Nagar, Chengalpattu.

Er. A. Shanmugasundaram Tmt. Kannika Shanmugasundaram

Chairman. Secretary.
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CHAPTER - I

INTRODUCTION

Several institutions have created history. Some institutions are creating history. Adhiparasakthi Educational Medical and Cultural Trust has involved itself in the direction of Spiritual Renaissance and hence has become an important force in social uplift leading to peaceful co-existence. The trust’s motto is ‘One Mother, One Clan’.

The nucleus and force behind this great movement is Melmaruvathur Adhiparasakthi Siddhar Peetam, where the blessed saint Bangaru Adikalar radiates the great Divine Light in Silence taking the Divine Grace and Blessings of Melmaruvathur Mother Adhiparasakthi. It is no exaggeration to say that more than two and a half crores of people in the world have benefited by coming to this sacred place and the people who visit this sacred place every day being attracted by the ‘sacred peetam’ are innumerable.

‘Spiritual Knowledge’ denotes the efforts taken by an individual to know, to feel and to understand who he is. Conscious understanding of Nature and confidence will alone pave way to peace. The control of five senses, elimination of desire, anger, harsh words and involvement in service with love for humanity, will add greatness to the knowledge of the spirit. Soul force is strength. There is no form and name to the knowledge of the soul.

Practising humility is a great deed; it is dharma to give and take; endurance is great sacrifice; to forgive erroneous acts denotes great trait. In fact Melmaruvathur Adhiparasakthi Establishment and ‘Trust is a Movement that has made the term ‘spirituality’, which has hitherto been mentioned only in the temple discourses, comprehended. Pure heart, true service, steadfast mind, hard work, perseverance, disinterested devotion, bestowing significance to femininity and love laden life, mark the continuance of Dharma and righteousness.

A force is required to activate the planets. Similarly, Bangaru Adigalar is the incarnation of Adhiparasakthi existing in human form to activate and channelise the human beings and this has been realised and cherished by many through their personal experiences.

It is obvious that the spiritual ‘guru’ “Amma” has been effecting social, economic and cultural uplift by inducing the spiritual consciousness that is essential for human life, initiating women into spiritual path, enlightening the poor and the simple people in the spiritual way and by transforming the sacred Melmaruvathur into the centre for fostering dharma.

Science and technology scrutinizes only one aspect of knowledge. It is impossible to understand man’s higher nature, higher qualities, spiritual strength by the science that emphasises the physical comforts of life. The science that has demeaned itself into this narrow-minded view is sending invitation to the boundary of destruction. This has been a critical problem for a very long time. But finding a solution to this problem in today’s environment abounding with animal strength, and destructive forces, is not only essential but also urgent.

This world and the people who live in it are in fact the result of the evolutionary growth of this vast universe. The harmonious nature of this evolutionary growth and the integrated comprehensive cosmic progress signify the fundamental truth namely the spiritual force and the divine strength. When the people of this world forget this truth and there exists a decadence of spiritual consciousess, there arises a compulsion to instruct the world about the great truth of the cosmic growth and the basis of this life integrated with this growth.
The ‘compassionate light’ that the Mother sheds is the only path for people to take the right path after gaining spiritual consciousness. Shocks get minimised when this cosmos moves harmoniously. Virtue and love function along with compassion. Spiritual love grows. Peace abounds. It is due to Mother’s Divine Grace that this peace, which appears in the present world environment as dream and mirage, could be understood as the spiritual path through this beautiful, famous sacred pilgrimage.

Melmaruvathur Swayambu (that has come without human intervention) Adhiparasakthi Siddhar Peetam is situated on the Madras-Trichi highway, at a distance of 92kms from Madras.

Bangaru Adigalar incarnated on 3.3.1941 as the eldest Divine son of Gopal Nayakkar who had been leading a prosperous life in Melmaruvathur. The Mother Adhiparasakthi has chosen Adigalar to manifest Herself through him in order to exhibit to the world by Her divine play or miracles the rise of spirituality. The Mother has already manifested herself on one occasion to Adigalar as a cobra during his childhood days. During another occasion she has quenched his thirst.

During the festival of a small temple situated in the street where Sri Gopala Nayakkar resided, the school going boy, Bangaru Adigalar, had divine possession. At that time the Mother said, “I shall manifest myself through Bangaru boy and through him eliminate the misery of people; and bestow divine oracle”. Sri Gopala Nayakkar replied that it would be beneficial if she resided in the 20 acre land situated towards the west of the street. The Mother too accepted the offer.

There was a neem tree in the place where there is now ‘Siddhar Peetam’, the sanctum sanctorium. The milk that dripped down the tree had been tasty. That cured the diseases of many. This milk shedding neem tree got uprooted during the heavy storm that raged on November 27, 1966. The snake pit under the neem tree got dissolved and the ‘Swayambu’ (Manifested Self) appeared beneath the snake pit. That is in fact the ‘swaymabu’ that we worship even today. It is the divine oracle of the Mother that the ‘Swayambu’ has appeared 2000 years ago.

It is reckoned that this siddhar peetam is the 71st peetam, siddhar forest, among the 108 siddhar peetams. Melmaruvathur ‘siddhar peetam’ is the place where Adhiparasakthi has manifested herself in the human form in the incarnation of Adigalar to relate herself with the spiritual selves and the divine speaks to foster the spiritual devotion.

Though it appears as a temple in form, it is different in the custom and tradition that it follows. It is a divine ‘peetam’ which showers grace on all with no discrimination of nation, caste, religion and gender. In fact, this ‘peetam’ stands as a force to attract the people of the world and where many gain love for humanity and do several services, taught through the dictum, “service to man is service to god”. The basis for all these happenings is “Mother’s Divine Oracle”. The Divine Oracle is the source and “Adigalar” is the origin.

The first Divine Oracle was given to a devotee from Achirupakkam at 1a.m. on a Tuesday night in December 1970. Adhiparasakthi is the leader of the ‘siddhars’. Siddhars possess eight ‘siddhis’. They bestowed their oracles by moving from one body to another. We call that which is higher than ‘foretelling’ as ‘Divine Oracle’.

The Divine Oracle bestowed by the Mother is the teaching of a great Guru. It can be seen in the subsequent chapters. We shall pray to the Mother Adhiparasakthi and the spiritual mentor Thiru Adigalar so that the devotees read them and gain greatness in life.
The World is Mine:

“The world is mine. The force that activates that is Adhiparasakthi. It may be thought that only finger and rope are necessary for the top to spin. Force is essential if the top has to spin. Energy is necessary. You must understand who acts and who activates”.

Beyond Sakthi or Energy:

“There is nothing beyond ‘sakthi’ or soul force. ‘Sakthi’ alone has the nature to achieve”.

“I am that which runs! I am that which breaks! I am the forest! I am the wasteland! I am that which sees. I am also the things which are seen.”

I Tell How Small Deities Worship Me:

“I am the one who can grow tree without the tap root and tertiary roots. I shall even show to some people how all the small deities worship me.”

Adhiparasakthi:

“I don’t have form. I manifest as atom! Joythi! Flame! Child! Serpent! Lamp! Realised souls (siddhars) and so on”.

I am the Leader of the Realised Souls (siddhars):

“Celestial Gods too have realised souls. Celestial deities too have realised souls. I am the head of the realised beings.”

Do not indulge in Scrutiny!

“Do not indulge in scrutinising me and my ways. They are not accessible to your brain”.

Divine Oracle in Tamil:

“Tamil soil has motherly love! This is the soil that trusts Nature! Hence, my son, in this soil I deliver my Divine Oracle in Tamil”.

Divine Oracle:

“The mother bird searches and provides food to her offspring. But when the chick starts flying, flapping its wings, the mother bird does not find food for the chick. Mother’s divine oracle will exist until man starts flying, flapping his wings in the spiritual world.”

Like telling a Child...

“I am teaching you each and every aspect like a mother affectionately bathing, dressing and feeding her child. It is upto you to understand this and indulge in service. Do not miss the chance that has come to you”.

The Words I Utter:

“It is your responsibility to guard against my words getting vanished in the air. It is your duty to see that they do not become useless”.

Keeping One Matter in the Mind and Revealing the Opposite Outside:

“After hearing my Divine Oracle, do not keep one matter in your mind and reveal the opposite outside”.

To those who have Surrendered to Me:

“To those devotees who have trusted and surrendered to me whole-heartedly, there is no necessity for seeing horoscopes, astrological predictions, “Nadi astrology”. There will not be any benefit from them.”

I Create Distrust:

“My son! I think that certain persons should not come
here. I feel that they should definitely experience the fruits of their Karma (deeds of their previous life). What means can I adopt to achieve that? The only way to achieve that is to prevent them from coming to the Mother! If they come to the Mother, step on Mother’s soil, I have to give the boon for that! The only way to prevent them from gaining the boon, is to prevent them from coming here. Listen, my son, people who come this way do not come on the basis of spirituality! People who come on the basis of spirituality do not come desiring anything else. So there is no need for driving them away. People who come only with an intention of gaining something in return as profit will stop coming here immediately if that profit is made available to them now. For this reason I shatter their belief by declaring something which will not happen as something which will happen”.

**All Religions will Land Here:**

“All religions in the world will come and join here. The rivers born elsewhere merge into the sea. In the same way my children belonging to various religions will reach this Sanctum Sanctorium”.

**The Significance of Melmaruvathur:**

“You are saved from many dangers by your visits to this temple often. The total reward for coming here will definitely be gained if meditation is done here.”

**Melmaruvathur Soil and Spiritual Awareness:**

“The very day on which a person has set his foot on Melmaruvathur signifies that he has been gaining spiritual knowledge. This knowledge will grow as he keeps setting his foot on this soil.”

**Melmaruvathur Soil:**

“There is suitable reward for the mere setting of one’s foot on this soil.”

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**About Melmaruvathur...**

“This place is like an open space. Here there is no room for narrow mindedness. There should never arise discrimination among human species. You listen to my Divine Oracle only because of the merits you have gained in the previous birth”.

**The World of Maruvathur:**

“An atom can be divided. What will happen if the nucleus inside the atom is divided? The human species itself will get destroyed. An alternative world is necessary to save the nucleus of this world. This Maruvathur world is essential for that.”

**The Spirituality of Melmaruvathur:**

“Other spiritual places give importance to gold and money. Understand that there is no other place which helps in the divine and spiritual progress.”

**Melmaruvathur:**

“However deep a well is dug, the well will get filled with water, only when there is rain. It is not enough if you go to the worshipping centre several times. One should come here often to this temple.”

**Adigalar and Maruvathur:**

“Spirituality, discipline, virtue, calmness, sense of responsibility, peace can be gained only in Maruvathur soil. This Maruvathur soil gains fame only because of Adigalar!”

**I do not have Desire and Hatred:**

“Even if he has committed several mistakes, he is also my son. Among the sons I have given birth, there is a murderer, a drunkard, a smuggler, illicit trader, a gnani (wise person), a learned man. All these are my children. Among my sons I do not have love for one and hatred for another. It is not my intention
to love one just because he is a sage and hate another one because he is a murderer”.

I Accept All:

“No one has the right to say as to who is entitled to come here and who is not. However bad a child may be, it will come in search of its mother. No one has the right to stop the child. I also accept the person who comes secretly to see me after delivering in his discourse that I do not exist. I do not have likes and dislikes towards anyone.”

Why do I give positions?

“The positions I give here to a person is not based on his degree, educational competence, wealth and position in life, my son! It is in fact based on the merit he has gained in his previous birth”.

The Significance of Melmaruvathur:

“Here alone you will gain peace. You will find a means for gaining food. You will get sleep. Do you know why? It is because I have come here! Why do you roam here and there instead of taking efforts to grasp me with determination? It is like keeping the butter in hand and roaming about to get ghee!”

Why is Adhiparasakthi temple alone is the best?

“Compared to all other temples this Adhiparasakthi temple is the best. Here alone Adigalar, my incarnation, is residing. Here alone prayer is offered to the five elements. Here alone women are given importance. It should not be thought that this is the place where food is served for the poor and the simple and lodging facility for travellers. This temple is meant for moderating your consciousness, inner instincts and allowing truth to foster in your mind. Festivals conducted here are for that purpose”.

Tree of Guidance:

“Only if the tree of guidance is located in a suitable place, it will be able to guide others. If you transfer that to your house, will it be of guidance to others? I have come as a tree of guidance to all. Isn’t it true that I have to be in the suitable place to be able to guide all? I am not the individual property of anyone”.

Guru’s Guidance:

“Spirituality alone can take you across ‘samsara’ to the shore of God. Each one goes in search of a teacher. Teacher is essential for spirituality to foster, in the same way as palm sprout is essential for the growth of a coconut tree. A man can gain spiritual growth only with the guidance of a teacher. The time will come when it will be said with pride that we had been living during the time of Adigalar.”

All for Play:

“Why should there be earth, sky, water, fire and air? Is this world essential? All are play. There will only be trials and tribulations in human life if the five elements are not worshipped”.

Don’t Discuss the Past Story!

“Do not speak of the past events in the field of spirituality! Explain to the world what happens, what is happening and the novel events that I have been bringing forth. Practice recalling them often”.

Pleas for World Welfare:

“Pleas for the welfare of the world should come from you all. You should not expect that it should be told either by me or by Adigalar”.

Adhiparasakthi is the Nucleus of Everything:

“There are male and female species in all objects of Nature, like the Sun, the moon, the earth, the air, the sky, tree, plant, climber, fly and ant. All of them have nucleus. That nucleus is Adhiparasakthi!”
Here alone is Sakthi!

Dharma is that which will never get destroyed. Sakthi is that which will attract everyone! That Sakthi is here alone."

Who Am I?

“The truth revealing the answer to the question ‘who I am’ should not get manifested. In case it gets manifested, you shall grasp and cling to me easily. You shall gain realisation and liberation easily. Hence I divert your attention ‘now and then’ by creating in you ‘a mind and a desire’.

You surrender to me totally and whole-heartedly. You keep doing service with conscious love and sincerity”.

Is it Possible to do Everything Just by Sitting?

“Amma keeps on saying the words ‘spirituality, spirituality’. We all keep singing ‘Minnum Puvikkellam’ (To the whole shining earth). Amma descends! Amma’s physical self shows movement. Amma shows ‘Cin Mudra’ (Chinmudra). Takes neem leaves in her hands. Shows camphor. Walks like a swan. Walks like a peacock. Picks and flings neem leaf.

“Is not Amma God? Can’t she get everything brought to the place where she sits?” These thoughts may flash in your mind. Any atom has its value and use only if it has movement. If that movement is not there, there will only be destruction. While even the most minut atom requires a movement, that movement should reach the soul. There is creativity only because of movement. If there is no movement there is destruction!”

Seed and Past Deeds:

“Seed! Past deed! It is the seed which should go in search of the land. The land will not come towards the seed. One who is responsible for the action alone should come towards the divine. It should not be expected that the divine would come in search of one who is responsible for action”.

After having Indulged in Forbidden Activities:

“I accept even those who fall at My Feet chanting Om Sakthi after having indulged in forbidden activities. It does not mean that I have accepted their foibles too. There will be punishment for those actions at the right time. In spite of that if they come to me addressing me as ‘Mother’ they shall gain atleast some fruits for that”.

Past Deeds and Results:

“One who sows millet will only reap millet. One who sows paddy will reap paddy. I shall give boons to people according to their individual action”!

Everyone’s Karma:

“The tongue and throat alone can experience the taste of sweetness. No taste is experienced once the food reaches the stomach. Hence each one’s actions born of Karma can be experienced by his mind and his consciousness alone”.

Karma and Shadow:

“Each one’s shadow will continue to come behind him.
Similarly his Karma too will come behind him. He should act understanding this fact”.

**I shall Reduce Your Karma:**

“I shall make the rich give the poor. I reduce the karma of the giver. As you serve as an instrument I shall reduce your Karma.”

**Results of Sin:**

“Even if some twigs are planted they start sprouting due to the moisture content in them. As the leaves start growing due to the moisture content in the twigs, the sins that accrue due to your Karma will start sprouting”.

**To Reduce Your Bundle of Sins!**

“Fixing prices to Kalasa (sacred) lamps is to reduce your sins!”

**Sins and Their Results:**

“The statue carved out of stone using chisel and hammer will meet its destruction. The stone that is not carved into statue will not face destruction. Those who involve in spirituality with desire will accumulate sins. Those who involve in spirituality without desire will not accumulate sins. Those who commit a lot of sins must definitely experience the consequences of their sins”.

**Whatever is Destined:**

“Each one gets whatever he is destined to get. Property and comfort too is gained that way. Once a person enters spirituality he should not worry about anything.”

**Birth According to Each One’s Sin:**

“One thinks that his son is born because of the sins committed by him. Each one’s birth is determined by the sins he has committed. Father’s sin is not the cause for the son’s sin! That son’s sin during his previous birth is the cause of it! One should have a refined mind while in this birth itself”.

**Your Shadow Alone Follows You:**

“We worship Mother. We act according to her instructions. We have been materialising specific instructions given by Mother. In spite of that we keep facing a battalion of troubles. Do not think that you have to undergo death! Death is certain. Birth too is certain. Slappings are there. Beatings are also there. These will definitely happen. It is your shadow that follows you”.

**Fire and Evil:**

“In the same way as you would be cautious of fire, you should be cautious regarding evil matters.”

**When Sins Increase Earth will Get Destroyed:**

“The boat sails on water. Man builds a house in that boat and lives in it. If things of unbearable wait is loaded, the boat will sink. The house too will be drowned. The earth too is like that boat. When the sins increase, this earth will be destroyed”.

**Sorrow too is an Experience:**

“The best experience can be gained only by the means of sorrow. That can be gained only by experience. Those who long to gain proximity should finish experiencing just before my presence, the sorrows and Karma of the previous births”.

**How to change your Karma/Fate:**

“My son! I shall wipe out your grievance this second itself. But the Prarabtha Karma responsible for your present grievance will not keep quiet. If I redress this grievance, the Prarabtha Karma will attack you in a different way. If the stomach ache you have now, is cured, it will attack you in the form of headache. If that is removed it will be replaced by backache. Until that Karma gets reduced, it will keep attacking
you in one form or another. So you do not worry. I know the
time when your Karma is wiped off totally. I shall set right your
grievance at the appropriate time”.

The Result of Karma and the State of Liberation:

If you step on Maruvoor soil and surrender totally saying
“Om Sakthi”, I shall give you the ability to undergo the result of
your Karma without pain. I shall give the benefits of your birth
only after you experience repeatedly the bad effects of your
Karma. That is, I shall give you the state of liberation, I shall
help you to merge with me in a birthless state”.

In Order to Alter Fate:

“My son! I have the ability to alter your fate. Normally I
leave you to experience your fate. But when you exhibit
boundless devotion towards me and do the jobs directed by
me, by totally surrendering to me, I undertake the task of altering
your fate.”

Do not be Jealous!

“Do not think that the tree that you have grown has been
uprooted whereas the tree planted by another man has not
fallen flat! It is because of your ignorance that you have planted
it superficially instead of planting it deeply. Hence the tree has
fallen down. The other person has planted it deeply. He has
nourished the tree with utmost care. That is why it has not fallen
down. Hence you should not become envious of another
person”.

In Order to Mitigate the Karma of your Previous Birth:

“Do not feel bored thinking that if “Thai Poosam” (‘Thai’
is Tamil month starting on the 14th or 15th of January, Poosam
is a star) festival is observed, “Irumudi” should be contributed.
If it is ‘Navarathri’ (Nine-day festival adoring Shakthi) ‘lakh
Archana’ must be performed. If it is ‘Adipooram’ (Pooram star
in the Tamil month of ‘Adi’ – 15th June to 15th July) ‘rice pudding’
should be served, Milk Abishekam or anointment of the deity
in milk should be done. All these have to be observed not for
my sake or for the sake of Adigalar! They are to mitigate the
Karma pertaining to your previous birth.”

Karma due to Previous Birth: Worldly Benefits:

“While partaking in a grand lunch, the person who sits
in the first course will get excellent food with all types of dishes
prepared for the occasion, whereas the person who has his
food in the second course, will get only moderate food with
lesser number of dishes. The person who has his food in the
last course will never get the appropriate special food served
for the grand occasion. In the same way worldly benefits are
gained according to one’s karma in the previous birth”.

Five Elements and Karma of Previous Birth:

“Man too has five characteristics like the five elements.
But he should not commit the five great sins. Wherever you try
to run away, your shadow will always accompany you. Do not
forget that you have to reap the results of your actions”.

Elephant will Follow:

“As per the proverb, ‘Resounding bell will be heard
ahead of the elephant that follows’, your karma due to the sins
of previous birth would be there in this world well ahead of you.
It is only your righteous actions that will always accompany
you”.

Sins Committed will not Leave You:

“No great medicine will work. Maruvur medicine alone
will work. Birds do not need salt. Man needs salt. Hence he
gets diseases. All diseases cannot be controlled by injections
and tablets. The sins you have committed will not leave you”.

Sins of Previous Birth should be Reduced
Through Suffering:

“You have to eat if you are hungry. If your are thirsty, you
have to drink water. You have to atone for the sins you have committed in your previous birth. No law can protect you from that. Soul is essential for protecting oneself. For that my grace is required."

**Hard Work is Required:**

“There is no action without a cause. Saying that it is your karma you should not be lazy without doing work.”

**Whatever is Sown Should be Harvested:**

“Though a person has come to my temple, he has to reap the fruits of his actions of previous birth. If he does not reform himself and lead a transformed life it is not enough if he just visits the temple.”

**Karma and Evil Doing of Others:**

“Karma or evil doing of previous birth is brought about by the actions of oneself! Sufferings due to evil practice is caused by the evil doing of others.”

**Through Your Anointments and Worship:**

“Karma resulting from evil actions will never get eliminated by your ritualistic worship. Your soul should remain pure. Impure water has more weight. Pure water has less weight. Your sins will get reduced only if your heart is pure”.

**Your Shadow will Scrutinize You:**

“Your shadow will keep watching you. Shadow cannot be seen in darkness. Shadow will be seen where there is light. All objects will have shadow. Divine power is watching you like a shadow.”

**Ritualistic Atonement is Useless:**

“The child born to a mother is born lame, blind and deaf only because of the karma of its previous birth. Mother is not responsible for it. Such handicaps cannot be overcome by the remedies recommended by the astrologers.”

**I will not let Go the Cheat:**

“I shall allow the cheat who squanders other people’s money with the selfish desire of promoting the welfare of his own son, daughter, family, grandson, grand daughter, to climb the top of a tree and eat the fruit that he plucks. I shall not help him to alight from the tree. It is proper that he has to fall down and get hurt. One’s own thought will take the form of death.”

**Rebirth will Occur in a Cycle:**

“There is birth, growing up and death. Like the rain that pours down reaches the sea, the soul takes rebirth. Like a seed that gets dropped into a pit grows into a plant which in turn grows into tree that blossoms with flowers and fruits and again becomes a seed, rebirth too comes in a cycle.”

**The Income that You Earn:**

“The income that you earn by diligent toil...alone will remain for your use. Other incomes will not remain steadily with you.”

**The Step that is Slipped:**

“If you climb ten steps in spirituality, you will slip and fall in the eleventh step. That step is the extent of your sin”.

**The Purity of Mind:**

“If your mind is pure no evil will come closer to you. There will be no evil”.

**How do I Operate?**

“I offer you the five elements making it conducive to your way of life.

I transform your toil into food and bless you with that. I change air into “consuming mouth”. I change your tears into water. By bringing about these changes, I awaken your spiritual consciousness.”
However, when troubles swarm you, your faith in me becomes less. Hence you run after several other deities.

This deity is the deity that gives power to all other deities! You don’t get the belief that this deity is Adhiparasakthi.

How can the sins of your previous birth be transformed if you don’t get that belief?”

Actions and Consequences:

“Stone and iron are not kicked deliberately. It is not kicked because of the realisation that it will cause pain to the leg. Similarly in spirituality too one should have the maturity to understand the type of actions and their consequences”.

If Money is Earned in the Wrong Way:

“If we earn a little money in the wrong way, it will goad us to lead a luxurious life. It will subsequently lead to the condition of becoming a slave for the sake of that little money”.

Amma has not Punished:

“Do not think that Mother has not punished you though you have sinned and proceed with evil intention! If I whip you for all your sins put together, you will not be able to bear. You will be like a moth caught in the flame of a lamp. Do not wrongly estimate My guidance and try to make use of it in a wrong manner”.

Why not Punished Immediately:

“Why are not the evil doers punished immediately? In the same way as poison is treated with poison, I shall wipe out pride only after allowing it to grow”.

Object and the Container:

“My son! Some like My Grace only. They insult my child. They like the object but do not like the container. My son, they do not know that the object which is My Grace can be obtained only through the container which is Adigalar”.

Inside the Gold that is Adigalar:

“My son, if gold is rubbed against the brick, the gold will get attached to the brick also. If you develop attachment and relationships with ‘balakan’, (my child) and worship him, you too will gain My Grace”.

Is there a Single Person?

“Is there anyone who wants to gain the benefit as a disciple to this (balakan) child of mine? After this child of mine is there anyone who is worried about the growth of this spiritual field?”

Who is the Real Spiritualist?

“The true spiritual seeker is one who gives respect to Adigalar and considers him as an object of awe and devotion”.

I shall be with the Adigalar:

“I shall be with Adigalar even in the ordinary state”.

Effect of the Good Deeds Done in Previous Birth:

“Gaining Adigalar’s gaze; gaining the chance to offer dedication to his feet; clarifying doubts from him gaining his blessing and grace; all these are gained by you not by chance;
they are gained only because of your good deeds in your previous birth.”

**Adigalar and Adhiparasakthi Spiritual Movement:**

“The fact that Adigalar is a saint leading the life of a house holder is the special virtuous feature of this spiritual movement. It will be a great virtue if both husband and wife get involved in this spiritual movement”.

**To Gain the Grace of Adigalar as a Mentor (Guru):**

“To gain the grace of Adigalar as a mentor it is not enough to do service to Adigalar. You should also serve the disciple of Adigalar who serves Adigalar as his mentor. Then only you will gain the mentor is Grace easily.”

**Training in Meditation:**

“You should learn meditation from Adigalar”.

**You cannot Learn Anywhere:**

“What you cannot learn from my child (balakan or Adigalar), you cannot learn anywhere else.

**In Accordance with the Progress of the Society:**

“I shall reveal the capacity of Adigalar only in accordance with the development and maturity of the society”.

**Mother and Adigalar:**

“Adigalar and mother are oceans! Not only you! Nobody can understand Adigalar. No one can gauge the treasure embedded within Adigalar”.

**It is only through Adigalar:**

“It is only through Adigalar that I have to do good to you.”

**Not Even Four Persons for the Sake of Spirituality:**

“Who knows the agony of Adigalar who has been giving oracle to forty thousand people but has not even four persons for the sake of spirituality? Who is there to understand him? Has any one understood him?”

**Birthless State:**

“Whoever gains the glance of Adigalar (balakan) for thousand times, attains a birthless state”!

**Clasp the Feet:**

“You need not do anything else. You clasp his feet firmly! It is his responsibility to take you to the shore (to grant you liberation)!”

**He is Capable of Digestion Without Consumption:**

“My son! We eat because we are hungry. It should get digested! Balakan (Adigalar) will live in hunger! He has the capacity to digest anything! He can digest without consuming! Do you understand what I mean?”

**Your Work... My Work:**

“It is your duty to worship Adigalar. It is in turn my duty to accept you”.

**Only Through Service:**

“My son! If you have to gain the full grace of Adigalar in this era (yuga), you can gain that only through service”.

**Adigalar’s Glance:**

“Adigalar’s glance has greatness. It has the power of wiping out sins. What Adigalar achieves through silence is greater than what he achieves through speech. See to it that Adigalar’s glance is well focussed on you! You will be benefited by that!”

**Knows the Nature of the Sacrificial Disc (Chakra):**

“Adigalar knows all the characteristics of the sacrificial disc!” (Chakra).
Adigalar is an Incarnation of Kaliyuga:

“Adigalar is an incarnation of Kaliyuga! It is only for some more years that there will be chance to associate with Adigalar. One should move with him without becoming closer to him and without getting away from him. Just as it is impossible to enter the ‘sanctum sanctorium’ of the temple, a time will come when it will become impossible to have intimate relationship with him”.

Adigalar – an Electric Power Station:

“Like an electric power station that stores and supplies electricity according to the requirements of various places, I bestow my power through Adigalar according to the mental maturity and readiness of every individual”.

Adigalar’s Feet and the Soil that Bears His Feet:

“Adigalar’s feet and the soil that bears his feet has significance”.

For whose Sake is this Incarnation?

“I have taken this incarnation of Adigalar for being a support to you. I have taken the role of Sakthi for the sake of women’s uplift”.

Adigalar – Red Clad Disciples – Devotees:

“I have created Adigalar as teacher and you–disciples–as “a book”. As knowledge is widened through our study of books, other devotees should learn from you–the devotees in red dress. Hence you, the devotees in red dresses should be a role model to others”.

By Straining:

“I mop Adigalar’s sweat with neem leaves and accept it as the anointment (Abishekam) of myself. From this fact you can understand as to how I give strain to Adigalar to involve him in spirituality”.

Adigalar and You:

“Adigalar is like engine. You who are railway coaches should gain benefits by following him”.

After Anointing Adigalar as Guru:

“The day when I annointed my son pouring water and consecrating him, he received My Grace completely. Earlier I had been coming in the gracious state and made corrections in sacrificial (Yaga) ‘kalash’ or vessel and the chakra. Nowadays don’t you see Adigalar making corrections without my descending on him in gracious state? At least now you should understand about my son.”

Before Analysing into who Adigalar is...

“Adigalar’s glance has the capacity to understand who you are and what your nature is. You try to understand who Adigalar is and what is dharma. You do spiritual services with pure heart after removing the bad qualities within you? You will understand who Adigalar is.”

Adigalar’s Greatness cannot be Reduced by Abuses:

“If there is a statue, birds may drop their excreta on it, dogs may pass urine. The power of the statue will not be altered because of that”.

“Those who go away from the place because it is dirtied, go away without realizing the power of the statue. In the same way I reject those who abuse Sakthi without understanding the nature of Sakthi. The dirt on the statue gets cleaned by rainwater. The Balakan’s Sakthi does not get corrupted because of the abuses hurled against him.”

Adigalar and Amma are One:

“They not only abuse me but they also abuse Balakan. This is the age when the Mother herself is kicked”.

23
I have incarnated as Adigalar

“Now I do pervade in the incarnation of Adigalar... Who has understood me? I do pervade as Adigalar each and every second. Have you understood that at least?”

When will your ignorance take leave?

“Your ignorance will take leave of you the day you thoroughly understand Adigalar. Spiritual wisdom will be born. You are here to loiter till such time!”

Adigalar has the Power of Driving the World!

Adigalar and I:

“He shall be Myself and I will be himself”.

According to Adigalar’s Command:

“Do not think that anything that is performed here should be according to the command of Adigalar alone. Do not just think that Adigalar has some force! Why? It is because I myself is Adigalar. Adigalar is myself. Adigalar is Chithan! Chithan is myself. ‘I am he; he is Myself!’ You will not understand this now. Mother understands the language of the child. The child understands the mother’s language only at the appropriate time. You will understand this only at the appropriate time.”

The Power that can be gained through Meditation:

“The power that you gain through meditation is different! The power that you would gain through the love that Adigalar showers on you is different.”

The Benefits that you derive from Adigalar:

“Adigalar is the good teacher who teaches you the education of spirituality. It is you who would gain by him. He does not gain any benefit. You have to remember this. If you lead your life realising the greatness of Adigalar, you will see in due course the benefits you derive from that”.

Perform ‘Annadhan’ (The Free Distribution of Food):

“Distribute food and clothes to the poor on the birthday of Adigalar. Provide bed sheets to the poor during winter to help them to protect themselves from cold. You worship depositing ‘guru Dakshina’ (payment to the teacher!) Only the well from which water is drawn continuously will ensure a perennial supply of water”.

How does Adigalar Protect?

“You understand that Adigalar is protecting you like a bird that protects its chicks.”

Benefits due to Worship during the Previous Birth:

“The chance that you have now gained to move with Adigalar is due to the benefits of the ‘pooja’ (ritual worship) that you performed in your previous birth.”

Adigalar and I:

“By prostrating at the feet of Adigalar you are blessed with the grace of selflessness”.

Adigalar’s Gaze:

“You see to it that Adigalar’s gaze falls on you. When you gain the chance of seeing the spiritual teacher after paying your due to the teacher, his gaze safeguards you too. No one will understand the nature of Adigalar.”

Teachings for the Householders too:

“Here is a situation where the householders too are taught to be transformed into wise sages.”

Ignorance makes People Accuse Adigalar:

“When a sage and god meet, both will combine to glow
like a sacred fire. If an ignorant man happens to enter this fire he has to suffer being caught in the fire."

**Adigalar is a Banyan Tree:**

“It is a tiny seed that becomes a huge banyan tree. Similarly, Adigalar, who appears to the world as an ordinary man, can only develop spirituality on grand scale.”

**Adigalar in Tomorrow’s World:**

“Adigalar’s glance and speech will have great significance in tomorrow’s world.”

**Do not Explore Search for Salvation!**

“Do not unnecessarily explore the following: ‘How is it that Adigalar and Amma are one? Adiparasakthi is a female deity! Adigalar is a male God! If that is the case, is Parasakthi a male god or a female god?’ It is beyond your limited knowledge.

Search the path of your salvation making use of the chance given here and the chance you gain!”

**Is this the Mother or is this Adigalar?**

“Is this mother goddess? Is this Adigalar? – is this Adigalar or is this mother goddess? – Do not have such confusing thoughts. I manifest myself to the world through the soul of Adigalar. Human beings, birds, and plants have forms. The soul does not have a form. You cannot see the air with your eyes. Those who are in the light cannot see the people residing in darkness. In the same way you cannot see my form as Adhiparasakthi.

You cannot know the forms of certain things. What form is Sakthi; of what form is dharma? It is impossible for you to know all these things.”

**Offering to Guru or Mentor:**

“Worship Adigalar with the offering due to a mentor. If you do so you will be blessed with space and prosperity. Whatever you do, do it with whole hearted love! Do not forget that it is you who will be the beneficiary and not Adigalar!”

**The Mentors of the World:**

“The mentors of this world possess the knowledge that is only equal to the smallest dot in the edge of the little toe nail of My Divine Feet. Here I have incarnated as mentor in the form of Adigalar.”

**Devotion to Adigalar is the only Way:**

“You can gain the fruit of this birth only through your devotion to Adigalar. My Son! There are people who have gained liberation through the path of wisdom. Those who cannot follow that way, follow the path of action and gain liberation. Those who cannot follow this way, benefit through the path of ‘yoga’. Those who cannot go through that, are benefited by the path of devotion. Total self-surrender became the prop of those who did not have the power of devotion. ‘Prabathi’ or total surrender signifies the act of completely surrendering to god, realizing that the path of action, devotion and spiritual thought are beyond our capacity. The person who cannot follow that path has the only path of ‘devotion to the mentor’. ‘Acharyan’ or the teacher is the one who shows the path of liberation. The Vedas declare “Acharya devo bhava”, meaning that the teacher should be worshipped as god. But this path of devotion to the teacher does not bear fruit many times as the teacher does not remain as the teacher. The teachers not behaving as teachers, and the disciples not behaving as disciples have become the reasons for the reduction of gain in this “path of devotion to the teacher”. Hence I have incarnated as Adigalar and has granted the path of ‘devotion to Adigalar’.”

“This is in fact the final step! This is the final path! “Devotion to Adigalar is nothing. It does not require anything that you have to do. You should be fit to gain the regard of
Adigalar! That thought itself will grant you liberation! It is enough if he is in your thinking! When you think about him, his ‘gaze’ that comes to your inward eye is itself sufficient.

**The Path that Pleases Adigalar:**

“Considering the familiar way in which Adigalar moves with you do not question your attitude of regarding Adigalar as divine. Realize the truth, recalling how the divine has done service as a schoolteacher. You can also gain spiritual uplift. This path of service alone is the path that pleases Adigalar. This is the way for your liberation too.”

**I have shown you Adigalar:**

“In the beginning of this world each saint had an ideology to develop spirituality. Then each caste had a mentor and a god. In this way spirituality was developed.

To gain control over the mind and develop concentration, people gave form to a stone and worshipped it. It is for the spiritual development of the common people and people of the lowest rank that I have shown Adigalar as your mentor and god.

It is your responsibility to understand him and catch hold of him.”

**In order that you all may have a Guru...**

“Why does Adigalar go round the temple, and you all sing “Minnum Phuvikellam” (To the whole shining earth) and why have I entered to speak to you? All need a guru, a teacher, so that you should not become orphans in the field of spirituality.”

**When he comes to your Residence:**

“When by chance Adigalar visits your residence you utilize the chance of handing over a lighted lamp (Kuthuvilakku) to him and receive it from him.”

**When Kannan came that Day:**

“Kannan appeared as brother in law as well as God to the five Pandavas, but to the people on the side of Duryodhana he appeared as an ordinary man. The people who regarded him as brother-in-law and god gained victory. Those who regarded him as an ordinary man had to face destruction.

Those who consider Adigalar as God are blessed with good results. Those who consider Him as an ordinary man gain the fruit accordingly. The fact that their uncle had great power was never known to Duryodhana and his followers. Since Adigalar is in human form, some people have not realized his power.”

**He and She:**

“Not even an atom will move without Him. Not even an atom will move without Her. Without Adigalar and Adhiparasakthi not even an atom will move.”

**The Ball of Spirituality:**

“Adigalar is the spiritual guru who catches the ball of spirituality I throw and he in turn throws the ball to you.”

**The Guru’s Birthday:**

“You should spontaneously get the feeling of celebrating the birthday of guru in a grand manner. Hence do not go and ask Adigalar. He does not have interest in that. It is you who should show interest in that.”

**Adigalar’s Look Emanates Greatness:**

“Electricity gives light. The sun too gives light. The heat that sunlight possesses is not possessed by electricity. Adigalar’s look is similar to that of electricity. His look has the power of eliminating the sin. It has greatness.”

**Through Adigalar...**

“As the electricity flows through the wire, I spread
spirituality through Adigalar. The electricity will pass through the wire in only one direction. I make it function through Adigalar both ways—by reducing your sin and increasing your merit.”

**During the Birthday Ceremony of Adigalar:**

“During the birthday ceremony of Adigalar, perform anointment of the feet and apply on your forehead the kumkum (consecrated red powder) kept on the feet.”

**God in Human Form:**

“All those who cheat Adigalar will in turn get cheated. God has importance. Similarly, God in human form too has importance.”

**Living God:**

“Adigalar is a living god. He meticulously looks after every field for the sake of the common people, without considering them as his personal property.”

**Like an Ordinary Man:**

“Do not think that Adigalar is speaking and behaving like an ordinary human being. Don’t forget that even when he is in his ‘ordinary state’, I am with him.”

**I can be approached only through Adigalar:**

“I can never be reached through anointment, decoration, archana (offering of coconut and flowers), meditation. You have to win over your own self. You can reach me only through Adigalar, like the electricity flowing through wire and ‘meaning’ conveyed through concepts. Like the iron filings attracted only by the magnetically charged magnetic needle, only through Adigalar you can approach me and reach me.”

**Shelter created by Adigalar:**

“Everyone should understand good ideals. Everyone should make use of the spiritual shelter created by Adigalar. Everyone should increase the time set aside for meditation.”

**For the Sake of your Own Spiritual Evolution:**

“You cannot reach Me or Adigalar by just chanting 108, 1008 mantras, by doing service and practising meditation. All these activities are not for fostering me or this ‘Siddhar Peetam’—the abode of the realised souls. They are for the sake of your own spiritual evolution.”

**Don’t Come to Me with False Devotion:**

“If you approach Adigalar with false devotion thinking that he is with you and he freely speaks with you, you would neither reach Adigalar nor achieve spiritual progress. If you see a mirage from a distance it appears to you as water. It disappears as you go nearer. If you try to approach Adigalar with false devotion then he turns out to be a mirage. Spirituality is also a mirage!”

**What you think it would be:**

“If you think it as God then it is God! But if you think it as cow dung then it is cow dung. If you think it as a stone then it is a stone!”

**Adigalar’s Spiritual Power:**

“In Nature we have several mineral ores. But the magnet attracts the iron alone to it. Similarly there are many types among people. But it is the soul force of Adigalar that I use to spread spirituality.”

**Don’t Judge by Simplicity!**

“If you misjudge Adigalar as worthless due to his simplicity then you would be inflicted with scars on your body.”

**For the Rotation of the Spiritual Wheel:**

“Axle is important for a wheel. This axle requires the semi-solid adhesive.

The axle called Adigalar is essential for the rotation of the wheel of spirituality. Like the adhesive to the axle I reside
within Adigalar. The body is that of Adigalar. Adigalar’s soul belongs to Me.”

**Adigalar is the Source:**

“Adigalar is the source from where you can get many things. It is because of him that you achieve your goal.”

**The Roots of Spirituality:**

“Only if there is a mirror you can see your reflection in it. You must understand that no spiritual person has been able to spread spirituality!

It is not enough that you get the fruit – spirituality. It is not enough that you eat it. You must have the virtue to think and praise the roots – Adigalar.”

**Adigalar: Mirror:**

“When you stand before the mirror and look at you, it reflects you as you are.

The way you perceive Adigalar will be the way you understand him.

You must not test Adigalar with your impure heart! He should not be provoked.

People of different levels must be guided by involving them in spirituality.

Men, women, the aged, the youth, the poor, the rich, the innocent as well as the wicked must be brought under the shadow of spirituality.

We have to follow the way of the world: to some distance lends enchantment to the view. Adigalar has to foster spirituality here by considering the mental maturity, quality and of karma.

Adigalar knows the trick of walking on the strings. In this world no one can develop spirituality like Adigalar. Adigalar is my soul! There is no spiritualist as great as Adigalar in this world.”

**Support – Incarnation:**

“Things found in Nature like a tree, a plant and a climber, are useful to man.

The fruit that tree bears is useful to you. The root is the support, of all these things. Similarly you can benefit by involving yourself in spirituality. Adigalar is like the root that is supportive. That support is infact the incarnation! Incarnation is nothing but the soul! There would only be destruction if one tries to gain profit through Adigalar.”

**Like the Way the Hen Protects the Chicks!**

“You cannot understand how Adigalar has been protecting those who have taken refuge in him. Adigalar has been protecting you like a hen which protects its chicks. If Adigalar was not living here many people would be deprived of the means to earn their livelihood.”

**Why should we Yearn?**

“You should yearn for Adigalar’s Glance, Grace and Love. It is useless to yearn for comforts made available by science. It would only result in destruction and wastage.”

**Incarnation of God:**

“Adigalar is an incarnation of God.

**The Purpose Behind the Incarnation:**

1. The purpose behind the incarnation of God in Adigalar is to instil faith in the divine, devotion and spiritual consciousness.

2. This incarnation is meant to raise the position of women through the path of spirituality!

3. This incarnation is also meant to raise the status of the downtrodden through the spiritual path!”
Attach Yourself to Adigalar:

“Attach yourself to spirituality! Follow the philosophy of total surrender! Attach yourself to Adigalar!

Feel proud that we are living in the period of Adigalar, listening to his divine discourse! You will realise later the greatness of serving Adigalar and gaining ‘His Divine Glance’.

How to Make Acquaintance?

“When you are acquainted with Adigalar you must be devoted. You must neither come away from him nor try to have close contact with him.

In order to keep yourself warm during winter you sit before a hearth but if you try to get closer to the fire then it would burn you. But if you keep a distance then you need not shiver in cold. You should maintain your relationship with Adigalar in such a way as you warm yourself before a hearth.”

Glorious Day of Incarnation:

“You must make people even in every ‘nook and cranny’ aware of the day in which Adigalar came as an incarnation of God. I have given the incarnation of Adigalar as the axle pain of the world.”

By whom was the Progress Possible?

“You can see the sun, the moon and the stars. But Adigalar can see beyond that.

A Harmless Person’s Anger cannot be Controlled:

“I am fostering spirituality in this world through one soul – namely Adigalar. Cow by nature is harmless. But its anger cannot be controlled. You must understand Adigalar and behave accordingly.”

By Utilising Adigalar:

“A plant can grow into a climber, a tree, a short shrub, depending upon its root.

Similarly people abuse or praise Adigalar depending upon their mental attitude. A man can earn money, wealth and name. But it is a Herculean task to develop spirituality with ten minds. A person who accomplishes such an activity is no other than Adigalar!”

The Teachings of Adigalar:

“With the help of the candle lit in darkness, you can see all the things around you. Similarly you should enlighten your ignorant soul by concentrating on the teachings of Adigalar.”

Mother, Father, Teacher, Guru:

“Mother and father set an example to an individual’s study and good conduct. A teacher directs him through education. Adigalar leads you as a guru (mentor).”

Adigalar Makes Things Happen:

“When you see a plant in a broken pot from a distance you think that the plant grows from that pot. But only when you come closer to it, you see that its root has got fixed to the ground. Similarly you have been thinking that you yourself have grown the tree of spirituality within you by your own efforts. You don’t realize that you get the spirit of spirituality through Adigalar!”
Adigalar – You:

“His situation is different! Your situation is different! Adigalar knows to walk on the strings in circus. He knows how to balance on the strings without falling down. But you cannot walk like that. If you try to walk like him then you would fall down and hurt yourself. The string also would fall upon you. Don’t compare yourself with Adigalar.”

There is a Need for a Guru:

“To see your image you need a mirror. In that mirror you cannot see the backside of your image. You have an image you don’t know about. To see the backside of your image, you need a mirror like Adhiparasakthi. For that you need a guru.”

Mother – Guru:

“You mustn’t forget your mother and your guru.”

Adigalar’s Birthday Celebration:

“You must consider Adigalar’s birthday celebration as any other celebration. It not only shows you a path but also gives an opportunity to foster motherly affection in this world.”

An Opportunity to Move with Adigalar:

“You must understand the hidden meaning in the eyes of Adigalar. In future you might not get the opportunity to speak with Adigalar.”

Devotee’s Worship – Worship of the Teacher:

“Devotees should worship devotees. It is important to worship the teacher.”

Adigalar – Word Meaning:

“Adigalar means a person who has become a slave to the love and affection shown by the people.”

The Qualification Needed to Come Closer to Me:

“You can qualify yourself to come near me when you become mature enough to show respect to Adigalar in the same way as you show respect to Amma.”

Think of Adigalar and Do Anything:

“Devotees should not feel sad that Adigalar didn’t come to their family or attend the marriage in their family. It is enough to think of Adigalar and perform the task.”

Adigalar’s Photo has Power:

“At present devotees benefit by worshipping the deity’s idol in the temples’ sanctum sanctorium. Similarly in future devotees would benefit by worshipping my balakan’s photo.”

With the Sway of a Finger-the World would Shake:

“Some are testing my son. If you test him then there would be miseries. If you test this Mother she would bear it. But if you test her son she would not bear it. With the sway of her son’s finger the world would shake.”

The Impression in Adigalar’s Mind

Whatever gets impressed in Adigalar’s mind is in fact the thought of the Mother. You must understand this concept. The blessings of Adigalar is the blessings of the Mother.

Mustn’t Forget the Root:

“It is not enough if you get the fruit – spirituality. It is not enough if you eat it. You should not forget the root – Adigalar, and you should cultivate the quality of adoring him.”

Adigalar’s Divine Glance and the Soil that Bears His Feet:

“Adigalar’s Divine Glance and the soil that bears His Feet has significance. Adigalar’s look has the power to remove sin. Sunlight has the power to dispel darkness and burn other substances. Similarly, Adigalar’s look has the power to burn one’s sin.”
Make use of Adigalar:

“You make use of water in any form. Similarly you should make use of Adigalar in whatever way you could do so. Don’t be careless! Try to attain salvation by making use of Adigalar!”

Simplicity of Adigalar:

“Mud pot doesn’t melt even if you heat it for a long time. But if you heat silver vessels and brass vessels for a certain temperature they would melt. Though it is a mud pot it must be kept safe. It is simple but useful. Adigalar is a simple man. Don’t be fooled by his simplicity. It is your responsibility to make use of him and thereby achieve spiritual progress.”

In Search of Adigalar:

“Water comes in search of a river. That river comes in search of sea. Similarly you must come in search of Adigalar in Adhiparasakthi Spiritual Movement.”

To Worldly Life, To Spiritual Progress:

“With the clay you can make either a monkey or the Lord Vinayaka. It depends upon each one’s mental make up. Similarly you can make use of Adigalar for any purpose such as for worldly life or for spirituality. Your progress depends upon the way you make use of him.”

The Importance given by Bangaru Deity:

“I have given importance to women. So far women have not been given importance in the fields of industry politics, national events and spirituality. Women can do anything. To prove to the world that women can achieve anything, Bangaru Deity has given importance to women.”

In the Name of Adigalar:

“Some do business by using Adigalar’s name and his red dress. If you try to cheat others you would be cheated.”

Through Adigalar:

“I am blessing you like a guide and guardian, towards the right path. I am doing this through Adigalar. When you sincerely see Adigalar as the Mother, then I shall give rain to this society.”

In Accordance with Your Thought:

“If you see me as mother then I am your mother! If you think that I am Adigalar then I am Adigalar! If you think that I am Bangaru, then I am Bangaru! What you think I am, is what I am.”

Mother and Adigalar:

“You need the rope and the force to make the top spin. Similarly you need both Adigalar and the Mother to run the world.”

Catch Hold of Adigalar:

“You can cross the shore if you hold on to Adigalar’s Feet. You should make use of this opportunity to spread the greatness of Adigalar in every nook and cranny.”

Safeguard and Make Use of it:

“Your work is not finished with the planting of a tree. You must pour water and fence it for protection and making use of it. Similarly you must make perfect use of Adigalar. This is a bad era.”

Land is Adhiparasakthi! Seed is Adigalar!

“Food is necessary for the nourishment of our body. To cultivate that food we need seed. To make it sprout we need water, air, heat and moisture. Then only the seed will sprout and grow into a plant and give benefits. Similarly, the plant of spirituality grows in the soil of Adiparasakthi, through Adigalar, the seed.”

Spiritual Field – Other Fields:

“In the world of today injustice is prevalent in every field
of life. But it will be beneficial to you if you remain steadily in the field of spirituality and hold on to Adigalar.”

For the Sake of Adigalar:

“It is not enough to participate in processions and perform circumambulation for the sake of Adigalar. Your mind also should circumambulate round Adigalar. You are sure to gain the reward for the prayer that you do for the sake of Adigalar.”

Do not Investigate!

“At one time he appears as Bangaru. At another time he appears as Amma. When is he like Bangaru? When is he like Amma? You should not investigate in this way and try to assess him! Hold on to Adigalar and try to progress in spirituality!”

Step by Step:

“Initially you considered him as Bangaru teacher and then as Adigalar. Later as the speaking deity. Then you started realising that he is a Mahatma. Then you considered him as Amma. Now you have become refined enough to realise that he is Adhiparasakthi.”

I shall Manifest:

“I shall appear before you in the form of a statue and in the form of Adigalar. No scientist can discover the form of the soul.”

The Power to Burn Sins:

“When you make the sun’s rays focus on a paper through a mirror, the paper will burn. Similarly sins will be destroyed by the glance of Adigalar.”

Who will bell the cat?

“No one can be trusted in this era. Nowadays we don’t have devotion, energy (sakthi), diligence and awareness as there was in the olden days.

Today we cannot rely on your servants. Man is robbing man. No law can prevent this from happening. In this situation you should try to lead them in the path of spirituality. Somebody should begin to do this. And Adigalar has been sent for this purpose! In spirituality you can get beauty when you remove the dirt. Instead of showing mercy to his fellowmen, man is sucking their blood.”

Show Mercy during Birthdays!

“Show mercy to others during Adigalar’s birthday! Spend money! You would understand the benefits you would gain by lending.”

Like Adigalar:

“No spiritual man other than Adigalar has brought women into spirituality.”

Blessings through Adigalar:

“Adigalar’s eyesight has power. If you see me in the form of Adigalar then you would be blessed through him. Nowadays the belief in guru is increasing year by year.”

The Feet of Adigalar:

“Adigalar’s Feet is like the vessel made out of mud. You must handle it with care.”

Be Devoted!

“A worker who works at the construction place doesn’t know the importance of a house. A sculptor who carves a statue doesn’t know its importance. A priest who does ‘archana’ to the statue at the sanctum-sanctorium doesn’t know its greatness. Similarly the person who comes to the temple, talks to Adigalar, and moves friendly with Adigalar, doesn’t know the greatness of Adigalar. So, be devoted to Adigalar!”

World Peace is in the Hands of Adigalar:

“You cannot benefit by jumping from one political party
to the other. Wherever you go you have to come here in the end. You must understand and act in the way shown by Adigalar to achieve world peace. World is revolving, tumbling, breaking. You can retain peace only if there is spirituality. You can get true peace and spirituality from Adigalar. The holy sound ‘Om Sakthi’ should be heard everywhere.

For your Good:

“I have involved you in spirituality and have asked you to do this and do that. I made you do it not for me, not for Adigalar but for your good!”

In what way do we make use of it?

“When you sit before a banana leaf with all types of tasty food placed upon it, you would think what to eat first. You would even lose balance. Similarly I have placed Adigalar before you, now it is your duty to make use of Adigalar in whatever way you like to make use of him.”

It is Adigalar who is Protecting:

“It is Adigalar who is protecting you and your family. You cannot understand the ways by which he is protecting your family. So search the way you could reach the shore by holding onto Adigalar!”

About the Soul:

“The ‘soul’ is present within all the living creatures. There is the “Pranava Sound” in the bird’s voice and snakes’ whistle, but you don’t know about it. When the three letters AUM are joined the sound ‘om’ is there.

A child and the jnani (wise man) whose mind is just like a child can understand about the soul. No one knows why the child laughs and cries! The nature of the child is changing when it grows older. Others are not able to realise the soul which is known by a child and Jnani. The person who will be able to understand about the soul is one who does not feel about desire hatred fame, blame, lavishness and status. The person who has these feelings, will be a soul of an inferior level even if he is a notable great one!”

Maturity of the Soul is Varied:

“The milk is sour. The buttermilk is also sour. The milk becomes curd when it gets mixed with buttermilk. But the buttermilk never gets transformed into milk. Similarly the person who gets the spiritual maturity never changes. The sour taste is there in milk, buttermilk and lemon, but each one of these is different. Similarly there will be differences among the spiritually matured persons.”

Swayamboo (That which is Self-begotten) and Power:

“A realised soul will dissolve in the “Jyothi” (light) when God appears before him as Jyothi. That is why the Swayamboo has the power of attracting and growing.”
What is Spirituality?
“The realisation of oneself, feeling about oneself and understanding oneself is spirituality.”

In the Field of Spirituality:
“In spirituality something that goes beyond the realm of knowledge happens. Scientific growth will lead only to downfall.”

Path for Peace:
“Spirituality is the only way towards peace. Nature! Mother! Belief in God! These will lead to peaceful path.”

To Conquer your Home: To Conquer your Country:
“By controlling your five senses and doing service without envy – home can be conquered. Country too can be conquered. Victory can be gained in Spirituality also.”

Opposition is also required:
“Bitterness is also required to develop spirituality! Opposition is also needed.”

Spiritual Feeling in the Seven Stages:
“From birth to death man undergoes seven stages. In all seven stages man requires spirituality.”

I am Growing the Spiritual Plant:
“Just as you prepare the land for growing a plant I am preparing your mind for growing spirituality. To attain spiritual maturity I have given you the 108, 1008 holy mantras.”

Spirituality is the only Way to Peace:
“Politics, and science cannot control Nature. Today man’s mind and his mind’s feelings have become beastly. The situation is such that the fence which has to protect is eating the crop. Because of this attitude man will suffer from Nature’s havoc and floods. Meditation and spirituality only will pave way for peace. If you are after money always it will result only in your becoming a corpse. If your character changes it will lead to confusion. Confusion will lead to murder That itself will dig the grave.”

Your Mind is your Enemy:
“If you give a pistol to a child it will shoot itself. Similarly, if you do not control your mind it will destroy you. If one part of your mind is controlled, another will go out of control. Such are its tendency. So through meditation and spirituality you should control your mind.”

To Progress in Spirituality:
“Even if you wash your clothes the dirt may not be removed. If you wash further your hands will pain and it will also tear the clothes. If the same cloth is kept immersed in soap water for an appropriate time the dirt will disappear. Similarly even if you are faced with difficulty after difficulty, through meditation, controlling of mind and control of speech you can progress in spirituality.”

Spiritual Involvement will Help your Generation:
“While planting if you think that it is not a suitable plant for you, you remove it and plant some other plant. If some other person complains about the plant, you uproot it and plant something else. When planting several problems appear. As it grows it is destroyed by pests. To protect it, finance is not giving room. Only when you overcome all these difficulties and when agriculture gives ‘yields’ you experience its benefit. The benefits that accrue after it becomes a tree, will not only help you but will help your future generations also.

Similarly when you are involved in spirituality, people will talk in many ways about you. Many difficulties will arise. There may be problems at home too. Only when you ignore them, and control your five senses and involve in meditation
can you reap its full benefits in spirituality. These benefits will not only be passed on to you but will be passed on to your future generations also.”

**Worldly Life: Spirituality:**

“In the forest, a tiger will attack a goat. That’s worldly life. But in the spiritual world a goat can control a tiger.”

**Can the Spiritual Progress be Gained?**

“Only by serving the people, can you have clarity of mind. Those who have clarity of soul can progress in spirituality.”

**Spirituality will also have Unwanted Weeds:**

“From the fly, ants to the human being spirituality is present. Injustice will lead to destruction. Just as weeds are found with plants, near the plant of spirituality, weeds will appear. Just as protecting plants by preventing growth of weeds, to aid the growth of spiritual plant our heritage should be safeguarded. It has immense power.”

**Why Spirituality?**

“To know about Godly power, human power and life growth, spirituality is needed.”

**When you Engage in Spirituality:**

“When water is poured for a useful plants unwanted plant also grows. Similarly when you engage in spirituality you will get unwanted thoughts.”

**For Devotees and Followers:**

“When you have entered the spiritual field you are required to be responsible. Controlling your five senses is meditation.

After entering spirituality, you should not think of making money through spirituality. In the name of spirituality, people will come to loot and come with selfish interest. From these people our devotees and followers should protect themselves.”

**When One Becomes Familiar with Spirituality:**

“A cow becomes more affectionate when it gives birth to second and third calves. It becomes mature enough consider other calves as its own calf. A woman also becomes more affectionate as she delivers more children. She is made to consider another person’s child as her own child. As you become familiar with spirituality miseries will disappear. You will become mature enough to consider the problems of others as your own.”

**Spirituality and Devotion:**

“If you have devotion you can develop in spirituality. We should not think we have come, did service, performed meditation but being you should develop mind control and control along with it to improve in spirituality. To the extent you control yourself you can progress in this spirituality without prestige, with a honest feeling and pure soul, progress can be made in spirituality.”

**Man and the Animal:**

“Animals do not have spirituality. Only man can understand God.”

**For the Growth of this World:**

“Spirituality, education, charity, righteousness, and justice only will help the world to grow.”

**The Crop of Spirituality:**

“When plants grow weeds grow along with them. While protecting the sprout, the weeds have to be destroyed. As a fence is used to protect the plant, to develop spirituality you must cleanse the dirt arising in your mind. You should condition your mind accordingly.”
Spirituality and the Adhiparasakthi Movement:  
“Only through spirituality and Adhiparasakthi movement world will have a good path.”  

Even by Borrowing:  
“Even through borrowing you must develop spirituality. “For spirituality I have borrowed! I have sacrificed my life for spirituality!” All these make you proud! Sacrificing your life for a politician is not something you should feel proud about! Politics is a dying object. You gain everlasting fame by borrowing or sacrificing yourself for the cause of spirituality.”  

Body and Spirituality:  
“Body is made up of a family of tissues. Similarly spirituality is made up of many families”.

Through Electricity and Spirituality:  
“Sound is conditioned and used for talking and singing. Similarly through conditioned charity and service, using spirituality you should grow up.”

As the Spiritual Sprout Grows and Keeps Growing:  
“Spirituality requires peace. In order to make the spiritual sprout grow, meditation, silence, service, charity are needed.”

Film Scene and Spirituality:  
“While watching dance, film scene, and so on what is happening around you is not known. Your eyes and attention are towards the film scene. Similarly in the spiritual scene, only when you are involved in anointment, archana’s (offering), silence, charity, meditation, service you can gain complete development in spirituality. Rather than the film show of worldly life, the film show regarding the divine is useful.

Just as you are quiet and silent during a film show, you should also be silent and calm during the film show of spirituality.”

Why is a Spiritual Feeling Necessary?  
“In order to understand the human and worldly things spirituality is necessary.”

Spirituality is your Protection:  
“The frog croaks through its own mouth and thus shows becomes an itself to its enemy, the snake and becomes a prey of the snake. But a clever frog croaks where there are human beings and protects itself from the snake. Similarly if you cleverly involve yourself in spirituality you will be protected from evil forces.”

Spirituality means:  
“Spirituality means that which is full of spiritual light and spiritual thought. Illusion is only for the human being.”

Charity and Spirituality:  
“If righteousness flourishes the crop of spirituality will not be destroyed. The charity done by your ancestors is still present. The charitable deeds done by you will be your witness and will help favourably in your development.”

Why Spirituality?  
“You need to understand yourself. That is why you require spirituality.”

Pulling you through Informing its Benefits:  
“Just as a magnet draws objects, I am made to say, “Do this you will get this benefit”, inorder to pull you to towards spirituality.”

Little by Little I am Making you Mature:  
“When a child learns to walk, the mother keeps in mind the ups and down, the kind of floor, the mental make-up of the
child and teaches the child to walk. Similarly, as you are a child in spirituality, I am slowly and steadily making you mature depending on mental state. Do not analyze me thinking that you know everything.

When you learn to walk, if you learn on your own, you may have to slip. So see to it that you do not leave me at any stage.”

Spiritual Plants and Weeds:

“As you start growing a plant, weeds also start the plant growing close by. When the plant is growing, its benefits are not known. Only when it starts flowering, its importance is realised. When the plant becomes a tree, the weeds around the plant disappear. Similarly many evil forces will operate near the plant called spirituality in the beginning. But they disappear day by day as spirituality grows. That tree will yield benefit in the days to come. So do not be in a hurry in spirituality.”

Spiritual Power:

“Scientific power will not give lasting benefits to mankind. Only spirituality will give you lasting power. Spirituality has more power.”

Empty Philosophical Speech is useless:

“Empty philosophical speech alone is not enough. Philosophy should have manure (matter). More than philosophy, truth is important. You cannot progress in spirituality by talking philosophy without following truth. A person who is more devoted does not require philosophy.”

Control of the Senses:

“For peace and spiritual growth, control of the five senses is required. Place your soul within you.”

To Control Confusion, Spirituality is the only Way:

“Only spirituality can control the growing confusion in the country.”

Electric Power and Spiritual Power:

“Electricity is fire hidden in ashes. Just as fire hides its power within itself you should also control your power and perform service humbly and silently.”

Time and Death God:

“As the flood of time flows fast, the death god is also approaching very fast. The house requires protection. You require protection. If you don’t have blessings and discipline, there will be revolts. When destruction boils over only through charity and spirituality it can be quelled.”

The Vessel and Spirituality:

“Just as a vessel becomes polished and shining through repeated scrubbing, the deeper you involve yourself in spirituality your position also improves to that extent.”

Opportunity to Perform Service in Spirituality:

“To help you in your growth in spirituality I have provided opportunities for service. You should make use of these. Everyone should do service for establishing the development of the forums thought of earning money by worshipping centre should not arise best. I know in whose hearts there is dirt and in whose heart there is no dirt. Do the services that you can!”

Scientific Knowledge and Spiritual Thought:

“When cooking rice, a person who possesses scientific knowledge, would remove the vessel from the fire when the rice starts boiling but a person with spiritual thought would put out the fire and then remove the vessel after the rice is well cooked. Spirituality requires patience.”
Who will See my Manifestation?

“When spirituality is practised with truth and service-mindedness then I will manifest there.”

Don’t use Pretense in Spirituality:

“Even though a king may masquerade at night is he not a normal person during day? Similarly if you pretend in spirituality it will not last. True service and responsibility is required. Only that will last.”

Protection for House and Protection for Country:

“To protect the house door and door steps are required. Similarly to protect your country spirituality is required.”

Spirituality in Villages:

“Spirituality should be developed in villages.”

Spirituality – Peace:

“Earlier politics swallowed spirituality. Hence forth politics will come seeking spirituality.”

Scientific Progress that Ignored Spirituality:

“When water is heated the water boils when heat increases it starts to boil placed over it. Then it evaporates as vapour and pushes down even the lid. Similarly if spirituality is ignored and more interest is shown in the field of science will cause revolts destruction.”

Science – Spirituality:

“Science will become false, but spirituality will return.”

Tolerance:

“By practicing meditation and spirituality tolerance is developed.”

Problems in Spirituality

“Just as while plating also weeds like grass will also appear. As the plant grows into a tree it is not affected by the weeds. Similarly when you are spiritual in temple hindrances will arise. So plants should be protected.”

The Route to Escape:

“Hereafter any field will have destruction. If one wishes to relieve himself from it he must practise control of mind and himself involve in spirituality.”

If Devotion Decreases Destruction will be there:

“Everyone should develop fear of god and a heart filled with blessings. They must avoid luxurious expenditure. They should have fear and the devotion and must have self control. If devotion decreases it will lead to destruction.”

To Progress in Spirituality:

“Only if there is rice in the spiritual control, vessel can you get it in the spoon. Similarly, when you control yourself and control over spirituality. There is benefit if you put one anna and 8 annas in Hindi. Do not think I will improve you in spirituality through this charity will not help you in spirituality. Only by practicing control over your mind can you progress in spirituality.”

The Ladder of Spirituality:

“When you ask a child to climb up a ladder without the side support how difficult is it for the child. Similarly, I have placed the spiritual ladder before you. You have to climb up the ladder.”

Politics and Spirituality:

“If you have money it is enough to become a leader in politics. But in spirituality is not so. Here if you are charitable it is sufficient. You should have a “give and take attitude in spirituality”.”
In Every Nook and Corner:
“Spirituality should spread to all your neighbours. Only then it can spread to every nook and corner.”

Politics and Spirituality:
“No political organization has conducted a meeting for spirituality. You should understand that.”

Tomorrow’s World:
“Tomorrow’s world is spiritual world. Discipline and control are necessary in spirituality.”

To Remain Unaffected Practice Spirituality:
“If you are surrounded by ten people their thoughts revolve around you. They have animal nature and nature. If you wish to remain unaffected you should practise spirituality.”

The Chickens and the Mother:
“Just as a hen carefully protects her chickens when they roam about, so also in today’s world I am protecting you and spirituality.”

More Destruction; Less Constructive Force:
“In future human life will have less of construction and of more destruction. Due to atomic force constructivism will be less. Constructive force will be increased only through spirituality and devotion. Scientific development will destroy whatever life is available. If a person desires to protect himself spirituality is the only way.”

To Benefits of Spiritual Involvement:
“When you sink in water you gasp for breath. Air block takes place. Similarly in spirituality your worldly ties will suffocate you and endangers your life. Even though you may not be associated with spirituality from your early life due to various situations, you have come to me. Atleast now understand and involve yourself in spirituality. Spirituality helps in cleansing your mind. You get power to control the mind.”

Involvement in Spirituality is Required:
“Just as each person involves in the fields like music, dance, painting, sculpture, medicine, engineering, a human being has to involve in the field of god. Spirituality requires continuous effort.”

The Growth of the Plant and Growth of Spirituality:
“When you plant a sapling, the plant sucks water through root. At first it sucks water from its leaves and only then the root sucks the water from the soil. Similarly you cannot get benefit immediately when you involve in spirituality. You suffer first and only then you benefit after rooting in spirituality. You can enjoy the benefits.”

The Eagle and the Chickens:
“Slowly and steadily an eagle flies. After reaching a particular distance in the sky it floats on air without moving its feathers. Next moment when it sees flapping chicken it comes down. The hen struggles and saves her chicken. The eagle who is fooled files finds it difficult to fly up in spirituality also. You may fly high. You can have great pleasure and can even reach mukthi (salvation). Spirituality has several difficulties and disturbances. If you fly after overcoming them you can get salvation. If you desire for your family affections and come down like the eagle in search of chickens you will have to suffer to go up. Just as the eagle that comes down finds it difficult to fly up you will also have to spend more energy to fly up like the eagle. Try only to stay and float like the eagle. Ensure that you do not come down for taking away the chickens.”

Do not Pretend:
“After entering spirituality do not indulge in pretence by just wearing the red dress or worshipping! If you pretend in
spirituality you have to face the consequences. Do not pretend before me! Serve with true heart! Do not think that Amma does not know all this. Amma knows everything that you do from anywhere. Adigalar also knows everything that you do. Do not forget that whatever you say or do from any corner of the world is known to Adigalar and Amma."

Do not be Dejected:

"Do not have feeling that somehow we have come to Amma and go. You should serve spirituality with a feeling of what is there for you or for one. Do not get dejected by saying why all these lands and house. Suffering – testing, birth - death, jealousy - grumbling, constructive - destructive all these are present in the world. in spite of having all these, you do not have a heart to spend for the cause of spirituality."

Enmity Present in Spirituality:

"When you move with your neighbours there is a possibility of enmity. When you involve practising spirituality there are chances for enemity. There are people who watch you like the owl. Therefore you should protect yourself."

"I" and "Us":

"'I' should be removed and we should get the feeling of 'we'.'

Everyone should be Benefited:

"Spirituality is like an old tree. You cannot eat all the fruits in the tree. Some fruits may be destroyed through stealing some destroyed by pests, some sold for money. Therefore you should not aim at getting benefit only for yourself in spirituality. Everyone should get benefit."

The Child in the Prison:

"A mother whose son in spite of being a thief and in prison desires that some how he should eat food. She worries that he should get food all the time. Although her husband and other children are near her, her affections are centered only around the child in prison. She does not wonders why her son is a thief. Her motherly feeling is making her mad. Like that mother I am thinking of changing you through spirituality."

Income and Expenditure Account in Spirituality:

"You should not account for the income and expenditure incurred in spirituality. If you like that you will get only dryness."

Relationship without Love and Affection:

"If you hit, a nail on dry wood, and hang photo, the photograph will not fall. But if you hit nail on the green wood and hang a photo then as the wood dries, the picture is loosened. Similarly, if you involve yourself without affectionate ties, your relationship in spirituality will last long. If you involve yourself with affectionate ties your involvement in spirituality will fall day by day."

The Cow and Calf:

"Though the calf has run away from it, the cow runs to it and feeds it happily. The cow running from any far distance comes to feed its calf. The calf that reached the cow is happy. The cow which came to calf is also happy. Similarly you are tied by the rope of affection in side the shed of spirituality. Although I am far, if you involve in spirituality and call me I shall come running and embrace you. So you are happy. I am also happy!"

The Pangs of Birth – Happiness:

"What an agony a pregnant woman undergoes. How much does she suffer during childbirth? The same mother is extremely happy on giving birth. The cow which came to calf is also happy. Similarly you are tied by the rope of affection in side the shed of spirituality. Although I am far, if you involve in spirituality and call me I shall come running and embrace you. So you are happy. I am also happy!"
Spirituality - a Bees Hive:

“Spirituality is like a bee hive. The bees fly far and wide to collect and save honey. Man drives the bees using fire and captures the bee hive. Even though the hive is destroyed, the bees are not disappointed. They start building bee hive. Spirituality also will face opposition at all times. Whatever be the opposition spirituality cannot be destroyed.”

The Cow – The Calf:

“In spirituality there should be affection that is found between the cow and the calf. That affection should not be like a paper ball in sea.”

When will there be Spiritual Growth:

“When a green tree is cut and put in a well it sinks in water due to its witness. If a dry tree is dropped it does not sink. But it floats. This is because its water content has gone out. Similarly, since your mind is filled with love and affection you are sunk in worldly life. You are not able to progress in spirituality. When you get rid of only attachment and affection you can progress in spirituality.”

Spiritual Worship:

“In today’s world, if a person needs one rupee for his growth he needs ten rupees to protect himself. If you have involvement in spirituality you can protect yourself. You can protect others too.”

Peace in Spirituality:

“Peace means spirituality. If there is the feeling of spirituality means the Soul. The soul means ‘Amma’. Wherever you are and feel of Amma you will not have any danger. You should have patience in that spirituality also. Today there is a big stone above your head. There is knife. There is bomb. The walls around you are in the condition of shattering to pieces. You are at the centre. In today’s world you are surrounded by destruction like this. So if your thoughts revolve around Amma, god no danger will come near you. Spirituality gives you peace and also removes harm.”

The Support for Knowledge and Spirituality:

“If there is too much of wind the trees fall. When there is too much of worries, and difficulties it is a test to your knowledge and spirituality. At such times you should make use of the support of Aadhiparasakthi.”

The Atom within an Atom:

“Nothing moves without her. I am prevailing like the atom within the atom and developing spirituality.”

Spiritual Involvement:

“Just as caution is required when handling fire, electricity or water, when you involve in charity, or talk to people you should be careful. The future period is a bad period. In spirituality meditation should be followed. Even if you involve in spirituality the evil eye is present.”

The Path of Spirituality:

“Just like walking over a wire, in spirituality also you should practise to walk with the fear of god.”

To Preserve the Soul:

“To preserve the soul you should control your five senses. To control your senses you must control your mind.”

Spiritual Involvement – Difficulties:

“When your mind is involved in spirituality there will be many difficulties. We have involvement with spirituality. We visit Amma often. Don’t grumble that in spite of all these you are faced with problems. Don’t run away from me. Even if a child leaves its mother due to anger it has to return to her. You have to come only to me wherever you go.”
Spirituality for the Growth of the World:

“The body of the animals has salt. Human body also has salt. Both are useful for the growth of plants. Just as salt is necessary for the soil spirituality is required for the growth of the world.”

Should Enter through God:

“Good advice can enter through mouth and also through ears. It can enter through the soul also. What is heard through the mouth or ear does not make an impression. When it enters through soul it stays like a nail on the green wood. Only when it enters that way you will have peace.”

Peace and Protection in Spirituality:

“Only when a tree starts yielding fruits you protect it. When it does not give fruits you do not care about it. If you protect the tree even when it does not yield fruits it will give twice the yield. Similarly you should not think you have progressed in spirituality and stop actions for the growth of the soul. Continue to serve with humility. Then your benefits will be doubled.”

The Knowledge and Spirituality:

“It is not enough if your body and soul are pure. Your knowledge and spirituality should be pure.”

The Future World:

“Tomorrow’s world will be one that has quarrels. To change this the entire world should practise spirituality.”

Dirt State and Rotten State:

“Only spirituality removes dirt. As dirt accumulates it leads to rotting state. So the dirt accumulating in the mind should be removed.”

Prosperity in Everything and Everywhere:

“There are lot of prosperity take You have natural prosperity, land prosperity, sky prosperity, artificial prosperity, sea prosperity, mind prosperity. Whatever is there, prosperity of food is required. The plant, tendril, tree, worm, insect everything requires food. To get that food god’s power is needed. To get that divine power, it should be ensured that there is no, depreciation. No benefit can be derived out of artificality. Artificiality will only lead to problems. Natural abundance alone is not sufficient. Man needs mental growth too. Knowledge alone is not enough. Soul prosperity is needed.”

Explanation of Spirituality:

“Spirituality is a motherly feeling. Spirituality means love towards other living things in a motherly way. Only because of this motherly feeling the mother bird is able to protect itself as well as its young ones. That is why the soul is called as the mother. Women possess a lot of motherly feeling. It is not present in male tissue. This is a modern world. Even then women should impart good habits to their children from an early age. In the name of modernity there is only vulgarity. It will lead to destruction. Spirituality will growth of overcome vulgarity.”

The Noose called Spirituality:

“Why do we want to go to a place where we should not go or do a thing which we should not do or eat something which we should not eat. It is only because of the lack of firmness in mind. Only when the human noose of mind and soul is pulled there will be control over mind. Man’s desires are responsible for the self-development of man.”

The Statue and Me:

“Through his spiritual feeling man gives form to god and evolves a statue. Only the soul resides in the statue silently.
You wonder if the statue would talk. What would happen if the statue stays in that same place and starts telling stories about all the people who come there? Like the statue, I am watching your actions and swallowing them without revealing outside.

**It should be Rooted:**

“If a plant is not well rooted or grown only at the top it will be destroyed by wind and floods.

Only when its root penetrates through rock, thorn and goes deep into the earth can it stand firmly. Similarly a human being should control his soul and catch hold of Aadiparasakthi and should stand firmly rooted.”

**One Mother, One Clan:**

“One mother, one clan! Those who live outside this country and in this country have the same soul.

Food, affection, way are all the same.

The better you practise the spiritual service with true dedication the better will be the development of your soul.”

**The Tree and Spirituality:**

“Even though there are several mangoes in a branch, and it is heavy for the branch it does not allow the branch to break and at the same time does not allow the taste to change and remains matured. Similarly when you face opposition in spirituality it seems to be a burden. You have to bear everything like the mango tree. You should have maturity.”

**The Kite and the Thread:**

“When they fly a kite thy hold the thread and fly the kite tactfully. The kite has to fly high and still you should continue to leave thread. The kite should not fly away. There should not be complication in the thread. See how careful is the person who flies the kite. Similarly you should be careful when dealing with soul. Without entangling in a problem during progress should be made. After a certain limit the kite is cut off from the thread and goes away. When your soul reaches the salvation it disappears from your eyes and goes somewhere.”

**The Mother, the Child and Spirituality:**

“How does a mother feed her child? She fondles the child’s head, legs and feeds it. She forgets herself in the love of the child. The child also forgets itself and kicks the mother’s lap or fondles her ear and happily drinks the milk. This situation is also a type of meditation. On one level the mother’s milk flows. The child is also drinks the milk happily. The feeling of love between both is the base for spirituality.”

**How I feed Spirituality?**

“Just as a hen understands the digestive capacity of its chickens and feeds it, I feed you with spirituality according to your capacity.”

**Spirituality Requires Maturity:**

“What would happen if you try to draw milk from a cow that does not yield? Your hands would ache and you will not get milk. The vessel between your legs would fall. Similarly if you are not mature and involve in spirituality you will not get the due benefit. You will have mental tiredness. Your efforts would slip.”

**The Spiritual Milk:**

“The child is happy when its stomach is filled with milk. Only when I can give you happiness. You come to me with the hunger of attachment, ambitions, wealth, position, possession, relations, home education, son etc. “I have to control all these by giving the milk of spirituality.”

**The Body and the Soul:**

“As the muscles function more and more, your body becomes healthy. Similarly only if you involve in spirituality more and more your mind and life will remain good.”
Family Responsibilities - Spiritual Growth:

“Son! In primordial days man without any hunger and keeping his mind only in me was living his life intertwined with Nature. But today it is not son! To save his family and himself he needs money. For that material object, he works in office, does business and thinks this is his most important job. I did not grant life to him to seek materialism for his family and himself. Son! To understand himself, to remove his sins through sufferings Karma, to save him adding more sins from karma, the greatest opportunity given by me is the human life. That too now I have come myself? Your duty is to understand this and to do your duty. Son! Do you think that it is easy to pass through your sins? That is not so easy. A man through my grace understands the way to get rid of sins comes closer to me without his knowledge. So do not get vexed if I test you. But those who has tasted me does not leave me. He returns to fulfill the duty of his inner self. Understand that I give them rest in this interval! The inner truth will be understood only as time passes.”

Maturity in Spirituality:

“The potter makes pots by pouring water on mud and pressing it. Only after it is passed through fire it becomes mature. You should get the same maturity like the pot through time.”

Bitterness and Sweetness:

“Birth, growth, death are the nature of life. Similarly, spirituality is made of bitterness and sweetness. Just as wind causes movement, the soul wanders because of desires and love. Through the organs of body and food living things differ from each other. But for all living things the soul is only one.”

Spirituality and Society:

“A build a house built by keeping brick above brick. Similarly if everyone works together in spirituality a good society will be formed.”

The Benefits of Spirituality:

“You can not reap benefits immediately after you enter. You will get the effect of spirituality slowly, gradually only by controlling the five senses.”

Spirituality - Research:

“The sprout grows before your eyes. You apply manure, fertiliser for the sprout grows even with sprout sewage water. The grain produced like this is sold in markets. You buy and eat that grain. You don’t analyse about where it grows and the manure and fertilisers used. Similarly without analysing, increase devotion in spirituality and develop yourself.”

Scientific Field; Spiritual Field:

“When you are in the spiritual field you should get improvement and maturity. It is not sufficient if you are religious at the beginning alone. It should last till the end. Scientific progress leads to destruction. In spirituality there is no destruction.”

The World is Common to Human:

“Son! The birds fly freely anywhere! The animals roam in the forest freely. The fishes swim in the waters of any country. Nobody is able to imposes a barrier on them! But man makes the barrier! Nature and the world is common to all! The barriers of nation, language, caste, religion are created by man.”

To Succeed in Spirituality:

“For a vehicle to run well wheels are required, an anvil is required. Oil is needed. Only when the three are at unison the cart functions smoothly. Similarly, your thoughts, actions, brain – these three should be together to succeed in spirituality. You should not say one thing and do differently.”
Spreading to Every Nook and Corner:
“Just as cotton breaks and its seeds are scattered everywhere, spirituality is spreading to every nook and corner. It should grow more and remain strong.”

You should Understand Yourself:
“You should understand yourself. Understand your soul.”

When does man become a Prey?
“Son! The insects and worms found in water become prey for fish. The fish is eaten by the frog, the frog by the snake. The snake by the eagle. The eagle by animals. The animals are eaten by man. But man becomes a victim of his mind.”

The Stone and Cotton:
“Because the stone is solid it returns back when thrown up. But since cotton is light it flies up. Similarly when you indulge in spirituality with dirt, you are made to fall down. If you do service with purity of heart and charity, you can fly, you can improve.”

For the Soul to Grow:
“Water is required in the earth for production. For your heart to grow you require spirituality. For spiritual growth service and devotion are required.”

To know God:
“You can cut glass only with glass. Only the godly person can know god.”

Leisure:
“Spend your leisure in spiritual service.”

Don’t allow Evil Thoughts:
“If you clean the garbage daily it will not accumulate. Similarly you should remove the evil thoughts immediately. In spirituality, if you understand this then it becomes a fertilizer for your mind.”

Spiritual Waves:
“Spiritual waves should always rise in your mind. Material comforts, affection, children are some waves which prevent spiritual waves taking place.”

Charity and Service in Spirituality:
“You can form the required shapes using gold, silver and bronze. To benefit from spirituality you should practise charity and service.”

Spiritual Consciousness:
“When your thoughts and actions are good you will start having spiritual consciousness. Do not disturb the five senses.”

Sea Waves and Soul:
“The waves should obey the bank. Similarly the soul should be inside the body. If both cross their limits it will lead to destruction.”

The Opportunities in Spirituality:
“When there are rains and if you don’t save water the loss is yours. In spirituality if you do not use the opportunities you will only lose.”

What is life?
“Life will vanish like lightning. Don’t forget this.”

Spirit – a Vessel:
“Keep the soul which is like vessel.”

The Dirt around your Mind:
“To cut a big tree you need to remove the soil around it. Then it is necessary to cut all the tertiary roots. Then it is
required to cut the main root. Similarly to enter spirituality you need to remove the dirt around your mind.”

**Soul is everything:**

“The soul is electricity! It is science! Everything is developed by it. A big man is also a soul. A small man is also a soul. Everything is soul. The thing that raises you is spirituality and that which destroys you is spirituality. When you have the ego “I” it takes you to destruction.”

**Spiritual Knowledge is Needed:**

“What burns in a small lamp is fire. It is the fire that burns in a big lamp. The sun is also a mass of fire. Only the appearance is different. To understand the difference, spiritual knowledge is required.”

**Spiritual Involvement:**

“Once you master typewriting your hand can do the job concentrating on other work too. Similarly if you involve yourself fully in spirituality you need not worry about others.”

**The Inner Jyothi (light) of Soul Can be Seen:**

“A lamp will not burn immediately in butter. In oil it burns immediately. Only when butter melts it starts burning. Remove the dirt from your heart and make it clean. Only when it becomes soft, your inner jothi (light) can be felt.

The common man knows the maturity of this light. The soul can be seen in the form of light. There is fire in a match stick, a candle or when you burn petrol. Everything is same. Only the raw material is different.

Whatever is got from the earth goes into the earth again.

Food, petrol and oil are got from the earth.

If you keep on digging the earth continuously one day there will be scarcity even for food.

You get oil from the earth’s top surface. As you go down there are rocks, water, oil. Similarly if you go deeper in spirituality you shall get the high feelings like food donation, charity, helping others. As you practice these, your soul will attain nobility.”

**For Spiritual Growth:**

“A tree gets water from the roots that we cannot see. It takes air through its leaves. So the tree grows. Similarly a man’s inner and outer feeling should be the same. Only then you have spiritual growth.”

**Fear your Inner Soul:**

“Since electricity gives shock you are afraid of it. You are afraid that if you touch fire you will be burnt. You fear objects of the outer world like this. But you are not afraid of your soul residing inside you.”

**Since you do not touch your Soul:**

“Only because you do not touch your soul, there is murder, rowdism, fight and so on.”

**Discipline; Truth:**

“Spirituality requires truth and discipline. The man who has should give to others who do not have.”

**Find your Spirit:**

“What is the use of birth? What is the use of living? Find your soul.”

**Truth! Spirit! Service:**

“Body, mouth, eyes, nose, ears, have relation with five senses. Similarly all of these have connection with one another.”

**The Spirit is God:**

“Your spirit is God.”
Spiritual Field:
“In spirituality there should be fun and there should not be commotion.”

The Inner Spirit:
“The inner soul should be clear, without anger and must be peaceful.”

The Soul is One:
“A man may be different in seeing, laughing or clapping his hand but the spirit remains the same.”

When you Dig Inside:
“Only when you dig you know what is inside the earth. Similarly only when you dig you know the soul and understand that person.”

Spiritual Involvement; Way to Escape:
“The time coming ahead is bad. There will not be feelings of justice or injustice. Without involving yourself in evil, if you practice spirituality you can escape.”

Purity of Mind is Essential:
“For the paddy sown in the soil to grow, moisture is required. Similarly if you want to improve in spirituality, your mind should be pure.”

The Permanent Field:
“The only permanent field is spirituality. Nothing else is permanent.”

The Ghost and the Soul:
“The ghost and the soul do not have age, or shape, or destruction.”

Peace and Calmness:
“The world should understand that peacefulness and calmness can be got in this world only through spirituality.”

Even If there are less people in Spirituality:
“Even if it is a small puddle, water should be used for drinking. It shouldn’t be trod on. Similarly even if there are less people in spirituality it should be practised for good purpose. After reaching spirituality you should not indulge in minor quarrels.”

The Soul that Controls the Body:
“Every organ of the body functions on its own. The spirit controls the body and makes it to do this way. The spirit and the body should be in good condition. Only then it shall be like the tree pierced by diamond.”

The Spirit is Powerful:
“The soul is sakthi! Sakthi is soul! The soul is more powerful than the statue in temples.”

Do not Worry:
“A person who is fully involved in spirituality and does service should not worry about his future or his children’s future.”

The Beauty of the Soul:
“Your body derives beauty through the soul! It gets beauty through service. The service should be done with maturity.”

Cannot Progress in Spirituality:
“A person who longs for fame, power and money, a person who does not respect his parents cannot improve in spirituality. Money, power and fame will lead you to the path of destruction.”

False Beard and True Beard:
“There is difference between true beard and false beard. All people who grow beard cannot become spiritual persons. Only if there is true love towards all, he can become a spiritual person. He can be a guide in spirituality.”
Bookish Knowledge not Sufficient:

“One should not get deceived by judging Adigalar by his appearance. Only by moving closely, Adigalar can be understood. With bookish knowledge you cannot understand Adigalar. Only through experience we can know and understand.”

Spiritual Calculation:

“It is not correct that we have improved since we have served sincerely and improved. All people who serve sincerely do not improve. All people who have improved have served sincerely. In today’s world, after sprinkling cow dung water they say they have sprinkled sandal water. That which shows who is best in a serial order, is spirituality.”

Age is not the Concern:

“After coming to spirituality there is no need to worry about the age. Even at the age of sixty there is narrow mindedness. Even at the age of ten there is broad mindedness.”

What cannot be Performed by Man:

“Man can control the birds and animals around him. But he cannot control the soul within him. Because of the thoughts flashing in his mind, he will lose only his reputation”.

Soul –Life:

“The moving soul that ‘moves’ is life.”

Should attain Mental Maturity:

“You alone should attain maturity. You should understand what is good and bad. Everything is Amma. You are telling that she is only making you do good or bad. I have given you rice, pot and fire. Only you should prepare good food and eat.

By mixing the right thing at the right lime the food should be cooked. Instead, by adding more heat or with less water or with more rice, how will the rice be in good condition.

If you want your soul to be clean your mind should be mature.

Soul and Adhiparasakthi:

“The soul within you is Adhiparasakthi. When you chant Om Sakthi! Parasakthi! A sort of energy is released.

Creation and Reasons:

“There is a reason for any birth”.

Higher Goal and Narrow Goal:

“Man should live with higher goal. He should not live with a narrow goal. By looking up, the sun, the moon and the stars are visible. By looking down we see only the plants, creepers and so on.

In spirituality your goal should be high and broad.

If you live within the narrow circle, of “my house, my wife, my family, my children, my relations” you cannot improve in spirituality”

The Worldly Life and Spiritual Life:

“The worldly life, full of worldly ties, is different from spiritual life. You may not be able to bear the burden of worldly life. If you involve yourself in spirituality you may not feel the pain. If you live for worldly life you will feel suffocated, but if you involve in spirituality you won’t feel suffocated.”

The Imprisoned Soul:

“As long as the soul is imprisoned in the body it has to face difficulties and sufferings. If they are to be reduced perform charitable actions.”
At the Start of Spiritual Life:

“In a new place some find it difficult to get sleep. After it becomes familiar we sleep well. Similarly in spirituality initially it will look difficult. But as time passes you will become familiar.”

The Journey of Life that Stops in the Middle:

“Why were we born! Why did we grow! You are living without knowing anything about this. Even before we fulfill the cause we have to leave this world, in half way.”

Your Soul will Speak:

“In any temple the stone will not speak, but your soul will speak.”

Only Soul and Charity will Save:

“On the one hand there is destruction; on the other side there is growth; one side there is mound other side a ditch. No one can equalize anything or correct anything. Only if there is something in the vessel it can be drawn by the spoon. Spirituality and charity only can save a person; you are thinking that you can capture the sun or the moon or cross the sea. You should capture the soul, conquer love and affection. Without conquering these there is no use conquering the rest.”

These are also required for Spiritual Growth:

“Affection, ties, food, desire, feeling, beatings, happiness, sadness is also required. Without these you cannot grow in spirituality. The mother’s love and affection are equal to soul. Other than this there is nothing equal to soul.”

The Scientist and Spiritualist:

“The scientist destroys the world but the spiritualist protects the world.”

The Clean Soul:

“Although the lotus is in water, the water does not stick to leaves. Similarly if your inner spirit is clean then dirty thoughts will not appear. Your present sins and previous sins will not accumulate. If you cut a tree it still grows. You should be careful not to destroy the main root. You should keep the main root, the soul, clean.”

You may have to go to Yama (God of Death):

“Why do you sow a seed? Why do you grow plants and tendrils? Why does it produce fruits? Why does it give benefit? The house is one half and the forest another half, the changes in Nature, the ups and down, relation due to money, affection due to money, acting due to money, revelry due to money. At last you have go to yama only like the air that escapes from the wheel of a vehicle.”

Noble Life:

“The lamps like candle and those that burn through oil give light to others and gets destroyed. Similarly in spirituality the noble life is one where you serve a others and then finally die.”

That Object is the Soul:

“You pray to Mother! ’I have lived enough please take me away soon’. You think there is something to take. That something is your soul. You can invite arrogance easily. Good soul cannot be invited easily.”

The Count of Souls that have Grown:

“The temple has not grown. Only the soul grows. Arrogance should be controlled and the spirit should grow. There is no use if you have a body like the elephant. Like the elephant’s strength you must develop your soul. It is not enough if only the population increase. The number of matured soul should increase.”
The Power to Bear Anything:
“You should have patience and courage in spirituality. Only because there is shortage, you have desires. This causes pain to people. The stomach pain, head ache, fame ache are all due to desires. As you reduce your desires, the soul gets peace. It gets power to bear anything. That will be stable like the stone.”

Keep your Spirit Clean:
“I told yesterday! I say today; I shall tell tomorrow! You should keep your soul clean.”

The Garbage and Tower:
“Those who lived in garbage will live like millionaire. But that life will not last. Only the fame got through spirituality will last permanently.”

The Soul Controls:
“That which is destructible will always be destroyed. A person who envies others will always be like that. A person who has to go to the prison will always go there. Each one acts according to what his soul tells him to do.”

Soul Exposes your True Self:
“The mirror reflects your image when you stand before it. The soul exposes a man either as a good person or as a murderer with respect to his mental make up.”

Soul is the Strength!
“Only through Mother and father a man gets his physical form. The thing that gives strength to body is the soul! That soul is the power! If there is no soul there is no responsibility here. An animal’s soul is more stronger than a man’s soul. Man’s soul must attain maturity. For that one should meditate at least ten minutes a day. You should maintain silence in whatever you do.”

Mustn’t be Arrogant:
“Soul must remain like a soul. You should not allow pride to come in it. If it comes in you would turn out to be an orphan.”

Soul must attain Maturity:
“After adding something sour to the boiled milk you get curd. From that curd we get butter. It floats in water. Similarly, only when the soul, like a sour substance, mixes with the body the mind attains maturity. You cannot get milk out of curd. Similarly man would not be affected by evil thoughts if the soul attains maturity.

If the soul wants to attain maturity then it has to serve all living things in this world. You must give charity. You should take up fasting.”

First Step Towards the Progress of the Soul:
“When you have entered the field of spirituality you should achieve a step by step progress. The first step towards it is, a man should analyse and realise his own thoughts.”

Why is there Attachment?
“For the purpose of development of the soul and intelligence there is a need for attachment.”

Soul is the Crop - Arrogance is the Weed:
“Soul is like the crop and it should not have weeds like pride. If it grows then one day you should remove these weeds.”

Spirituality: Umbilical Cord:
“A baby in the womb of a mother grows by receiving nourishment from its mother only through the umbilical cord. Similarly human race grows through the tube of spirituality.”

The Progress of the Soul:
“Only if there is the growth of plants and creepers, forest will develop. If there is afforestation then only there would be
sufficient amount of rain in the world. Similarly if your soul progresses, then spirituality would also progress in this world.”

The Power of Spirituality:

“Magnet has the power to attract iron towards it. Similarly spirituality has the power to pull anything towards it.”

Body and Soul:

“Body is the temple. The soul within the body is the statue.”

To Make You Mature:

“Even if you coat silver with gold plating and brass with gold plating it would fade as days pass by. Grains have husks. Similarly husks are there in spirituality. I am helping you to stabilize in spirituality.”

Think Daily:

“Why do we live? Why do we love? Why there is happiness? Why do we have a mind? Why do we have a post? Why do we have the capacity to think? Why do we have the attitude of accepting things? Why do we have mother and father? Why do we have justice? Do we have a soul? Why does it exist? You must think over all these facts and understand the truth.”

The Game of Truth and the Game of Falsity:

“On one side spirituality is progressing. On the other side destruction is progressing. What happens here is the game of truth. What happens in the other is the game of falsity.

Ritual fire worship, Irumudi, meditation, fasting, worshipping, circumambulation, pilgrimage on foot are all called the game of truth because they are connected with divinity and spirituality. The other activities are game of falsity. If you take part in the games concerning spirituality then your soul would progress. If you take part in the game of falsity then there would only be destruction.”

Who is called a Realized Soul?

“One who madly dedicates himself to spirituality becomes a Siddha (a realised soul). You are all half-mad people. You are neither like that nor like this.”

You would not Benefit by Pretending:

“Only if there is glue two things can be held together. Similarly only if there is a connection between spiritual thought and spiritual service it would be of benefit to you. But if you pretend to me as though you have interest in spirituality and in spiritual service then there is no benefit from it.”

Treachery of a Spiritualist:

“If you heat an empty pot then it would break into pieces. But if you heat water in the pot then it would boil and evaporate. In everything there should be maturity. Like the boiled water rises and evaporates, the spiritual person’s treachery would be revealed to the world.”

Love and Good Behaviour:

“Only if the things in Nature like a tree, a plant, a climber grows, the country would also flourish. Similarly if there is love and good behaviour among the people the spirituality in the country would flourish.”

Man is Destroying Mankind:

“Today, man is causing destruction to mankind. No one is great or small in mankind. The soul in every human being has the same potential.”

The Power of the Soul:

“The soul alone has the power to control you.”

The Need of Spirituality in Politics:

“Arrogance should not have a place in politics. There too you need spirituality. Even though you are at the top of the tree when there is storm the tree gets uprooted.”
The Land and the Sky:

“You don’t know what is beneath the sand and what is above the sky. You don’t know what would become of you when you die and when you are buried deep under the ground. And also you don’t know what happens to you when you rise up to the sky. You don’t know the secrets of your birth and death.”

Despite Coming to Mother...

“Some don’t gain the benefits despite coming to Mother and having involved themselves in spirituality. You use an umbrella to protect you from the hot sun. The portion where the sun’s rays fall is heated up and the other side is not heated up. Despite coming to the field of spirituality some commit sin. Because of that you don’t enjoy the benefits of spirituality. Serve with purity of heart! Don’t act with impure thoughts!”

What is necessary for the Soul:

“Festivals, blessings, God, mind - why do we need all these things? It is for your progress? Food is essential for the body! Spirituality is essential for the development of the soul!”

Witchcraft:

“When man goes astray from the path of spirituality and turns out to be a dog and a devil and commits crime then there would be all kinds of evil practice in this world.”

One who has, One who doesn’t have:

“Those who have and those who don’t have should involve in spirituality. Service is important in spirituality. One who has should help those who don’t have. One who doesn’t have should himself in spirituality through service.”

Affection is an Obstacle in the Path of Spiritual Progress:

“If your heart is pure then your work also would be successful. If your mind is filled with evil thoughts then your work would bear no fruits.

There will be difficulty in breathing if there is phlegm in the lungs. Similarly when your heart is filled with affection there would be no spiritual progress.”

Thoughts of Compassion:

“In spirituality you should have generous thinking. You should consider the sufferings of others as your own. People of early ages had such thoughts.”

Only that Soul!

“Amma! What does mother mean? It is only that soul (divine soul!).”

Man’s Instability:

“For today’s man path, ears, mind, beauty, face and hands are not stable. So everyman should bring himself to spirituality and thereby develop himself.”

Spirituality to Remove Evil:

“When dirt gets accumulated it starts decaying. You should involve yourself in spirituality and remove the dirt within you. Spirituality alone can remove the dirt within your mind.”

Can become a Realized Soul!

“You can find happiness only through spirituality. If everyone corrects his thought then he can become a realized soul. You should not be mad after money and sex. You should be mad after spirituality.”

Indecency:

“Indecent behaviour leads to destruction, spirituality would win over indecency.”

Where is the Living Force?

“Power also needs power. Nobody knows the shape that power has taken. While dying your hands and legs get
pulled. All parts of the body move. Only one part of the body does not move. It is in that place that you find the living force.

**Spiritual Power:**

“In spirituality you must understand the power of spirituality. Only the soul which becomes the power. That spiritual power possesses the power to give a form to a substance and to destroy the same!”

**Unity is required in Spiritual Work:**

“There is the lamp; the oil; the thread; the matchbox. If they are in different places will they give light? If you bring all of them together and light the lamp it would give light. Similarly, instead of doing spiritual works separately, if all could come together and perform, then only there would be a sense of unity.”

**Patience is necessary for the Progress of the Soul:**

“There is a saying that if we continue beating even a big stone will move. But if we hit like that only the stone will break.

Even if you get any amount of problem, by observing patience and involving in spirituality step by step, you can come near me.

The more patient you are, the more the clarity of mind you will have. In that state you will be able to understand Amma. Only then you will start understanding Amma’s affection.

When a child walks carelessly or very fast it will stumble and fall. If it walks slowly step by step towards its mother it will not fall. Mother also will happily pull and fondle the child.

If you possess that baby’s tolerance then the black magic tricks, the saints and their pretences would become clear to you and they would disappear. Then you would experience a spiritual intoxication. If you experience that kind of intoxication then you can live in happiness. If you want to attain that state of happiness then you should remain tolerant.”

**Steady Progress:**

“The way to progress in life is available only in spirituality. There are crops that grow even in sterility. Similarly you must withstand poverty and attain spiritual progress.”

**In What Way are we Useful to Others?**

“Mind must grow. It must be of use to many. You must see what you can do for others and not what others can do for you.”

**Body is for the Soul Alone:**

“Body is the abode of soul. Soul is not the abode of the body! You must gain spiritual progress by developing within you justice, service and devotion. You must not live as you like. You must not live for money.”

**You are Your Enemy:**

“Your own thoughts would become your death warrant. It would become tomorrow’s news. Your physical self would make you roll. Your own ears would cause problems for you. Your own tongue would lead you to fights.

So you need self-control… to develop your self-control you need spirituality.

Murders, theft, rape have increased everywhere now due to lack of self-control. All these can be controlled only through spirituality. Spirituality alone can control all the powers in Nature.”

**Soul is the Same:**

“A God can become a man; a man can become a God. Soul is the same. The created physical form alone differs!”
Spirituality is the Shelter:

“You would not be hurt by touching the fire covered with ashes. But the fire underneath would hurt you. You would burn your hand if you put your hand into the burning fire. Today, world is becoming like a fire. It is burning everywhere and in everything. Spirituality is the only shelter. By involving yourself in spirituality the effects of your sins decreases.”

The Way for Peace:

“In every place there is craze for racism, religion and wealth. You must live carefully with your eyes and mind open holding to spirituality.

Spirituality alone can pave way for peace. The sound ‘OM’ alone softens your heart.”

Worries and Tears:

“You can wipe out the tears that well up. But I can only put an end to your tears and miseries. Many are able to escape because of their involvement in spirituality.”

The Way to Spirituality:

“Love, humility, and patience – all these only lead to spirituality.”

You should not be Hasty in Spirituality:

“You cannot hold one kilogram of rice in two hands. You cannot jump ten stairs at a stretch. You cannot progress at a stretch in spirituality. Slowly and steadily you can progress.

You should follow cleanliness, justice and service step by step and thereby your mind would be cleansed and you could progress in spirituality. If you don’t take interest in spirituality then your power would turn against you.”

The Spiritual Power within You:

“If your soul is humble then you would benefit. If it drifts away from you then you could not do anything about it. No one would help you. A person gains benefits from his own soul. Help from outside depends upon your soul.

You can get everything if you make use of your spiritual power.”

Your Soul is your God:

“If you understand your soul then you could also become a God. Your soul is your God. Those who have not understood their soul are calling themselves God.”

Depending upon your Spiritual Progress:

“By looking at an egg you cannot say to what family the worm belongs. Only when the worm comes out of the egg can you identify it as a bug, or as a honeybee, or as a silkworm, or as a housefly or as an ant.

Your mind is like the worm within the egg. Depending upon your spiritual progress only you can be identified as so and so.”

Control your Soul:

“Only when a hungry child drinks milk it will stop crying. You will have peace of mind when you control your soul. Then you will get whatever you wish. Your soul has the power to fulfill your requirements.”

Soul for the World:

“Only when Nature is rich you will have richness in your pot and box. Nature is the soul of the world.”

Steadiness and Confidence in Spirituality:

“If the roots of the banyan tree near the banks of a river are strong then it can withstand a big flood. Similarly those who are steady and confident in spirituality can be steady. No evil can shake them.”
Do not Roam Anywhere:

“We can make a pot, a doll, and any other vessel with clay. You can give shape to stone or car even make a deity or can be made as god. But that statue doesn’t have a soul.

If you sow a seed then only a tree would grow. Only if there is an embryo there will arise a form. God is the base for everything

Don’t roam here and there in search of God! Your soul is your God!”

Rest and Peace for the Soul:

“Just as waves hit against the shore continuously, the heart is ruled by the waves of desire. But if one were to reach mid-sea it is calm. So too, if one has control over one’s desires then the soul is at rest and peace. The waves in the sea do not stop. The desires from our mind do not stop. In mid-sea there are no waves. Similarly if we control our mind from love and affection our mind will be calm. Then the soul will have rest.

When your five senses are in union and your heart is satisfied, your soul gets peace.”

As long as you have Desires:

“If a burning log is immersed in water it still continues to be hot for sometime. Similarly even if you are immersed in spirituality if you do not cast away desire you will continue to suffer.”

Your Spiritual Feeling:

“When you operate a new machine with battery it functions very well in the beginning. As the power of the battery is reduced it will refuse to function as before. You should ensure that the mind of the battery does not diminish. Only when you take care like this your soul can remain calm. The soul is purified based on the purity of your heart.”

Every one should become Spiritualist:

“It is not enough if there is one spiritual person in a town, or one spiritual person in a house. Only when everyone turns towards spirituality, there will be peace in the country. Only when two minds unite there will be peace.”

Do not be Hasty in Spirituality:

“You water a plant, wait for it to blossom and produce fruits. A similar patience should be followed in the spiritual world also. Do not be hasty in spirituality.”

Thoughts: Reflections:

“The air waves echo according to the heights and depths. It cannot exist in vacuum.

If you scream facing a mountain it echoes.
A person’s photograph reflects the person. Similarly the impressions on your soul are reflected in you.

Each soul has a level. Money or materialism will not mellow your soul. It is only through spirituality that you can make your soul mature.

Only the soul can win nature. Everything can be destroyed. But soul cannot be destroyed.”

Money and Knowledge are far away:

“With money we can make others work. With that money we can seek destruction. With money we cannot buy true knowledge.”

Spirituality and Charity are the Solutions:

“On the one hand you have man, on the other hand there is murder; on the one hand there is starvation on the other plenty. On the one side there is pleasant air on the other there is hot air. On the one hand there is destruction, bombs, crowds and confusion. On the other there is spirituality and peace.”
You should ask yourself why these are happening. What is the solution for these? You should ponder over it. Spirituality, prayers, charity are the only solutions. Only if a person gives something he can get love. Only when the love increases there will be peace. In spirituality there should be give and take.”

**Why Spirituality:**

“There is a beggar on the one side, pick-pocket on one side, police on one side, murder and looting on one side. What would happen if these are always on the rise? It is only to prevent these elements that spirituality is required.”

**Spirituality only will Protect:**

“No government can completely offer you benefits and security. You are your own security. The evil in this world has increased. The period of self-destruction has come very near.

If ten people are good there are hundreds who are bad. That hundred make another five hundred bad. Spirituality is needed to change those hundred people.

A single grain does not make a sack. Only when several grains are gathered together does it become a sack. Similarly everyone should unite and perform spiritual duties.

**Sad Experiences Bestow Maturity:**

“A playing child refuses to take food in the beginning. If we feed him after he becomes tired due to play and laugh, he accepts the food. Similarly, in life at times of happiness and pleasure we fail to understand the truth of life. It is only when we get the maturity to suffer, we understand the meaning of life. As we suffer more and more our soul matures. Suffering is also an experience. Everyone should undergo this experience.”

**Spirits and Ghosts –**

“The world consists of spirits and ghosts.”

**In-Depth Involvement in Spirituality:**

“To grow a plant, you first need a seed, you need willingness to sow the seed. You should sow it deep enough, you also need proper land for growing the plant, you need to pour water for its proper growth. Similarly you need to involve yourself deeply in spirituality. The more the involvement more will be the benefit.”

**Spiritual Intoxication:**

“When you beat a drunkard he does not feel the pain when under intoxication. He feels the pain when he returns to his normal state. That pain is only for his body and not for his soul. If you are spiritually intoxicated you will not come out of it. That intoxication is the most superior and has the highest value.”

**Tomorrow’s World:**

“I am always telling from the beginning that tomorrow’s world belongs to spirituality. You have to create the right atmosphere and plan for its growth.”

**Should not be for Self-interest:**

“Do not use spirituality as a blanket to hide your selfish motives. You should indulge in spirituality with a true feeling. Only then you can grow.”

**Spirituality does not differentiate on the Basis of Sex:**

“The soul can be in the form of a man or woman. The soul can’t be differentiated as man or woman. It is only the physical body that carries the difference.”

**Politics and Spirituality:**

“If you desire destruction through slaughter and violence go to politics. If you need peace, prosperity and rain come to spirituality.”
The Power of the Evil Eye:
“The light in a man’s eye has power to burn a house. It also has power to destroy the life of another human being.

The Educated and the Illiterate:
“The lowest of the low also have spirituality. The highly educated will die like the fire flies that face its own doom.

Why Sufferings?
“Although prepared in different shapes, food is the same. The physical appearance of a man may vary but his mind is the same.

When food is consumed, the waste should be excreted. Similarly you should remove the dirt in your heart.

The dirt of your heart manifests as sufferings.”

When do I come Searching for you and your coming in search of Me:
The mother herself comes and feeds the child when it is hungry. When the child grows it comes to its mother in search of food. Similarly, I come in search of you when you do not come near me, and when you come closer to me, I will not come in search of you.”

To Win over Illusion:
“You see the mirage at a distance and think that it is water. You see a mirror glittering in sunlight and mistake it for a diamond.

Due to illusion you leave me and get cheated at other places.

One who is not deceived by appearances and who holds on to me will overcome illusion. He will not be fooled by appearances. He will attain the real diamond.”

The Fruit and the Dent:
“Fruit hangs on a tree. People throw stone at it. The fruit does not fall. However the stone has created a dent in the fruit. That fruit is not useful to you. In due course the fruit becomes rotten and the seed in endangered.

Similarly in spirituality man must see to it that his heart is not dented. Only then will he benefit and others will benefit.”

When you Climb the Mountain of Spirituality:
“As you climb the mountain of spirituality there will be the thorns of love and affection. They will prick. Remove these thorns and hold on to the rope which is “Amma” and climb up. Do not fear that your legs may be sprayed. Keep in mind that you would get the grace of Amma and climb high.”

Do not Switch Channel:
“If you have trouble with a channel and not able to hear the voice over the radio, you switch over to the next channel. Similarly, without having full faith in one God you run to another God. Spirituality is like a radio where channels should not be altered frequently.

On the one hand you come to “Melmaruvathur Amma” on the other hand you go to Tirupathi, Ayyapan, Nadi astrology, horoscopes, cinema, politics and so on. So do not change channels.”

Arrogance is Dangerous:
“The banyan seeds that have fallen on the earth from the excreta of the birds, grow into plants. They also fall on the tower and grow into plants. The plants grow on the tower because of moisture and rain.

Can the plant growing on the tower think that it is superior to the plant growing on the earth?

One should not think that he has reached a higher status just because of the respect and honour that he gains as he is in the field of spirituality.
That plant gets uprooted and thrown out when a crack is identified on the tower. Similarly arrogant people are thrown out from the field of spirituality."

**The Soul is One:**

“Today each clan and caste worships different Gods. But the soul is one.”

**The Way to Spirituality:**

“If you choose the right path your vision will be right. If you choose the evil path, it will lead to dangers.

People around you, may pull your legs. If you choose the path of spirituality in leading your life, such dangers may be less.”

**Spirituality as a Protective Force:**

“Just as you have doors to protect your houses, you should have spirituality to protect you life. So consider the sufferings of others as your own and help them.”

**The Earning of your Sins:**

“The sins that your commit is converted into money and murder.”

**The Spirit that Controls the Body:**

“Each organ in your body performs its duty. The soul compels the body to perform these actions.”

The soul that suits the body and the body that suits the soul should be disciplined. Then only it will appear as sturdy as a tree.”

**Do not let it Rust:**

“What will happen if dust falls into your eyes or if iron is allowed to rust. Do not allow your spirituality to rust.”

**Worldly Life – Spiritual Life:**

“The worldly life is losing all bounds. Spiritual life has bounds.”

**The Rays of the Soul:**

“The sun, the moon and stars have been named by you. The rays of all planets are the rays of spirituality.”

**End is only Destruction:**

“Without involving in spirituality and accumulating more and more sins will only lead to destruction.

**The Significance till the End:**

“Your studies – money – job, these may lose their significance one day. But your spiritual involvement does not lose its significance.”

**I am everything:**

“It is I who give and I who take. I am sweet and I am sour. I am good I am also evil. Only when you attain spiritual maturity you will understand this. Those who trust me will never be let down.”

**A Firm Hold on Spirituality:**

“After entering spirituality you should progress with what you have. Do not roam about seeking what you do not possess. All of you should have a stronghold in spirituality. The hold should be like an iguana’s hold.”

**Machine Functioning and Human Functioning:**

“A machine requires energy to function. Similarly you also require energy. Your heart functions due to My Energy. As a machine runs it becomes hot. The oil that operates it also becomes hot. Similarly when body functions, it gets heated. Your soul is purified depending on your mind.”

**The Soul is like a Flower:**

“You find flowers in water, flower in fire and flower in–the rose. The human being also has flower. That flower is his soul. Soul is like a flower.”
I possess all your souls. I am responsible for them. The soul is superior to everything else. You should understand the superiority of the soul.”

**In Order to Purify Your Soul:**

“Just as fire purifies objects dropped in it, as you involve yourself in spiritual deeds dirt surrounding your soul will get removed and become purified.”

**The Soul and Fire:**

“Fire is produced by a force. You function through a force. The force that makes you function is Amma. If your mind is pure then your soul inside will also will be pure.”

**Strength of Soul:**

“If your soul is strong you will not feel any pain.”

**The Tree: Man:**

“Leaf, flower and fruit grow from a tree. Similarly man’s likes and dislikes, good and evil thoughts, in man’s mind.”

**A Man into an Animal:**

“If spiritual service, worship and evolution of the soul is not present, man will demean himself into an animal.”

**You are a Plaything:**

“Do not forget that you are plaything in this world.”

**Do not Crave for Popularity:**

“A person in the field of spirituality must not do anything for fame. Nature does its duty without any returns. So too a spiritual person should do his work without expecting benefits.”

**Analysing is Unnecessary:**

“Once you have entered spirituality you should try to lead a reformed life. Asking question after question and analysing is unnecessary. You merely waste your time.”

**Silent Service: Service Done for the Sake of Outward Show:**

“Service done silently alone give lasting benefits in spirituality. Service done for the sake of outward show will not give permanent benefits.”

**Agony Has Not Vanished Inspite of Coming to Amma:**

Sometimes you may wonder at the fact that your sorrow has not vanished even after coming to Amma. Look carefully at you surroundings. You will understand the truth.

Human dirt and foul smell abound in the human race. There is no purity in thoughts and actions. In such a world your agony has to continue. Hence you are affected by others. So it is not sufficient if you alone involve in spirituality. Atleast four others should become spiritualists because of you.

I say that spirituality should be spread throughout the country. The world should reform seeing you as a model. If you work with concentration and sincerity and with one-pointed devotion you can progress. If it is done as a routine work carelessly you shall not reap benefits.

Earlier there was atleast one person for every ten persons who would advise others as he had righteous thoughts. People who indulge in injustice and arrogance increase.

**Why Attachment?**

“For the evolution of the soul and the expansion of knowledge, attachment is required.”

**Do Clothes Make Man?**

“There is a saying that a man without clothes is only a “half-man”. But I say it is he who is the complete man.”
Take Care Not to Break Your Soul:

“It is not enough if you dance, run, sing, reach the deity, admire the beauty of the idol, decorate it, light camphor and offer coconuts. Break your mind but see to it that your soul is not broken.”

Spirituality is also an Embryo:

“When you walk with a black umbrella rays of sunlight do not fall on you. But if you wear a white dress and you will feel the heart and your body will turn red. The embryo is also black. But it is not destroyed by sunlight. Similarly soul is also an embryo. When you wear red dress and involve in spirituality no force or opposition can destroy this embryo.”

Soul is Watching as Witness:

“If a mother wears spectacles and reads a book then her little baby too wears the spectacles and reads the book. Similarly whatever you do is observed by the soul within you. I too observe you residing in the shadow of that soul. The soul is in fact the power of Nature!”

If you wish to Cross the River:

“If you wish to cross the sea of life and reach the shore you need spirituality. Such spiritually requires peace. We should not think we have come and gone. Only when we have a strong hold over spirituality can we progress in life. Even though we have bones in the body, to make it function we require muscle. Similarly spirituality is necessary for the progress in life.”

Inspite of Disturbances...

“Just as there is a place for the sun, up and downs in the sea and a boundary for the sky you too must be within the limits of spirituality. You must never depart from spiritual boundary on account of disturbances.”

Why is it necessary to continue Spiritual Service?

“Even as four people turn good, forty people are becoming wicked. So it is necessary to continue spiritual service.”

Politics and Spirituality:

“Today’s politics consists in breaking and destroying things. Spirituality is one which answers questions without breaking anything. The thing which gives the right answer from within is spirituality.”

To Operate Spiritual Force:

“Even to operate a small nail an instrument is required. To operate the instrument you need force. Similarly to operate your spirituality you need charity and service.”

Equal to God:

“A man who does not live for himself and lives for others without ties and affection he is equal to god.”

To Get Godly Power:

“As you carry on services and practise concentration, of mind you can attain Divine strength. It is indestructible.”

Viewing God:

“God appears before you in the way you visualize him.”
CHAPTER - VI
WOMEN

Not a Curse to be Born a Woman:
“It is not a curse to be born a woman. The whole concept of Parasakthi deals with woman.”

Mensuration is not an Obstacle:
“Son! The concept of mensuration is there from the cow to the birds. It is a part of nature that is also shown in woman. Why do you create a hue and cry about it. Hence forth a woman can enter temples even during her periodic cycles. My doors are open to her at all times. I wish to convey this message to everyone.”

Before 2001 days:
“If I had given importance to women earlier as I do now, women would not be in this situation.” (what the mother said on 15.2.90)

A Woman has more Power:
“Women have seven ‘sakthis’ (powers) more than men. Among them women have the power of courage which men do not possess. Without the sakthi of woman man cannot exist.”

The Significance of Breast – Feeding:
“Through breast feeding, a child becomes more attached to her parents. Its knowledge develops through that attachment. Breast feeding prevents the development of diseases.”

The Importance in Festivals:
“Importance will be given to women during the forthcoming festivals like Thaipusam, Aadipuram, Sakthimalai and Irumudi. When you start from your home do not indulge in gossip or arguments.”

For the Progress of Parents...
“The society should find ways to ensure the progress of women. Women should be given importance in all the activities of this place. Men should support and help them.”

To Protect the World from Destruction:
“It should not be forgotten that the world is saved from destruction depending on the amount of involvement women have in spirituality.

Never consider a woman as a mere plaything or as an intoxicant. Look at them as gods and mothers. Even the cow and calf abroad shout ‘amma’. The very word “Amma” signifies the motherly love.”

Elevate the Status of Women:
“Women are considered as dolls machines and persons who prepare food. They must be considered as those who possess nobility, good thoughts, and responsibility.”

Teach them the Method of Worship:
“Although spirituality is prevalent in other states and temples abound, people face difficulties. Even the spiritual heads and saints face difficulties. Hence prayer in the proper manner is essential.

All the facilities and arrangements for the progress of women must be done here. Women must be taught the proper method of worship.”

For the Improvement of Women:
“After finishing the work of establishing educational
institutions through Adiparasakthi Trust, the next step would be to offer employment opportunities to women by starting small-scale industries.”

**The Women of Ancient Days:**

“Women were given importance in the ancient days. But they were not given importance in spirituality. Women too were not interested in spirituality. I have been changing that. Now women should understand this fact and involve themselves in spirituality.”

**Responsibility towards Home; Responsibility towards Spirituality:**

“Women should not stop with duties at home. They should take on responsibilities in the fields of spirituality and involve themselves in the duties of the temple.”

**Do not wear a Silk Saree:**

“When women are engaged in “Khalasa Pooja” or work in the sanctum sanatorium, they should not wear nylex or silk sarees. They should wear only cotton sarees and do their work safely.”

**It should be Women Oriented:**

“Aadhiparasakthi Education and Medical Centres should be women oriented.”

**Disciplined Life for Women:**

“Women should act in a disciplined and righteous manner without indulging in hatred among themselves.”

**How should Men Respect Women:**

“Women should not be considered as something inferior or as a child bearing machine. They should be respected and considered as constructive and safe guarding force and models of virtue.”

**Women and the Structure of the World:**

“The focus of the world is on women. Although the bee comes to the flower, the flower is more powerful because it is the womb where progeny takes form. So women are the foundation of this world.”

**Tomorrow’s World:**

“In future women shall have more value than gold.”

**Why should Importance be given to Women?**

“A man’s body possesses several cells which have feminine characteristics. But a woman’s body has only a few male characteristics. Both men and women should strive to live together in a spirit of co-operation.

There is a chance of this politics getting transformed by hatred based on caste. In order to prevent such change I have given you the ‘mantra’ of ‘one mother and one clan’. I enhance spirituality by involving women in the service of spirituality.”

**Tomorrow’s World is Sakthi’s World:**

“Tomorrow’s world is the world of ‘sakthi’. I give importance to women so that they release themselves from slavish attitudes and involve themselves as intellectuals and free birds in the field of spirituality.”

**Women Possess Talent:**

“Women have the capacity to reach the heights of spirituality. There is no subjection among birds or animals. Everything is equal. In humanity women are not slaves. There is no difference as ‘five sensed creature’ or ‘six sensed creature’. Even those who have six senses are innocent. They are lazy and selfish.”
I have come taking the form of Sakthi:

“Men think that they are superior to women. To improve the lot of women I have come in the form of sakthi.”

Women and Unity of Thoughts:

“A man’s appearance is based on his inner thoughts. His heart will be in accordance with his outward appearance.

Just as red, yellow and green are different, just as one saree varies from the other, thoughts and minds also vary. Women should work together forgetting their differences. They should involve themselves in spirituality in a united manner. Through concentration and meditation they should attain spiritual progress.”

Mistakes of Women and that of Men:

“If women commit a mistake it will become evident. If men commit a mistake, it is not revealed. Women are like flowers. They should blossom and bring forth fruits. They must not be nipped in the bud.”

Family is not a Barrier:

“The counsel provided here is such that even those who lead a family life can attain saintly status.”

Women and the World of ‘Tomorrow’:

“You cannot predict tomorrow. Science will only lead to destruction. We do not understand several things during childhood. We are not mature enough. But the same child when she reaches motherhood and develops maturity she is able to understand.

In order to enlighten you on the events to occur in future, I insist on spirituality, meditation and silence.”

Surrogate Mother:

“In those days, a surrogate mother would breast feed her neighbour’s child.

But today’s child consumes cow’s or buffalo’s milk. That is why children do not have affection.

Hence the feeling of lust has become widely prevalent.”

Consider Women as God:

“You think a woman as an object of desire or beauty. You do not look at her as a God. That is why evils and misfortunes are on the rise.”

The Earth is equal to our Mother:

“Why do I give importance to women? Some consider woman as an object of fun. A woman is equal to the earth goddess, be it either in spirituality or at home: women are certainly equivalent to the Mother Earth. The greatness of the world, country, home has woman as the base!”

Women and Spider:

“Women are like spiders. They are affectionate but they need rest and peace.”

Women and Yagna or Sacrificial Fire:

“Women should learn the methods of yagna conducted here. They should learn to construct ‘chakras’ or divine circles.

Those who sang about them as the Devil and the Ghost:

“People who sang about women as devils or ghosts sang so merely due to jealousy.”

Beauty Inward Beauty:

“It is not enough to have external beauty. Beauty should be there in the inner self also.”

Many things are forgotten by the Male Society:

“The male society has forgotten many customs. Since the female society has some sense of discipline, I give importance to women. Whatever be the district, women should
be given importance in spiritual services. Women should take the responsibility of all the work done here."

**Responsibility towards the Journal:**

“Here (Sidharpeetam—abode of the realised souls), responsibilities should be performed by women. They should take up the work of publishing the journal ‘Sakthi Oli’ (‘Sakthi Enlightenment’) – the journal should be taken up by women. It should include articles on nurturing a child, women’s role in spirituality, and so on.”

**Rice in a Fist and Annadhanam (Free Distribution of Food):**

“During Aadipuram women should involve in charity by contributing ‘rice in a fist’. They should serve food on banana leaves.”

**The so called Poets:**

“Some poets without realizing the sources of their origin speak ill of women. This mother does not want to let down men. But men have the tendency to speak ill of women.”

**Women’s Power:**

“The brain of a woman possesses immense power. This power is protected by the presence of natural hair. Since men cut their hair, their sharpness and intellectual ability are slashed.”

**The Strength of Women:**

“Women have a lot of knowledge and talent. They possess the strength of seven elephants. The womb is not given to men. I have given you women, - who bear the embryo, that natural strength of bearing the embryo.”

**First Honour the Goddess:**

“Any auspicious event, anointment of the deity, should start by honouring the female deity, before the performance of ‘abishekam’ (anointment) to the male God.

**In Every Nook and Corner**

“If spirituality should spread in every nook and corner, women should be given importance.”

**Asceticism in Married Life:**

“There are ascetics in married life. If such women become ascetics they possess immense power.”

**Women should not Care about Ornaments:**

“Even a small amount of gold is dangerous. Women should not be carried away by jewels. A man is in search of gold for enhancing his social status. It will only lead to his downfall.”

**Women should be uplifted:**

“Only if women’s status is raised can they improve this world. It is not possible to improve the standard of men’s life. Do not think “We chanted the 108, 1008 mantras. We performed ‘abishekam’. Still our sons have not changed. Mental discipline is needed to correct one’s children. A couple should realize their faults before correcting their child. Do not worry about your expenses. You should bring your children to my premises. Involve them in spirituality. Your child is yours whatever it does.”

**Consider your Daughter- in - law as your Daughter:**

“The father-in-law and mother-in-law only consider the materials brought by the daughter-in-law. They do not consider her character. They must consider her as their daughter.

As materialism increases there is a decrease in affection and worries and jealousy prevails. These are really harmful to you.”
As Women Perform the Rituals of Worship:

“At present there is prosperity and natural resources only because women perform the ritual worship.”

Through the Trust:

“Just as I have, from a rock created a statue, given it power and nourish spirituality, women should establish a Trust to run educational institutions, organizations, industries. Many schemes should be evolved for their better life. If this is done, I shall bless you with grace and prosperity.

For Women Devotees:

“You should invite women, - taking turmeric and kumkum with you to attend all spiritual conferences and the festivals of Siddharpeetam. It will be beneficial to them and to you.”

Make it known to the World:

“Women can perform archana (offerings to god). They can excel in decoration and sacrificial fire ceremonies and in ‘kumbha abishekam’ (anointment of the vessel shaped structure). By making use of these you should develop spirituality.”

Why Problems?

“There are problems in this world because man fails to recognisem man as man and women as women and.”

Charity and Longevity of the “Thali” (Sacred Thread worn by Married Women):

“Through charity a country becomes bountiful. It also ensures the longevity of the Thali (her life with her husband).”

Womanhood and Manliness:

“Women also possesses manliness. It destroys affection. By controlling their feelings they destroy manliness. That is why a woman gains the maturity of providing food to her husband and children even if she has to starve.”

The Necessity of Mental Discipline:

“Women require mental discipline. They should strive to remove the dirt from their mind frequently. They should meditate at 12 noon. Meditation is very essential for women.”

Parent’s Home and the Home of the In-laws:

“A woman does not derive the satisfaction – in her in-law’s house – that she gains by staying in her mother’s home for ten days. Similarly the satisfaction one gains by lighting the lamp in my premises will not be there in the lamps lighted in the forums or worshiping centres. A woman would like to go to her mother’s house but a mother will not go to her daughter’s house.

Women and Navarathri:

“Navarathri is an important festival for women’s worldly life and spiritual growth.”

Women and Family:

“As your children grow, there is a change in their habits. It turns into problems. The child that has grown on their lap becomes the problem of the parents. Confusion prevails in the family. That confusion stings like a wasp. There is difference of opinion, disease as well as bonding because of children.

In such a hectic life-style, I want you to involve yourself in spirituality along with your family and come here frequently with your children. I shall involve your children too in spirituality.”

The Real Growth is through Spirituality:

“Growth does not mean building new cities or buildings. Real growth can be attained only though spirituality. Women will be given importance in spirituality. Population will grow to
such great extent as to make people wonder as to where they can lie down.”

How to bring up Children?

“Even a plant will grow well only when it is nurtured properly with great care. Similarly children will grow properly only when they are brought up under your control.”

Responsibilities and Women:

“Women need more confidence and self-control. Feeding her son with milk or instilling good values into his mind is in the hands of women. To transform her son into a saint and help him to lead a life of appreciation is in the hands of a mother. If the sons are not brought up with good values, they will go to the extent of antagonizing and killing the father.”

Women Performing Duties in the Sanctum Sanctorium:

“Tomorrow’s world is one of spirituality. Women can attain greatness. Devotees who come here will increase. It is your duty to maintain order and allow them to worship. Women should take responsibility while performing sacrificial fire rituals (Yagnas). They should utilize the services of lads and lasses in these rituals.

Responsibilities for Women in Future:

In future, 20, 50 or 100 or 200 women and should be brought here from each forums or worshipping centres, taught the methods of prayers, Yagnas, meditation and ‘Kalkol’ (foundation laying) function, ear-piercing festivals, “valikapu” (adorning the pregnant woman with bangles). These should be taught from 6 am to 6 p.m. The requirements of those who come to learn here should be met. In order to create a better society, for charity to flourish, and in order that women should become significant, the ‘weekly’ worshipping centres should know the methods of worship.”

Danger is prevented:

“Since women involve themselves in spirituality, the world is saved from destruction.”

Do not Worry about Family Problems:

“There is an old proverb that the person who planted the sapling will take care of it. It is only through me that the plant flourishes. Leave your family troubles to me. Involve in spirituality and serve Amma. Understand what you know. Know what you have understood.”

Who is affected?

“Just as a monkey that jumps from place to place, a man can jump and run anywhere. But women are like flowers. What does the bee do? It flies from flower to flower in search of honey. It is the flower that is crushed by the bee. Who is affected? It is only for women that there are ‘red light areas’, orphanages, and not for men:

Women are by nature soft. They are weak. They believe easily. If you practice meditation, no one can cheat you.”

The Women’s Age:

“Women have a lot of power. They possess knowledge. You must create an intellectual society. The suitable time should be utilized to create and shape a new era women’s of which will ensure the growth of the women’s society as a powerful and intellectual force.”

The Spiritual Feeling:

“When you are attached to spirituality you understand the motives of a man and can avoid him.”

Women and Faith:

“Women should not lose faith. If faith is developed in women, the devotion in the family also grows.”
Do not Commit Female Infanticide:
“Today you kill your female babies. Tomorrow it may be the males. You will be forced to pay for your sins.”

The Country’s Development and Women’s Development:
The country that gives importance to women, that respects motherhood, that considers women as equal to gods, is prosperous. Otherwise it will be destroyed. That is why importance should be given to women. Mahabharatha deals with land but Ramayana with women.

Ashrams for Women:
“There will be ashrams and establishments for women in future.”

Spiritual Feeling:
“I try all means to make you imbibe spirituality. It is up to you to have the spiritual feeling.”

The World will be Astonished:
“You go to the women’s forum. You spend money on superstitious beliefs. Why? What is the need? Have you ever enquired? But you question when you have to involve yourself in charity.”

The Mother’s Love:
“A mother is angry with her child when it disobeys but even in her anger half of it will be affection.”

For the Thoughts of Women:
Why were women created? Why spirituality? If there is a mother why is there a need for a child? If there is a teacher why should there be his teachings? You have to reflect and understand.”

If you Curse, it shall happen:
“To make everyone understand that if women curse, it will happen, I shall bless some women with that power.

Enhance the Greatness of Women:
Women possess male characteristics. Men possess female characteristics.

Woman in Man: Man in Woman:
“Women are not mere dolls, machines or cooks. Women should be considered as true, responsible and possessing good thoughts.”

The Mother and the Child:
“The burning stove! A mothers cooks. Close by is her baby. When the mother is busy with cooking, the child picks up a burning log from the fireside. The mother immediately picks up her child. When she does so, the log burns her hand. Unable to bear the pain, she drops her baby. But a wise mother would first remove the log from the baby’s hand. It is the wise mother who protects herself as well as the child. You learn through practice. Time is the great teacher.”

Measurement of Cloth – Measurement of the Mind:
“The yard. It is not enough if you increase the ‘yards’ length in your saree. You need to lengthen your practise of spirituality. You will benefit only when spirituality is increased.”

Women and Breast Feeding:
“When breast fed the children developed a bond among themselves. If they are not bread fed, they fight. They do not have affection and suffer from diseases.

Those who feel bitter about breast feeding their children will only suffer. The women in the west who have given birth to children, who are not affectionate, have now learnt from the women of India, but Indian women want to follow the western women.”

The Wrong done by Mankind:
Women should be given importance from the start.
women are not given importance, contentment, peace, salary, income and so on will not be available.”

**Women and Spirituality:**

“If a statue in the temple is in bad condition you give importance and restore it. The statue gets ‘sakthi’ by your efforts to restore it. When you make a jewel by adding a diamond, the gold attains more value. Similarly, if women are involved in spirituality, it flourishes. That is why importance is given to spirituality.”

**Speak about Spirituality:**

“If there are ten women and ten children in a place speak about spirituality.”

**Women and Spirituality:**

“Women bear the burden of bringing up their children and family. That is why I stress spirituality among women.”

**A Glass Piece and the Diamond:**

“From a distance even a glass piece may appear like a diamond. Only when you get closer, you realize that it is a glass piece. Similarly the people who have the sense of, “I” are like the glass stone. They may shine like the diamond for the ignorant people. But in reality they are glass stones!

It is only to prevent women from becoming glass stones that I give them importance. I glorify them so that they may have diamond-like mind of determination.”

**The Duty of a Woman:**

“A woman should atleast change ten others to the path of spirituality. If you are unable to change ten others, change atleast one.”

**Through the Efforts of Women:**

“It is only because women involve themselves in service that their children are also saved.”

**From the Time of “Arul Vaaku” (The Divine Truth):**

“There are people who want to eliminate women. It is only from the time I started imparting “Arul Vaaku”, here, women are given importance in the various fields of administration.”

**Women’s Involvement in Ritual Worship and the Improvements of the Nation:**

“A woman has the same courage as a man. Only now I have started speaking openly about the greatness of women. It is only by worshipping them that the country can progress.”

**Women – Melmaruvathur:**

“In the same manner as a woman lights the lamp in her home and brings up her children, you should foster this temple.”

**The Dirt accumulating through Jealousy:**

“Do not feel jealous if you do not have jewels or sarees like others. When you are jealous, along with your dirt, the dirt of others too will attach themselves to you.”

**A Woman – Parasakthi:**

“A child becomes a daughter, a lady, a wife, mother, grandmother, devotee. At the end, she becomes Parasakthi.”

**The Way to Bring up a Child:**

“When you feed your child it is not enough if you show toys and other figures. They should be nourished with knowledge, experience, good habits and so on.”

**The Woman is the Goddess of the Home:**

“The woman is the deity of a home. You should see to it that there does not arise slackness or anger in the home. I have kept the men as bulls of the home. They should not become weeds.

What is the use of a tree that does not blossom? Hence,
only if men give importance to women, their home, village, city and the world will prosper."

**Why are Women given Importance?**

“Human race exists and flourishes only because of its women. That is why I give importance to women.”

**The Pride of a Mother:**

“Mother alone has the capacity of not only carrying the child in her womb and protecting it without giving food but also protecting it with appropriate food according to its growth after birth.”

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**Work With Passion! Don’t live in Falsehood:**

“Earlier the sacred ash was given to build a temple. For the growth of the temple today, your service is necessary. Mother expects only your service. Not gold or ornaments.”

**The Chariot and the Charioteer:**

“A chariot runs depending on the capacity of the charioteer. My disciples are my charioteers. Your inner conscience is myself. The horses are the devotees. If the charioteer is harsh he may not be able to guide the horses. Some may protest. Some may run fast immediately.”

**The Devotee and Modesty:**

“See the temple bells. Its head is modestly bent down. Yet the chimes may be heard far and wide. So learn to be modest like the temple bell.”

**For the Devotees:**

“I can forgive all your sins. But even I cannot forgive one sin. What is it? It is arrogance. It is the biggest sin. Get rid of it.”

**The Humble Service: The Pretended Service:**

“Only if the backside of the mirror is coated can you see yourself. The coating in the mirror lasts longer when kept in the shade than in sunshine. If the coating is not there
In service should be disciplined, self-controlled and must lead the way for others. Avoid unnecessary show. Do not cheat others. Without being non-chalant you should serve properly. Each devotee should attend the important functions and offer their help and cooperation. The red clad women should involve themselves in services. Social service should be done with spirituality.”

Do not Carry your Burden of Sins:

“Gold, goods, ties are burdens of sins. Do service with responsibility without carrying the burden of sins.”

For the Growth of Devotees:

“There is bitterness in spirituality. There is also opposition. Those who do service with spirituality will progress.”

For the Red-clad Devotees:

“Those who are here can go out. Those who are outside can come inside. The red clad devotees should see to it that they utilize their opportunities to do service.”

Service and Job:

“Your service should be service. Service should not become your job.”

Even a Small Service has Power:

“A small instrument can be used to smash mountains. A small atom bomb does many big events. Your small services have the power of the atom bomb.”

Involve yourself in Spiritual Services:

“Different types of water reach the sea. Their saltiness is changed. The water in the earth can be categorised as sweet, sour, bitter and tasteless. Your mind gains concentration when you involve yourself in service.”

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you cannot see your face. Similarly outward pretence will not stay for long.”

An Atheist is better than a Theist:

“It is better to be an atheist who toils modestly for the welfare of others than to be a person who talks about theism and craves selfishly for name and fame.”

Through Service the Dirt from your Heart will be Removed:

“The sea! Near by a rock! That sea is called as an ocean. The sea is one of the five elements. You worship it as god too. The waves in the sea fall against the rock and remove the stains. When bigger waves come, see what happens! The rock is submerged in the seawater. Your service is like the rock. As waves your dirt is removed. Finally like the rock that gets immersed in water, you will be immersed in my abundant grace.”

Why Do I Test the Devotee and the Disciple?

“We need sweet; we also need that which is sour. The sour taste has to be differentiated. We need good as well as bad. When a child is overfed with sweets – it suffers from vomiting and loose motion. Joy as well as sorrow should be within a certain limit. When joy and sorrow rub against each other you gain detachment. That is why Mother tests you!”

The Worshipping Centres – Services:

“The worshipping centres should conduct activities of charity continuously. Arrangements should be made for conducting medical camps to prevent the diseases of children like whooping cough, polio, brain fever, through immunization.”

To the Devotees of the Worshipping Centres:

“The devotees of the worshipping centres indulging in service would be disciplined, self-controlled and must lead the way for others. Avoid unnecessary show. Do not cheat others. Without being non-chalant you should serve properly. Each devotee should attend the important functions and offer their help and cooperation. The red clad women should involve themselves in services. Social service should be done with spirituality.”

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How Should you Serve?

“With a pure heart, devotion and without claiming individual right and without inferiority complex you have to serve others.”

Be Ready to Work:

“Do not be lazy. Give importance to hard work. Even Aadikalar sweats inorder to develop spirituality.”

Even if someone scolds do not Mind:

“A mother’s five children do not possess the same characteristics. Do not listen to the criticism of others. If there is sweetness there will be bitterness also.”

In Future:

“The past are golden days. You have wasted them. Atleast make use of the days in future.”

Your Service is Devotion:

“Our service here is your devotion.”

The Tendency to Serve:

“You must learn to serve without partiality and inferiority complex.”

Ageing is not a Problem:

“There are yogis who have lived 2000 years, 1000 years. Do not consider that you have become old.”

Consider the Welfare of Others:

“Do not be selfish. Do service considering the welfare of others.”

Opposition is Needed:

When there is bitterness you realize the worth of sweetness. Opposition is also an opportunity for growth. So accept opposition. Do not be overwhelmed by it.

I know everything that you do:

“Do not worry that your service is not known to Mother or to Adigalar. Mother is aware of your services – whatever service you do and from which place you do, Adigalar is also familiar with it. Whether water is added to milk or milk to water, we both know.”

The Earlier Births:

“Your services, charity that had been done in your previous births are selfless acts done for spirituality-it is only to retain them that spirituality is still followed.”

For those Clad in Red:

“Those who are clad in red should be pure at heart and feeling.”

I am Waiting:

“There are those who are ready to spend money and also serve.”

For the Innumerable Devotees:

“Do not think that you are doing service for Adigalar or for Amma. You should think that you serve for the innumerable devotees.”

For the Adhiparasakthi Devotee:

“Politics may come towards you. You should not go in search of politics.”

Do not hate anyone:

“Do not have hatred for anyone. Hatred will take the form of handcuff to your hands.”

See God in the Poor:

“The service rendered to the poor is service rendered to God.”
Even the Devotees may have to Suffer:
“Some may wonder, as to why the devotees involved in service in Adhiparasakthi Movement should suffer. Remember that your shadow follows you wherever you go.”

Spiritual Service and Work:
“Spirituality requires work as well as service. When you serve it may seem that the benefits are zero. Just as the numbers like one, two or three are made meaningful by zero, your benefits will get multiplied by your service.”

Why is the Devotee Protected:
“Even though a mother knows that her child is a thief, yet she protects him and nurtures him with milk and fruits. In the same way I always protect you in spite of the mistakes that you commit.”

Service to God:
“Service to women, children, and the destitute is equal to service to god.”

Who has the Opportunity to Govern?
“Those who involve in charity and service will gain the opportunity to govern.”

The ‘I’ should be Changed to “We”:
“Remove all arrogance. The ‘I’ should be changed to ‘we’.”

Meditation is also Necessary:
“The devotees who come here, should spend either a quarter of an hour or half an hour in meditation after the performance of archanas and involvement in decoration. The reward for coming here will be gained only if that is done.”

To Remove Garbage:
“Those who remove garbage in Melmaruvathur are blessed.”

Through the Worshipping Centres:
“Through Adhiparasakthi worshipping centres, jobs could be created. This could be an avenue to help the poor. We should help them.”

Wealth and Money:
“Money leads to sinning and wealth leads to worries. Only through service progress can be ensured.”

For the Country to Prosper:
“Just as you think of yourself and your family, think about others. Then the country would prosper. Do not worry about what others have not done for you. Think in terms of what you can do for them.”

Do with Purity of Heart:
“Do your work with purity of heart. Just as by bathing, your physical dirt is removed, to remove the dirt of your heart, you need to involve yourself in spirituality.”

Familial Development through Service:
“Annathanam, distribution of food and clothes are not for me. It is to get rid of your sins of the previous birth and for your own mental peace. After you surrender yourself completely to me, your wealth, education, children and your future are my responsibility. Based on your services I help your family.”

Do you Service Whole-heartedly:
“Do your spiritual services whole heartedly. Do not worry that you are unable to offer anything. Everyone is my child. Even if you collect 10 paisa for 10 people and offer it
to me, it makes me happy. When you use it for charity everyone is blessed. So you have the benefit of taking at least five of them in the path of spirituality.”

**Even by Begging:**

“You can collect rice from different houses for the free distribution of food. Spread spirituality atleast by begging.”

**For whom do you do Service:**

“In the past you served Adigalar, but now you do not show the same interest in serving Amma or Adigalar. To absolve yourself from the sins of your previous birth and for your family’s benefit you should render service.”

**Service and Meditation:**

“Meditation does not mean closing your eyes and sleeping in the posture of ‘sitting’. Instead, involving one’s mind completely in an act of service is meditation. Just as your mind gets totally involved when you chant the 108, 1008 hymns, or when you serve food, in the same way when you involve yourself in a service totally, you get the benefit of meditation.”

**Divine Grace for your Grandchildren:**

“I shall give divine grace to your grand children according to the service activities in which you involve yourself.”

**Do not let go the Opportunity:**

“Just as a mother bathes and feeds her child with love, I teach you, each and everything, with love. It is upto you to realise this, to do service and get My Grace. Do not let this opportunity slip away.”

**During the Spiritual Conferences:**

“During spiritual conferences, both men and women should visit each and every house and invite them. You should bring your neighbours and relatives. You can be peaceful only if your neighbour is happy, my son! You will not be able to enjoy listening to the radio when your neighbour is suffering. You should not do so. That is wrong my son! You should become instrumental in dragging him into spirituality to gain the benefits. You should act with an understanding of the philosophy that your neighbour’s well being will ensure your well being.”

**Politics and Spirituality:**

“Bringing your neighbours to participate in spiritual processions is not for the sake of contesting in elections my son. Politics should be behind you. Spirituality will never be behind politics, my son!”

**For the District Leaders:**

“Every three months find out what are the social services organized by the groups; what work was carried out by the women wing and youth wing in the villages, should be brought out through the articles in ‘Sakthi Oli’. Providing water facilities, reforming those who resort to begging due to laziness, building houses for the poor, protecting people from indulging in five great sins (which include lust, anger, greed and so on) are the social service activities in which you must involve yourself.”

**To Reach God:**

“The fact that you can reach god only through service, should be revealed through human form.”

**Blood Donation:**

“Each district should have a centre for blood donation. Opportunity for ‘Eye donation’ should be created. Eye check-up camps should be organized and free spectacles should be given. The youth wing must establish centres to render service. You start your activity with total
belief in me! You be the doer! I shall be the Divine grace behind you!”.  

**Inspite of Involving in Spirituality:**

“You should not think that, after indulging in spirituality visiting the temple and praying to Mother, your debts are not cleared and your problems are not solved. You should forget them, and involve yourself in spiritual activities. Mother knows what to give, to whom, when and how. There is an appropriate time for everything. I will not forsake those who involve themselves in spirituality. I shall certainly save them!”

**Opportunities to Serve Others:**

“Only to improve your spirituality I have now created opportunities for doing service. You should make use of it. You should work towards the development of the worshipping centres. There should never occur the thought of earning money in the name of the worshipping centres. Doing service is the best activity. I know to differentiate people who have corrupt mind and those who do not have corrupt mind. You keep on doing whatever services you are capable of doing.”

**Service Accompanied by Spiritual Involvement:**

“Whatever be the object you drop in fire, it will turn black. The same object if placed in an utensil, does not change colour. Spiritual involvement is similar to that. If you do not have spirituality your thoughts change. You will not be burnt black if you lead your life with noble thoughts through spiritual involvement and spiritual consciousness. Your elevation and blessings will be only according to your thoughts.”

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**The Philosophy of Red Dress:**

“Blood of the body is same; temperature is same; salt is same; air is same; water is same; humanity is same”; this is the truth revealed by Red Dress!”

**Why do we need Red Dress?**

“If one wears the red dress one should do service to others. Red dress is worn to do service to others.”

**To the Disciple of Red Dress:**

“Red dress has its worth at any time: a true disciple of red dress is considered to be a blessed person.”

**The Power of Red Dress:**

“Red dress enriches us. Red dress has its own power. So those who wear the red dress must not spoil the sanctity of the dress”.

**Red Dress and Spirituality:**

“The situation should arise where red dress means spirituality and spirituality means Adiparasakthi forums. Adiparasakthi forums must change Tamil Nadu. Everyone who belongs to this institution should be a virtuous person, a disciplinarian and a leader who leads the people in the right path.”

**The Greatness of Red Dress:**

“If you wear red dress there is a chance to purify your
mind. It saves you from evil thoughts. Sunlight cannot penetrate the black dress. Similarly evil spirits and black magic can never affect a person who wears red dress. It is essential to be purely faithful!

It is important to wear red dress while you worship! When meditating if you wear red dress there would be a pull towards divinity which would gain you the blessings of God."

**For the Disciples of Red Dress:**

“Often you disciples come here. And you think about what work you have done here. You must think within yourself how you have helped others. Moreover you should develop the helping tendency”.

**Give Respect to Red Dress:**

“When you wear clean dress and dresses of silk you take additional care to keep off from dirt. Similarly in order to safeguard your religious faith from evil I have given you red dress. When you wear red dress you must be careful. You must be careful not only when you wear it to the temple but also at home”.

**Plan your Work:**

“A mother calculatively plans out her work to bring up her child. Similarly, you should plan as to how to do your religious duties effectively”.

**From where to Begin:**

“You should help those people in the streets who have been left unnoticed by today’s political parties, government and society and who starve for food and dress! Your service should start from here”.

**Sainthood:**

“After you surrender your mind and body you would attain sainthood. When your body takes rest after service you would see Me”.

**What satisfies me?**

“In this place each one should do service enthusiastically. Luxury and cosmetics would not give me satisfaction. Your service alone is essential to me”.

**The Way Towards Peace of Mind:**

“When the strength of the body is spent and the body is tired, the mind gets purified. Similarly when you extend your hand to serve others, your mind attains peace”.

**Innovative and Mysterious:**

“Whatever you do, must be done in a novel, innovative and mysterious manner”.

**Social Consciousness is Necessary:**

“Mustn’t be selfish. Must have social consciousness. With purity of mind and love you should involve yourself in religion”.

**World Will Follow You:**

“You must play the host when disciples visit the place during festival. You must kindly command them to do the work. Your faith and service should be to the extent of attracting people from all other places, from all over the world making them follow your steps”.

**Your Responsibility:**

“I am giving you the plant of spirituality and devotion after instilling them in the minds of the people. Haven’t you noticed the fact that laymen come in more numbers than the red-dressed disciples? I have nourished the plant and handed it over to you. It is the responsibility of the red-dressed disciples to see that the plant is not affected by the growth of weeds and the grazing of goats and cows”.
**Service and Purity of Heart:**

“My son! Dirt is not only found in your dress but also in your heart. Dirt is removed slowly from the dress through repeated wash. But, while doing so, you must take care not to tear the dress. Always do service! By serving others the evil within you is replaced by the good. You must also take care not to come away from the state of devotedness. My son! Understanding what is lacking in you is also a form of growth”.

**Service is Respected:**

“Head is the predominant part of the body. Without the head it would be a headless trunk. Service is like the head. Without it, it is meaningless. People here strive for leadership. People follow those who serve them, not those who rule them.”

**Don’t Waste Time:**

“Time is like the growth of a baby in a mother’s womb. Once you enter the spiritual zone you must give up frivolous thoughts – why am I here? Where must I go? Instead, you must try to grab the opportunities given to you and the opportunities that come your way to cross the ocean of this life”.

**When Time Comes:**

“One who tries to trick others would face failure. You must have one faith! One aim! You mustn’t come in search of me for achieving your aim and fulfilling your thirst for material wealth. When time comes I will come to you!”

**For Those Who Serve the Sanctum Sanctorium Where the Deity Resides:**

“When people come to worship me at my sanctum sanctorium, disciples who maintain the place should give sweets, flowers, neem leaves, holy water and holy ash. They should also give sandal and kumkum. Neem leaves serve as medicinal cure to disease”.

**The Role of Racial Fanaticism and Materialism in Spiritual World:**

“Even in the world of spirituality people are after money and racial superiority. My worshippers and my disciples should not worry and must make use of all the opportunities to serve me and rise in the field of spirituality”.

**Keep Serving:**

“You mustn’t think that despite of coming to the temple of Adiparasakthi you were not blessed with marriage. You must wait for things to change in your favour. Till then you mustn’t go astray. With firmness of heart stay here and serve”.

**Do not Lose Your Benefits Even After Coming Here:**

“The seeds of the Banyan tree, the pipal tree, the neem tree and the like are spread through air, water, birds and animals to grow as new plants. Mushrooms also grow along with them. In due course these mushrooms become manure to the respective plants.

When the plant grows into a tree and bears flowers and fruits, the birds compete with each other to taste the ripe fruits. Birds, in their struggle to taste the fruit drop one or two to the ground and they become the food for the wounded bird under the tree.

Similarly I have sowed the seed of spirituality. When it grows to a plant it faces enmity. Like the mushrooms, enmity serves as the fertilizer to the tree of spirituality. During the time when the tree of spirituality bears flowers and fruits, instead of tasting it, if you fight among yourselves then someone, somewhere who peacefully serves me patiently would be the gainer. There would be no use worrying afterwards.”
No damage is done to the tree where the birds sit and fight. Similarly, no damage can be done to the spiritual world by your fight but it would cost you more! Do your service with spiritual consciousness and avoid differences of opinion. It is useless to feel sad seeing when you see strangers gaining the blessing of the Mother. You are the losers if there is no unity among yourselves”.

Service Must Come Naturally:

“Self control is essential. You mustn’t serve either for my sake or for the sake of the world. Service must come from within. That which comes naturally never changes. That which is artificial changes”.

Must Gain Experience:

“When you come to Mother’s place you feel sorry for not having been blessed with fortune, happiness and you also think that your miseries are not effaced. Only when you go through your miseries, your failures, you can gain experience. Only with the knowledge gained through experience you would come to know the truth. You must give importance to meditation and spiritual work”.

Serve Truthfully and Consciously:

“Though you were born and brought up in various places, you all have come to me. When you have come here to do spiritual work you should not yearn for household facilities. You must serve truthfully and consciously”.

Save Yourself by Serving Others:

“Destruction can come in any form. It can come in the form of desire, in the form of water, in the form of food. If you involve yourself in spiritual work you can save yourself from destruction”.

The Way of the World:

“Many people stop and stare at the tree which is full of ripe fruits. Unwanted weeds also grow along with plants. Similarly in the world of spirituality there would be envy, revolt, enmity. You must be careful”.

The Solution to Achieve Peace:

“If you surrender yourself to spirituality you would gain peace. In spirituality peace is attained through meditation and service. You must praise and involve yourself in noble thoughts of charity – spiritual consciousness – labour – service. You should not have the selfish tendency of accumulating everything for yourself”.

Can’t Feed You:

“I can give the birds their wings. I cannot make them fly. It is up to the bird to fly. I can give you the food. But I cannot make you eat. Make use of the opportunities”.

Uses of Service:

“You mustn’t come to Me with the following selfish thought – my house, my son, my daughter, my grandson, my money, my position, my business, my vehicle, and ‘Minister post for’ my self. You must come here to do spiritual service. The benefits you gain through spiritual service would not be taken away from you by anybody. No one can even destroy it”.

If You Do Service in an Indifferent Attitude:

“If you think that the tree is in our house, that the ripe fruit belongs to your tree and so that it belongs to you, then you would be the loser. The fruit can be taken away by other birds or by other people. If you serve indifferently thinking that Adigalar belongs to you and that you can gain His Blessings somehow or other, you will not reap the benefits of your service”.

Banyan Tree – Drum-stick Tree:

“Nothing would happen to a person who climbs the
Banyan tree. But if he climbs the drum-stick tree, then there is the possibility of the tree breaking and his fall from it. You are holding on to a Banyan tree. Its branches never break. Instead of holding on to a Banyan tree, if you try to hold on to the drum-stick tree its branches will break as well as your bones. If you hold on to the right thing then nothing would happen to you”.

**Boat and Pretension:**

“Only when four people on both the sides of a boat row the boat, the boat could move fast to the bank. If you pretend to row the boat, neither the boat would move fast nor would it reach the bank. Similarly once you enter the world of spirituality you should serve consciously and devotedly. If you pretend as doing service then you would neither realise nor reach the abode. I have given you your duties by calculating your karma. It is a sin if you don’t do your duties or if you pretend as though you were doing your duty”.

**Ladder – Boat:**

“Ladder lifts up others. But never lifts itself up. Boat helps others to reach the bank. But it never reaches the bank on its own accord. Spirituality helps you to come up and makes you help others to come up. You can reach the bank and you can make others also help others to reach the bank”.

**Few are Outside, Some are Inside:**

“When you come to Mother’s temple you should not feel that you have gained either money or fortune. If nine people go out with the same idea the ninety other people would be ready to come in. Later you would feel sorry for it. You should have the following policy ‘Contentment is the best Medicine’”.

**Disciple of Adigalar:**

“So you know how the disciple of Adigalar will be? He will toil and earn his food. He will not desire for other’s property. Abandoning his food and sleep, he will strive to tell everyone in every nook and corner about the ‘Sidhar Peetam’ and the intention of the incarnation of Adigalar. My son! He will never at any moment see Adigalar as different from Mother. I will inflict him with adversity but listen, my son, he will never become suspicious about my intention. My son! He would never desire for titles, fame, and luxury. For him work is service. My son! When I say work is service for him, it does not mean that he mints and swindles money telling the name of Mother, and by selling Mother’s name to earn his livelihood.

Adigalar’s disciple will be a honest man, a man of good conduct, a man who, will think tirelessly night and day about the spiritual progress. He will toil to earn his livelihood. If he earns one rupee he gives ten paise out of it to spend for spiritual purpose. My son! He will never wag his tail for anybody. He will never burden his heart with thoughts about deceiving others. He never wastes time. He will never utter a lie eve for fun. Evil thoughts and deeds will never come near him. He will give respect to his parents and relatives. My son! For his sake and for his egoless service, I shall protect all those who are related to him”.

**Service is the Only Way:**

“Injustice is seen everywhere in today’s world. Wherever you see there are accidents, deaths. There is no place for spirituality and peace. Robbery and sins have increased in number. Even within the premises of the temple, robbery takes place. People who step on my temple, come with lots of desires and thoughts of lust. I have already said that destruction would increase three to four times. Now it has increased to four times. My son! Spirituality and peace
are the alternative solution to this. If you want to relieve yourself from this destruction you must do service. It is not enough to change one’s attitude and the attitude of the family. The neighbours and strangers too must be transformed.

**Duty at the Sanctum Sanctorium: Duty at the Lavatory:**

“My son! Both the duties, duty at the sanctum sanctorium as well as at the lavatory are the same. But, there is a slight difference. When you do your duty at sanctum sanctorium, you come near me, whereas when you do the duty at the lavatory I am by your side, my son!”

**Devotion – Character – Service:**

“As devotion increases in man, his character also develops. As his character develops his service grows. When devotion dies out, character also decreases in strength. If character collapses then the sense of service also decreases”.

**Don’t Run from Me:**

“Here you receive both my blessings and good fortune. So don’t run here and there! Wherever you go your shadow will follow you!”

**Devotion and Service:**

“You must be true in your service and devotion. You must definitely be devoted to your teacher”.

**True Service:**

“You have on the one side, food and on the other hunger. If you are true in your service then both disappears from your thought.

**Pass on the Fruits of your Service to your Progeny:**

“Don’t think what has Mother done to you! For every service you do for Mother and Spirituality there is reward. Pass on these rewards to your progeny.”

**Like Protecting an Handicapped Boy:**

“Like a mother who bears pains to safeguard her handicapped children, I am safeguarding lame people like you by involving you in spirituality.”

**You prepare Yourself:**

“One who is spiritual and just in his ways comes to me. One who does unjust things also comes to me. Even politicians who provoke civil disorder come to me. Now it is a crucial time for everyone. Spirituality has begun to sprout. In due curse spirituality will bloom like a flower. Since you have come to me, you have to gain a mature attitude. To gain that, you should meditate and through meditation you must attain self-control”.

**Clarity of Mind:**

“I give you chance do spiritual duties with a clear conscience. If the housemaid washes the vessels for the sake of doing her duty, the vessel remains unclean. Her mind does not gain clarity. If she does her work out of love and with a clear conscience she achieves peace and clarity of mind. Since you work for the welfare of other people your mind becomes clear in its perspective. If your mind is clear then you may have a chance to progress in spirituality”.

**That which the Disciples should not imbibe:**

“They should not have the thoughts of prestige, property and money”.

**Money and Property:**

“Money increases sin and property increases sorrow. So don’t go after money and property!”

**The Greatness You Achieve Through Spirituality:**

“You benefit by preserving excess water in dams, ponds and wells. By the power of Nature you reap more
benefits. Similarly if you preserve your power through
devoion, service, worship, silence, meditation and justice
then you would attain greatness. Spirituality bestows
greatness upon a person.

The value of silver and gold increases naturally. Similarly if you indulge in spirituality your value and
reputation also increases. That reputation will reward you. Other artificial means of attaining greatness will lead to
destruction”.

Try to Understand:

“Try to understand how I have gathered you all born
and brought up in different places and how I have united
you and to involve you in spirituality”.

Visit my Temple with Family:

“You were born with many dreams but I have drawn
you towards spirituality. I have given you many ways to learn
and follow the philosophy of spirituality. Whenever you come
to the temple of Mother you must bring your family along
with you. You must participate in all programmes. You must
serve with a true heart.”

Cows and You:

“Even if you untie the cows and leave them outside
they come back to their own place. Similarly, in spite of my
preaching every week, you seem to be in the same state as
you were in the beginning. Your mind moves to and fro in
the same path. It doesn’t want to gain greatness”.

Main Goal:

“Can you stop planting because there are weeds
growing in between? Can you stop giving birth to children
because they will be dying? Similarly even though there are
disturbances around you, you should calmly and perfectly
do your spiritual duties, so that you achieve greatness in
spiritual life. This must be your chief goal in life”.

Best Service Leads to Salvation:

“Many women are waiting to serve Mother. Best
service leads to salvation”.

The Old Way of Life: The New Way of Life:

“Your main goal in life was – to collect more wealth –
to give birth – to waste time by speaking unwanted things –”
to eat – to sleep. Now I have changed your life style. I have
involved you in spirituality. I have completely changed your
life pattern by making you involve in spiritual activities like
anointment ritual worship, collective worship, duties
concerning the worshipping centres, service activities of the
centres and taking part in social work. The time has come
when women in great number are taking part in spirituality.”

Buy ‘Sakthi Oli (Light of Sakthi) and Give it to the
Poor:

“If you read the journal ‘Sakthi Oli’ (Light of Sakthi)
your mind will be enlightened. So buy ‘The Light of Sakthi’
and give it to ten poor people”.

Deceptive Appearance is Unnecessary:

“I have sown the seed of spirituality within you by
code switching – by dejection, when it is necessary, by
singing when it is necessary and by crying when it is
necessary. Deceptive appearance is inessential. I am
Teaching you meditation in order to control your mind and
your lust”.

Backbiting is a Sin:

“Listening to rumours is a sin. The listener’s sin is
considered more than that of the speaker’s. When he tells
others of what he had listened, his sin gets doubled. Such a
person can never progress in life. He must carry also the
other person’s sin. You must avoid noticing other’s mistakes. If sin increases, it becomes a burden to carry”.

**The Shade given by Adigalar:**

“Everyone must make use of spiritual shade provided by Adigalar by understanding the spiritual knowledge imparted by him. You must extend the period of meditation”.

**Serve with Humility:**

“Crops bend themselves indicating they are ready for the harvest. Similarly, in spiritual life, you should be humble and do your work. You can see chaff in the midst of grains. But like the grains you should be humble and perform your duties”.

**Don’t Wait for Somebody’s Call:**

“You mustn’t feel bad for having not received an invitation. If you hear my call it means your service is awaited. My son! If you run and do your service, you would reap its fruits”.

**To Reach God:**

“You must try to reveal the truth that if you serve the society then you could reach God”.

**Diligence and Water:**

“You can drink only if there is water. Similarly if you want to succeed you must work hard”.

**Before Advising:**

“Before advising others you preach to your mind”.

**Don’t Cheat! Don’t be cheated!**

“Some people are cheating common man and my devotees by using my name, Adigalar’s name and other God names. Those who cheat thus would suffer with their family, the consequences of their doings. He would be thrashed by the same people who had given him the money”.

**Tomorrow’s World:**

“I have been saying that tomorrow’s world would be a spiritual world. Since ‘son’ has become ‘a saint’ you should make use of this opportunity and must take care of your spiritual duties, your meditative lessons and the hygiene of your environment”.

**Pretention Breeds Sin:**

“Don’t pretend as though you are serving! Pretention breeds sin”.

**Green Tree – Dry Tree:**

“Wearing red dress is not enough. You mustn’t brood that inspite of visiting Mother’s place for ten years, Mother has not clearly imparted anything to you. If you were like a young tree then my blessings, like the nail would be fixed upon you. But you come to me as an old tree caught in the family ties. How can my divine grace leave an impression on your mind, green?”

**Closest Disciple: Visiting Devotee:**

“He says that he has no money; he calls me a hard hearted Mother; he has no trade; no income. He complains that Mother gives for those who have come just the previous day. He chides me as a miser, a merciless person and a person who takes sides.

For the person who came yesterday I give what he asks for and I send him away. Whereas I keep the other person with me. He is not aware as to how I impart my power to him. Motherly love and affection can be sensed by the birds and calves only when the mother is near them. When the mother is not near them they yearn for her presence. Those who are with me are nurtured in the shade of motherly
love. Whoever comes and goes back with my blessings, 
pine for my love”.

**The Burden of Sin:**

“You must serve without bearing the burden of sins 
such as wealth – property – relationship. You must serve 
with responsibility”.

**Your Service would not go in Vain:**

“My son! Your service to me would not go in vain. I 
know those who have left their family and business to do 
serve to me. I know your service and the troubles you 
undergo”.

**Outdated Currency has its Value:**

“Bring everybody together and carry on your service. 
Don’t neglect or reject others”.

**Grains of Paddy and Humility:**

“My son, you must live humbly keeping a low profile, 
like the mature paddy grain which is ready for harvest”.

**About one who Talks ill of others:**

“Some think, ‘Why should we not kill those who speak 
ill of the mother?’ You must remember that barking dogs 
die barking”.

**Serve with Discipline:**

“You must not be carried away by passionate love, 
bondage and religion. You should discipline yourself and 
do service”.

**Just Listening is not Enough:**

“Just listening to what I say is not enough. Everyone 
should take it seriously and do their service”.

**Research is Going on:**

“After the conference held at Madras regarding 
spirituality, foreigners have started their research by asking 
the following questions: ‘What is meant by the power of 
Adiparasakthi? Who is Adiparasakthi? Who are Siddhas?’”

**Hard Work and Progress:**

“You can develop through work. You must understand 
the quality of work. Everything is done by work. I shall 
construct buildings with the power of neem leaves. But a 
building constructed through hard labour is of great value”.

**Injustices Done to others is known to Me:**

“I know some people wearing red dress and 
indulging in unjust ways.”

**Make others Give:**

“Try to drag another person by hand and involve him 
in acts of charity”.

**Membership to the ‘Sakthi Oli’:**

“Each one must become a life member of ‘Sakthi Oli’.”

**Politics and Spirituality:**

“Followers are bought in politics. But in spirituality 
the disciples pay and join. This is the greatness of 
spirituality”.

**Adigalar Belongs to the Public:**

“The followers of red dress mustn’t think that Mother 
and Adigalar belong to them. They belong to everyone”.

**Envy Even among Red Dress:**

“Envy is seen even among people who wear red 
dress. You mustn’t forget that envy would destroy you”.

**For Those who Refuse to Turn a New Leaf:**

“So far I pretended to hit you. You pretended to cry. I 
pretended to give you. You pretended to eat. Now everything
has changed. The time has come to reform you through harsh means”.

**Fakes Among Red Dress:**

“There are many people who cheat in the name of Adigalar. All those who wear red dress are not pure. They can escape law but not from me”.

**Disciples who have not Understood Adigalar:**

“There are red-clad devotees who still do not understand the greatness of Adigalar”.

**Don’t gauge by Money:**

“You don’t know in which body your soul is placed. So don’t judge devotion by money. Never disrespect anyone because of their poverty”.

**Why is there Misery?**

“While bathing, our body is cleansed but afterwards it once again becomes dirty. Similarly sorrows or miseries come at regular intervals. The followers of red dress must not think that despite of coming to Mother’s place they are not freed from their troubles”.

**You will Understand Yourself:**

“Those who are blind, dumb and deaf, don’t they live in this world forgetting their disabilities? Having blessed with the five senses you must try to keep them under control. If you practice self-control then you would understand yourself”.

**The Group of Red Dress:**

“I have blessed you with a good name for, wherever you go people identify your group by your charity and good service. It is upto your group to safeguard the good name”.

**To Bring you up:**

“A mother brings up her child with discipline and good character. Similarly, I as a mother involve you in spirituality in order to bring you up with discipline and good character. The world identifies a man as somebody’s son. Similarly, I want you to lead your life in such a way that world sees you as the ‘children of Adhiparasakthi’”.

**Do not think that Spirituality Grows because of You:**

“You can see your reflection not only in the mirror but also in water. Even if the sun casts its rays in water its total form is not seen. The form of the moon is reflected in water. If you disturb the calm water with your hand, it will appear as if the moon sways. Can you think that it is because of you that the moon sways to and fro? Similarly you mustn’t imagine that spirituality grows all by you”.

**By Doing Service:**

“If you continue your service your mind is purified. If not your mind would be shattered to pieces”.

**Red Clothed Devotee Becomes the Evil Eye to Himself!**

“Mother happens to be the child’s first evil eye. Similarly for the Red Clothed Movement the red clad devotee himself becomes the first evil eye.”

**A Great Man:**

“A housefly sits on all things. But a honeybee sits on those flowers which provide honey. Man is like the housefly. His mind is full of various thoughts. Magnet accepts only the iron that is not affected with rust. A great person is a person who attracts good things. In our world there are different kinds of politics and different kinds of posts. A person who is not attracted by these but is attracted towards the spiritual world alone is considered as a noble person.”

**For the Followers of Red Dress:**

“Don’t be like a piglet. Be like a calf. Don’t be like a
fox kid. Be like a puppy. Don’t be a bad person. Be a good person”.

**Red-clad Disciple: The Principle Behind Red-dress:**

“All cannot wear red dress. All cannot become disciples. Only those with strong will power and firmness alone can become the disciples of red dress”.

**Change Others to Goodness:**

“Having worn a red dress you should try to change at least ten people to become good ones. Only if there is a stem, the plant can grow. Your service is equivalent to a plant’s stem”.

**Don’t Play with Me!**

“You must not indulge in the unworthy deed of minting money in the name of my temple. If you play with me and face the consequence, do not chide me. If I reject anyone, I will reject him for ever!”

**Physical Eye! Vision with Insight into the Future!**

“Your physical eye should be transformed into vision with insight into the Future”.

**Be an Example:**

“When you indulge in spirituality your devotee considers you as God. So you must lead your life through devotion, love and affection. If you do so then only you as well as others can benefit from it”.

**Even a Small Service will have its Reward:**

“Each small drops becomes a big flood. A small chisel breaks a big mountain. Even a small twig will be useful as a toothpick. Likewise even the small service that you do will have its reward.”

**Service and its Benefits:**

“A small drop becomes a big flood. The flood joins the ocean. Similarly your small deed also bears great fruits. You cannot separate the water that has joined the sea. Similarly no one can take away from you the benefits of your service. You receive its benefits”.

**The Great Soul:**

“A candle sacrifices itself to spread light. Similarly the person who sacrifices himself to serve others is considered to be a great soul. The red-clad devotee should aspire to attain such a great state”.

**Country is becoming a Jungle:**

“This country is transforming into a jungle. If you want the country to remain in its original state, you should sincerely involve yourself in spirituality and do service”.

**A Gradual Loss of Faith at Present:**

“Now you don’t come to me with the same sincerity as you had come earlier. Your faith should increase by one forth, half, three forth and one. But it is vice versa in your case. If you want to avoid this state, you should avoid wrong deeds and should continue to perform good deeds.”

**Lead a Life Inter-twined with Nature:**

“Man can survive only if the flora and fauna around him prosper.

In spite of his great progress man has to depend on air, water and land.

We don’t know what would happen tomorrow. Destruction would come in the form of water, fire and drugs.

Laws of the present day is useless to man. He will benefit if he does service”.

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Don’t Wear Red Dress for the Sake of Convenience:

“You shouldn’t wear the red dress just because it does not reveal stain and dirt. The red dress must be worn to remove the stain and dirt in your consciousness”.

Strength of Service:

“Your soul gains strength and firmness through continuous service”.

Evil around You:

“How many evil things proliferate around you? That which you see – that which you hear – that which you read in books. I involve you in spirituality so that you are not affected by these evils”.

Body and Mind:

“Your mind must widen and not your body. Your knowledge must increase and not the size of your head. You must be great not because of your huge appearance but because of your magnanimous nature “.

The Spirituality that you have Developed:

“If you grow a plant you should pour water to help it to grow. Similarly you must foster the spirituality that you have planted.

If all the ‘red dress’ get united, the whole world can be toppled. Hence you should lead a reformed life in spirituality”.

Pretending to be Spiritual:

“Here I nurture spirituality with the help of your soul. You must involve yourself in spirituality with truth in your consciousness. The pretended spirituality will not last long”.

Nature – Science:

“Nature causes growth, science causes destruction. With your own hand you destroy yourself”.

Red Blood Cells:

“There are different colours like green, red and white within our body. There are many red blood cells. If they become less they cause death. Red also symbolises danger”.

Man and Science:

“Man and science cannot control anything”.

Medicine and Medical Science:

“A herb as well as a doctor are also affected by disease. Birth and death is natural to all”.

Scarcity is Possible:

“There is always scarcity despite working hard and scientific progress. Foreign countries also have scarcity”.

New Diseases:

“Though science has invented new medicinal cures and new surgical methods, diseases would increase as well as destruction”.

Have Reduced Men to Orphans:

“Today’s science, sophistication and modernity have left man as an orphan and as an uncultured person”.

CHAPTER - IX

SCIENTIFIC PROGRESS

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Beyond your Reason:

“You don’t know the form of Sakthi and the form of charity”.

Early Man:

“Early man ate raw vegetables. He was not affected by any disease. It is only after he has learnt from science to eat boiled and cooked food that he is affected by many diseases”.

Thoughts and Diseases:

“If your thoughts are pure then no disease can come near you”.

Reason behind Evolution of Nature:

“Mother’s love is pure and good. As a mother I have created Nature for you, giving you an opportunity to live in harmony with Nature”.

Can be Gained only by the Grace of God:

“I alone can give you rain, sunlight and food and so on”.

The Ruin of a Scientist:

“Science is the cause of a scientist’s ruin”.

Man and Animal:

“Animals do not possess spirituality. Man alone understands god”.

Selfishness of the Foreigner:

“The foreigner talks of law and equality. He preaches there should be no difference between the rich and the poor. Why should this person who talks of equality manufactures guns, military tanks and missiles? He earns his livelihood by merely professing equality. In what way has he progressed?”

There is no Protection in Service:

“The electricity that has been invented to enhance food production is now destroying lives. Science that has been inventing new equipment is simultaneously producing new diseases. Production should be productive, not destructive. Electricity, which is invented through water, is destroying water. You expect your children to grow in a correct and disciplined manner. If the child lacks discipline, it is ruined. Scientific progress is similar to that. Spiritual consciousness and the protection offered by Nature are the sole protecting forces of men”.

For Tomorrow’s World:

“The Divine worship, the spiritual worship, education, medicine, meditation, silence and self-control will pave way for the world of tomorrow.”

What is the use of Education?

“Today’s education helps to foster the craze for and modernity. It doesn’t help to improve people’s mind and their noble qualities”.

The Power of Science! The Power of Spirituality!

“The power of science will not provide mankind with eternal benefits. Spirituality has more power. Adigalar possesses tremendous spiritual power”.

Science Cannot Do:

“Science cannot create water, earth and air”.

Natural and Artificial:

“Since food is boiled and eaten, the body too has to be boiled. Nature needs no doctor, whereas artificiality needs a doctor”.

You can feel the Power, but cannot see it:

“The same power (Sakthi) is used for development
and for destruction. Electric power is used for the production of crops as well as cloth. The same is used to produce atom bombs. The power is used for all purposes. Above this there is a power which you cannot see. When you begin to understand the behaviour of a substance then only you shall begin to understand the substance. By seeing, you cannot understand it. You cannot see and understand air, water and food. You come to know them through your experience.”

**You cannot Defeat Sakthi:**

“You can defeat or win over rain and storm but you cannot defeat fire. That fire symbolises Adiparasakthi”.

**Air and Storm:**

“Air is the life giving breath of man. When the same air develops into a storm it destroys life”.

**Due to Scientific Progress or Development:**

“Due to scientific progress you have become narrow minded, lazy, sophisticated and have been possessed by evil thoughts. You will have no peace of mind. Due to scientific progress unity has been disrupted. A person not only indulges in murder and robbery but he also becomes a thief”.

**Nature and Man:**

“Nature lives not for itself. But man makes use of that which is available in Nature inclusive of animals like cows and goats. He doesn’t want to live for others. Man doesn’t have the qualities of Nature”.

**Artificiality Breeds Disaster:**

“Going against Nature would lead to disaster”.

**Science Destroys:**

“Science causes destruction in sea, land and air”.

**Fog, Rain and Disease:**

“Disease develops due to fog and rain. Now there is no fog. The air that comes from industries and vehicles forms a mist. This affects our health”.

**About Doctors:**

“Do not take medicines from persons other than doctors”.

**For the Growth of our Body:**

“World would progress only through spirituality, education, charity, charitable trusts and Justice. Nowadays wherever you look you see physical fights and the use of atom bombs”.

**Your thoughts too have Power:**

“If a nail becomes rusty you should throw it away in an appropriate place. If not it would prick you and cause pain in the sole of your feet. Similarly you should remove your bad or evil thoughts from your mind. If not it would destroy you. It shows that your thoughts too are powerful”.

**No Respect for Nature:**

“Since the natural tendencies in the world has become artificial. Nature has lost its value. Artificiality has become a slush”.

**Downfall of Science:**

“Miracles which have no rational explanation, occur in spirituality. Science only leads to destruction”.

**In what way is man Great?**

“Gun, disease and protection – all these are related to men. In this state how can man be great?”

**Spirituality – Contact with Nature:**

“If spiritual faith grows within the hearts of men then
Nature will also flourish. If Nature fails to do its duty then there would be nothing in this world”.

**Science – Self-Realisation:**

“Science breeds ignorance. Spirituality breeds self-realisation”.

**Nature cannot be Controlled:**

“Rain and Nature cannot be controlled. You cannot restrict them”.

**Natural Resources: Artificial Wealth:**

“With natural resources you can flourish. But with artificial resource you cannot not flourish. Artificiality is like a marshy ground”.

**Development and Destruction:**

“Man discovered science for his development. But his discovery has brought about his own doom. Gun is meant to protect man but it leads him to his destruction”.

**Be just in Industrial Department and Managerial Department:**

“You mustn’t be selfish and lazy. People in the industry and in the management must be just in their work”.

**Time favours whom?**

“Whoever protects justice, time favours them. It doesn’t favour those who do injustice to others and those who boast”.

**The Power of Atom Bomb and Spirituality:**

“Atom bomb cannot overrule the power of God and the spiritual power. It cannot affect them. Atom bombs were produced to kill laymen and not wild animals”.

**Natural Things and Man made Things:**

“When people used oil lamps, it didn’t affect their eyes. But with the coming of mercury lamps we can see the need for spectacles”.

**Where is Destruction?**

“Where there is injustice and science there will be destruction”.

**How to be Successful?**

“Through hard work and meditation everyone can achieve success”.

**Politics and Authority:**

“Politics and its supremacy cannot lead the people. It only causes destruction. Truth alone would lead us towards the right path. It is best to earn through hard labour”.

**Blessings and Character:**

“If we don’t have God’s blessings and good character then there would be revolts in this world. Charity and spirituality alone can subside revolts.”

**What do you call Progress?**

“If you sow a seed in a proper place and protect it, then it would grow into a plant. Instead if you sow the seed in a wasteland, and if you don’t take proper care of it, then it would die. Similarly a man who wants to progress in life must have self-control and good conduct. If not he would never come up in life. Don’t think that his progress is real. Do you know what progress is? The day you surrender at My Divine Feet controlling your mind and senses can be termed as progress. The progress in other fields cannot be called progress.”

**Nothing happens without God’s Blessings:**

“Even if you change the tax and the law you cannot prevent yourself from the oncoming danger. Water never dries out in the well where water is manually drawn. If there
is water in the well then only you can draw water. For this you need Nature’s support. You need rain. For both purpose you need God’s blessings”.

**Constructive Power! Destructive Power!**

“Power is used for both production and destruction. You cannot say what power can be used for what purpose. Flour is used to make many food items. Similarly power is of use in many ways”.

**Red Blood Cells in Human Body:**

“In today’s world, man’s red blood cells are decreasing in number”.

**If you fight against Nature:**

“With the help of the science created by him man has made it possible to give birth to children through artificial methods. Hence Nature creates along with that the disease AIDS. Fighting against Nature will lead to dire consequences”.

**Relationship between Husband and Wife:**

“This is the time when a husband robs his own wife. Both are different in their thoughts. Their family life would be peaceful if both of them involve themselves in spirituality. If the husband’s patriarchal pride dominates the family then that family would face destruction. The soul must be a peaceful entity”.

**Science Causes Destruction:**

“Man declares that he would go to the moon and the sun. He cannot achieve anything by going there. Science will lead to destruction.”

**Spiritual Field: Scientific Field:**

“There are poisonous tendencies and pretentiousness both in the spiritual field and in the scientific field. It is the responsibility of every one to understand and live cautiously”.

**Who needs Export?**

“We export goods. But here man needs export. Birds and animals don’t depend on export. When there is scarcity of food they migrate to another place and find their food. Only with man, rises the problem of food scarcity. So exporting food products is prevalent”.

**Science cannot give:**

“We see sun, moon and stars in the sky. Science cannot give the same light as the sun—and the same cool effect as the moon”.

**Decreasing Human Race:**

“Due to pollution, birds and animals have decreased in number. Similarly human race is facing destruction. You feed your children to make them strong. You must also teach them to share love among fellow human beings”.

**The Past and the Present:**

“In those days before cooking people used to sprinkle the cowdung mixture and would put the rangoli over it. It gave the benefits of sacrificial fire ritual. Nowadays we use gas stove to cook our food. As far as you go after science you are sure to face destruction”.

**Science and Self-realization:**

“Science brings forth danger. Self-realization removes your ignorance”.

**One Fourth Growth: Three Fourths Destruction:**

“If science gives us one fourth growth, it causes three-fourths destruction. Growth will occur only in the atmosphere of Nature”.
The End of Scientific Progress:

“We should learn to live in harmony with Nature. Health hazards have increased. Cities have become hell”.

Self-control:

“Five fingers are not alike; you cannot control the five senses. You must learn to control the five senses. At least you must try to do it”.

Unsteady Thoughts:

“Your mind must not be possessed by unsteady thoughts. Your mind will become tired”.

Bitterness and Sweetness:

“Birth, growth and death are natural in this world. Similarly, spiritual thoughts are a mixture of bitterness and sweetness. Air moves things. Similarly love moves our soul. Living things differ in their body structure and in their food habits. But all living things have a soul”.

The Reason for Diseases and Sufferings:

“Small stones gathered together become a mountain. Small sins gathered together become a burden. When water enters your head you suffer from headache. The same water when discharged as sweat your body relaxes. Similarly you should not allow bad thoughts to enter your mind. These bad thoughts come out in the form of diseases and sufferings”.

To what does Man become a Slave:

“Man mustn’t go after money. He must submit himself to truth and hard labour”.

CHAPTER - X

SELF CONTROL – DISCIPLINE

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To what does Man become a Slave:

“Man mustn’t go after money. He must submit himself to truth and hard labour”.
Control is Essential:
“Every one should have control over one’s mind, body and food. If you control your diet then your body would be under your control; if you meditate then your mind is controlled”.

Boats without Oar:
“You are all like a boat without oars. It is my responsibility to take you across to the shore”.

Need for Maturity:
“To have control over your body your mind must be prepared for it. To believe in someone you must have maturity”.

To Gain Spiritual Strength:
“To gain spiritual strength, control your food habits, control your mind! Do fasting! Undertake journey on foot (Padha Yatra). Here, tablets won’t work! Sakthi tablet’ (energy given by Sakthi – the goddess) will alone work”.

For a Healthy Body:
“If your mind is pure you would be free from diseases”.

Don’t think I am ignorant:
“Don’t deceive yourself thinking that I am ignorant! My blessings will always be with you down the ages. Don’t lose yourself for the sake of the ‘three-minute’ joy”.

Ideas and Disaster:
“When man thinks of bad ideas, disaster follows it”.

Destruction Caused by Bondage:
“Human beings bring up their children by binding them in ‘family bondage’. But birds and animals live in bondage only for a few years. It is only till the newborn bird learns to fly and protects itself by hunting its food that it is reared with affection. It is for their development that the young ones are brought up in bondage. But at some stage in their life they will get destroyed. Hence excess of love and attachment will increase anxiety and worry”.

According to the Vessel (Mind) that Holds Your Thoughts:
“You can fill water from a river in a big vessel or a small one or you could atleast drink it with the help of your hands. Based on the vessel (your mind) that holds your thoughts you would reap your benefits. So get rid of jealousy.”

Control of the Senses and its Power:
“When your five senses are controlled, five elements of Nature can be controlled. Five great sins can also be controlled.”

No Medicine:
“Any pain can be cured. There is no medicine for the evil in the perception of your mind. If you have control then you will find salvation. Control your food habits. If there is control of mind, these will be my Divine Grace and wealth.”

Your Thoughts are your Enemy:
“Your eyes may cause damage to you. Each one’s thoughts will get transformed into his destructive force (Yama) leading to his death.”

Forgetting one’s Conscious Self:
“People take drugs, to be in a condition where they can forget themselves. They include it in their food as well. They may reach a sense of forgetting their conscious self through this. But these methods are not the best. The method of forgetting the conscious self through the control of the senses is the best one. It will grant permanent benefits.”
Which is your Protection:
- “There can be destruction in any field. Involve yourself in spirituality and attain better life.”

A Situation where you go beyond yourself:
- “A drunkard drinks beyond his means. So he is destroyed. A stage beyond is present in everything. It is possible to go beyond the self in spirituality too. It is a beneficial phase.”

The Evil Eye and Jealousy:
- “All men are prone to evil eye. Jealousy and ‘back biting’ will be present. One has to experience this in the practical life of the world. If a snake is there on your way, you should be careful not to tread over it. You should be cautious. So, you should be careful in areas where jealousy and enmity are present.”

For a Long Life:
- “If he has control of his mind, senses and thoughts, the man who is supposed to live for 10 years, can increase his life span to 30 years.”

It is a Sin to Hear Evil:
- “It is a sin to speak evil and to hear it. It is like destroying a sparrow’s nest. If anyone speaks ill of Adigalar and Myself, take it through one ear and expel it through another ear!”

In the Field of Spirituality:
- “Those who are involved in spirituality should practise silence, meditation, self-control, and control of the five senses. Patience should not become jealousy. One should act with love and with oneness of heart.”

In the name of God:
- “If you do wrong in the name of god, you will have to fall a prey to the wrath of god.”

Exercise Self-control:
- “You tend to use your eyes, nose, ears for specific purposes. You do not use it for destruction. Everything should be kept under control. You should not concentrate only on earning money, doing work and gaining fame.”

Anger – Confusion:
- “When you are angry you are confused as well. When anger and confusion are combined together, a person’s character changes.”

Richness of the Earth, Rain and Mind:
- “The earth that appears as barren and mountainous, becomes green when it rains. Plants grow enthusiastically. Plants and trees flourish. Again during summer they are scorched.

‘ For the vegetation to flourish, the richness of soil and rain is required.

Similarly, if the human race has to prosper, richness of the ‘mind’ is required.

Firm root and favourable climate are required for the growth of the plants. Similarly man must have the favourable mental resource that keeps his senses under control, though he has gold and material wealth.”

To Prevent the Sins of your Previous Birth:
- “It is because of your sins of previous births that you suffer now. If you control your mind, your sins will be reduced.”
Controlling your Five Senses:
“If you control your five senses, the five elements will come under your control.”

Mind and Money:
“Keep your mind and money in a controlled balanced manner.”

The Dirt that is Excreted:
“The waste products in the body of men should be excreted. In the case of women, waste matter in the form of monthly mensus gets excreted. This results in the formation and creation of faetus. Similarly, when you indulge in spirituality, the dirt deposited in your mind should get eliminated.”

Control – Speed – Silence:
“If anything in Nature is controlled its speed will increase. If you control the running water, the speed increases. If you control the right to talk, you get angry. If the government controls family, it leads to lust. Hence to control speed you should practise silence.”

Maintain Silence to Solve your Problems:
“Life has a lot of problems. You should find solution to your problem only by the practice of silence. You need self-control. You cannot live without self-control. It would lead to problems. So you should do your duty systematically.”

Have Maturity:
“Even a hen has to have maturity to lay an egg. If a mother delivers a premature baby, it will not acquire full growth.

If a potter is not careful, the pots may not be good. So a potter requires maturity for his job. Everything requires maturity. Spirituality also requires maturity. Control yourself for atleast 10 minutes and meditate. If you do so, you will be able to think of death in a casual manner.”

When faced with Confusion and Opposition:
“Whenever your mind is confused – whenever you have to face opposition – practice silence for ten minutes.”

If you want to fill yourself with Blessings:
“Only if you control your senses and have your heart open can the spiritual water be poured into it. If it is filled with desires then there is no place for the water of spirituality.”

Control Yourself:
“When you have a controlled mind you will gain a sense of responsibility. When you are duty bound you will gain responsibilities.”

The Path You Choose:
“You should learn to control yourself. The path you choose should be a good one.”

Spirituality among Children:
“Spirituality should be taught and spread among children. Your heart should be filled with love. Remove dirt like torturing, sinning and jealousy.”

The Darkness in your Heart:
“Even though you have good petrol, the car always emits black smoke. So also even if your heart is pure there is still dirt in it. Spirituality is the only medicine to remove your ignorance.

Spirituality is the Medicine to Remove Mental Dirt:
“Only the spring from which water is drawn, will yield
plenty of water. Only if the water that springs is pure, the water that is drawn will be pure. If the water that springs is stagnated water, the water that is drawn will also be impure. Your thoughts get manifested in action. If your heart is impure, it would manifest externally. The dirt in your heart does not have any medicine. Only if you involve in spirituality and indulge in silence, meditation, prayers and service, this mental dirt can be cleansed. Just as a jasmine can bloom even in dirty water, spirituality can bloom even in a dirty heart."

**Self-control:**

“If you boil the milk, its thickness increases. If you control your mind, spirituality develops.”

**The Copper Vessel and its Lusture:**

“A new copper utensil, as time passes, gets corroded. Similarly, to people like you who are involved in spirituality, I impart peace, meditation and education so that you gain lusture. Your continual involvement in spirituality will bless you with benefits.”

**Do Good:**

“Whatever people do, they should always do good. Seek the good and protect the good.”

**The Ego:**

“If you are conscious of your ego, then it would lead you to your downfall. The sound ‘I’ should get transformed into the song ‘We’ and sound sweetly”

**Self-control and Peace:**

“If you suffer from pain in the stomach you take in medicines. If you are not cured, you go for a medical check-up and an alternative medicine. Your mind seeks peace. If you do not get it, then search again. If you keep your mind under your control then you will get peace.”

**Controlling your Feelings:**

“If you want to protect yourself then, you should exercise control over your senses.”

**You can Control Nature:**

“If you control your senses, then you would gain strength to control Nature.”

**The Power of the Unity of Mind:**

“Rather than throwing things in the attic at random, if arranged properly in a sack it is better organized and easier to throw the bundle up the attic. Similarly if you can keep your mind controlled and concentrated, it will help you to lead the right path.”

**Desire for Women and Money:**

“Do not let the desire for money or women enter your mind.”

**Your Mind is a Vessel:**

“Scrubbing a vessel improves its appearance. So also by controlling your mind you can achieve great things.”

**If you lose Control, your Destruction Increases:**

“Even the sea has certain bounds. The river has a riverbed. Even the sun and the moon are under control. If these lose their bounds, what will happen? Everything, from a tiny worm to a human being have a certain boundary. You should not cross them. The outward eye should get transformed into inner eye.”

**The Power of the Mind:**

“Fire can be put out by water. The same water can also create fire. Both can be destroyed by air. But these three can be controlled by your mind.”

**The Five Senses – Five Elements:**

“Today’s man has evil in his eye, ear and tongue. The
five senses are equal to the five elements. You need a good heart to control them.”

**Control Over Senses:**

“For peace and spiritual progress the five senses should be controlled.”

**Oneness in Spirituality:**

“Although a village has many political factions they should be united. Just as we act unitedly in functions like a marriage or death ceremony, without revealing the differences of opinion, act unitedly and with the feeling of oneness in the field of spirituality also.”

**The Vow of Silence**

“You should not think that you can practise silence after having three ‘full meals’ a day. There is no use if you practise silence according to your whims and fancies. Your ‘final silence’ is with me. However, I shall test you by teasing when you practise silence.”

**The Rain – Vegetation:**

“If the monsoons are not on time, the trees, the plants have to wait for a year. During the rainy season next year, they bloom and protect themselves. Similarly, a man who practises spirituality should bear the sufferings. Even though he suffers in this birth he will reap benefits in the next birth.”

**Your Agony - Reasons:**

“Although your food may be different the way you eat remains the same. Everyman physically differs from the other but his heart remains the same. After you take in the food, the waste is excreted and hence the body remains healthy. The dirt deposited in your mind should be removed. Only then your soul will be good. The dirt deposited in your mind gets expelled in the form of your agonies.”

**Live Together:**

“There will be an intelligent, an ignorant, a hunchback and a blind among men. Just as birds flock together man should be united.”

**Control Over Senses:**

“If your five senses are humble then the five elements will be in harmony. If you cross your limits the elements will not be in harmony.”

**Human Life Requires Discipline:**

“What does a farmer do? He is careful in planting seeds. He makes small partitions. When the seeds germinate, he takes care of them. Along with the plants, weeds also grow. Human life also has weeds. From the age of sixteen to the age of thirty-two a man’s heart has many weeds. They lead to his destruction. Just as the way in which the plants are disciplined through the minor basins formed, human life also should have discipline. Just as the way in which weeds are removed, similarly, the weeds in our heart should be removed. Affection, “Anma” (soul), motherly love, helping tendency, attracting tendency, growth – all these should be kept under control. If all these grow in such a manner, life will reap its benefits.”

**Do Not Let Your Mind Wander:**

“Cotton is carefully preserved in the pods. It could be put to good use either for making a pillow or a mattress. If it is let loose in the air it will be of no use. The mind is similar to cotton. It should be kept under control. Only then you will do good work and attain victory. Otherwise your mind will start involving itself in evil activities.”

**Don’t Let Your Mind Shatter:**

“You can see your image in a mirror. You can see the
form in your eye too. Don’t let the mirror of your heart Shatter. Enmity, jealousy, should not come near your heart.”

**For a Nation to Prosper:**

“This nation which was once a peaceful nation, has now become a nation of bombs. Only if there is water in a well can you draw water from it. A plant will grow well only if it is planted in the soil, watered and suitably manured. It must also be fenced and protected, to enjoy the benefits.

Similarly, a country will progress only if there is discipline, morality and spiritual consciousness. The future of the country will be excellent. Otherwise, the peace of the country will be shattered.”

**The Power that Controls a Person:**

“No one takes up the responsibility of protecting the world and protecting his parents. Only when each one becomes a parent he would realize the value of love, affection and responsibility.

Diligence, love and affection alone will discipline a person.”

**During Death and During Life:**

“When a man dies, the fat in his body helps to burn his body and reduce it to ashes. Death does not require excessive expenditure. But when alive, adequate money is not available for expenditure.”

**To the Life of a Human Being:**

“A man’s five senses are responsible for his superior or inferior position in his life. What would happen if the fishes eat the sea? Similarly, you will have to reflect as to what will happen to the soul if it is overpowered by the violent behaviour of the five senses.”

**The Strength Derived from the Control of the Senses:**

“Firewood formed by bundling together several twigs cannot be broken easily. Similarly if you can co-ordinate your senses and keep them under control, you can never be shaken.”

**Weekly Once:**

“One a weak you should exercise control over your food.”
Today’s World:
“Spirituality is on the decline in today’s world. Evil forces have increased their domination. That is why instances of terrorism, confusion, murder, looting and arson have increased manifold in the society. If spirituality and religious fervour decline, there would be more of disaster and destruction. Then, the world would surely be on the brink of ruin. Hence, my son, only if spirituality and belief in God and divinity increases, there shall be a sense of well being in the world.”

Law and Whip:
“The law has become a whip and people are using the law as whip.”

The Avaricious Man:
“A man who is after material wealth only carries huge bags of garbage on his back. He suffers from sleeplessness. He has no sleep inspite of his soft bed. He has to depend on tranquilisers.

Spirituality is the only way to peace. Nature, Mother and faith in the Divine are the means of attaining peace.”

High, Middle, Low Classes:
“The man who does not realise that money is equivalent to corpse and goes behind material pleasures is attached to aeroplanes, ship car, and so on. He is held in esteem by the middle and the lower classes.

But when the man in rags becomes rich he is neither acknowledged nor respected by the people in the middle and lower classes of the society. On the other hand, they ridicule him. We cannot reform the middle and the lower classes.

They are like four dogs fighting over a bone.

Only religion can reform the lowest strata of the world.”

Tears for Love and Tears for Gossip:
“There are tears for both love and gossip. There shall be a stage when there shall be no tears left. Man does not rely on hard work to become successful. No tears for love. There are tears only for gossip.”

Milk and Moral Behaviour:
“If cow’s milk or buffalo’s milk is consumed, one can sense the distinct characteristics of these two types. Similarly ideas arise according to characteristics. Like thrown objects returning to us, we are returning from the new era to the old era.”

Kaliyuga and the World That is Getting Emptied:
“In this Kaliyuga, there is the fear of the world getting emptied. It is suicidal. People, in the past used to die just by a mere poke of an injection. Now immediate ruin occurs just by the sprinkle of medicine near the nose. The breath will subside.”

Politics is the Root Cause:
“Politics is the main reason for the world turning lazy, and sluggish.”

Spirituality – the Lone Controller:
“Spirituality only can control and conquer various atrocities and anti-social actions taking place in the country.”
The person who is involved in spirituality will be safeguarded in future."

**Since Spiritual Consciousness has Declined:**

“Since spiritual consciousness has declined, there will be rain and fever only in some places, and there will be the fury of Nature, atmosphere, earth, sun and lust.”

**In Politics:**

“There will be an increase of assault, ruin and vengeance in politics. Politics will get beaten up by the politics itself.”

**Educated Person Vs the Boor:**

“Education should enhance the development of good qualities in a person. On the contrary, the educated man of today behaves worse than a country bred and uneducated man.”

**Changing World:**

“Nowadays we can see a lot of changes in the world pertaining to work, thought and spirituality.

This age which must be a joyful age has become a boring age of Kali or Saturn. When women involve themselves in spirituality, this world will become an endearing world of joy and responsibility.”

**Depletion of Resources:**

“There is depletion of earth’s natural resources in the present world.”

**Today’s World:**

“Today’s world has become indifferent to moral values and affectionate relationship.”

**Destruction Due to Jealousy:**

“When excess of air is pumped into a balloon it will burst. Similarly if excessive jealously accumulates in the mind it will cause your destruction.”

**Laziness Resides:**

“The world is so sluggish. Like cows destroying a fertile patch, there are people who are ready to destroy a prosperous person.”

**It is a Treacherous World:**

“Time is treacherous nowadays. We must carefully safeguard our children. One cannot believe one’s own eyes. You should be careful while travelling.”

**Time of Peace! Time of Destruction:**

“Only the time of religious fervour will be the time of peace. But an age of arrogance will definitely be an age of disaster.”

**Why is there So Much of Chaos in the World?**

“There should be purity of mind. Since it is not present everywhere, there is an increase of evil activities like murder, treachery, looting and destruction.”

**There is Adulteration Everywhere:**

“There is pollution and corruption of all kinds everywhere. There is adulteration in birth, upbringing, and in every day speech. There is cheap adulteration in everything that is bitter-sweet, truth-falsehood, and so on. There is adulteration even in science, technology and in oil. These adulterations pave the way to ruin and disaster. Only spirituality alone will pave way for mankind.”

**Ancient Days:**

“In the ancient days, people worshipped Adhiparasakthi. In those days integrity and diligence were there. People depended only on what they got from Nature, like raw food materials, leaves, roots and fruits for their
sustenance. In due course, they started eating boiled fruits and vegetables because of their scientific knowledge. Nowadays there is no diligence! There is no integrity.”

**Life is like a Mirage:**

“People are living in a mythical world, woven by illusions.”

**Man’s Mad Chase After Name and Fame:**

“Man who is forever thoughtful of existence, does not pay attention to death at all. He is mad after name, fame and glory and all material possession. He does not realise that these are merely temporary phases in life. He should always think about his past, present, and future state of affairs.”

**The Past Humble Life in the Hut and the Present Luxurious Life in the Palace:**

“When man lived in humble dwellings, he led a very modest humble life like the mature paddy plant. But soon after his residence in multi-storied houses, he has lost his peace of mind and he has become avaricious and is after fame. Like the saying “as you sow, so shall you reap”, only good thoughts can beget good life.”

**The Lawless World of Today:**

“There is no law and order at all now a days. There is no value for the existing law and order. There has come a time where the very fence needs to be fenced, instead of the fence becoming a support or protection to the crops.”

**Past and Future:**

“Past has been a golden age, future will be an age of wickedness.”

**Flood of Time-Flood of Lust:**

“At present the flood of time has become the flood of lust.”

**Tomorrow’s World:**

“In tomorrow’s world even a simple sport can be the cause for destruction.”

**The Cause of Destruction Today:**

“In practical life there should be self-discipline and self-control. If falsehood increases and prevails, then there shall be total ruin. In fact, this is the main cause for today’s ruin.”

**The Plans Formulated by me:**

“There has come a stage, when mere words have become ineffective. You should understand the plans formulated by me for the welfare of the nation. You should understand the purpose of worshipping centres, collective prayer, meditation, social services, sacrificial fire rituals for the welfare of the nation, and spiritual conferences.”

**Divine Force Alone can Give Protection:**

“The feeling that man cannot protect himself by mere weapons and armed forces. Only Divine Power can save us, should prevail always. If that prevails your state of honour too will be safeguarded.”

**Porridge and Physical Health:**

“In the earlier days people survived and stayed fit by mere sustenance on porridge. But nowadays man is killing himself due to drug addiction.”

**Self Help is the Best Help:**

“You must be alert in all fields and in everything around you. There is no point in depending on the world around you – and the government.

Self-help is the best help.”

**Politics and Science:**

“No one can be saved by politics. Science may find
out new methods and techniques. But there will be no roots or basis.”

**Diamond and Glass:**

“We may cut many glasses by a diamond. But only a diamond cannot be obtained from a glass. But only a diamond can cut a diamond. This world is like glass. Glass-like world is becoming a fungal world. It is destroying itself. None can save this world.”

**Politics and Science:**

“Politics and science may think of destroying spirituality. But they cannot. There shall be a wasteful expenditure because of science and technology.”

**Today’s Politics:**

“If hundred men get on to a boat that has the capacity to hold only ten passengers then what would happen to the boat? It would capsize and sink. This is the kind of politics we are surrounded by.”

**Man and Beast:**

“In the earlier days, man and beast coexisted. There was prosperity then. But in due course, man has turned into a beast. But animals have not changed their way of living. Animals are contented with the food they get from the natural resources. When there is scarcity it practises fasting and leads its life intertwined with Nature. But man has enslaved himself to materialistic passions and lives by artificial means.”

**Scientific Progress:**

“Man should never think that he can progress with the help of science and technology. People think that they can lead a healthy life by surgery. It will endanger their lives.”

**Political Scuffle:**

“One person thinks that he can beat up another one. The latter thinks that he can beat up the former. If I start beating, both of them will not survive.”

**Towards the Path of Destruction...**

“World is moving towards destruction. Only spirituality can save this world.”

**Kaliyuga:**

“Kaliyuga means an age ruled by Satan but this yuga seems to be governed by lust.”

**Qualities Caged inside a Man....**

“The instincts of lion, tiger, cow and a goat are enclosed in the cage of man.”

**You are your own Enemy:**

“There will be a lot of rebellion and unrest in the country. Man himself will be the cause of his destruction. He may poison himself.”

**Work and Sustenance:**

“Though one may become weary after a day’s tedious work, he may atleast get good food to eat. But if he is lazy, he cannot survive at all. He will only face unnecessary trials and tribulations.”

**Righteousness and Politics:**

“I shall assist and protect politics which is guided by righteousness.”

**Atrocities will Result in Destruction:**

“99% of the world is infested with atrocities. Hence there is ruin. If a person is not serious in his utterings he might face destruction.”
Law and Justice:
“Law is false. Very soon its true colours shall be revealed. Only justice shall survive.”

If there is no Unity among Religions:
“You should work sincerely without being fanatic. A golden age awaits. Enemy will gain if people are divided. Injustice will prevail if there is no unity among religions.”

Atrocity and Science:
“Where there is atrocity and science, there shall definitely be ruin in any form. I am trying to shield the world from disaster.”

The Inventions of Science:
“You will soon witness the fact that whatever the scientist invent for constructive purpose, will culminate in destruction.”

Politician – Spiritualist:
“The man in the gutters will not know the greatness of sweet fragrance. Therefore he will not try to get away from the gutters. Similarly a politician would refuse to emerge from the gutters of politics and seek solace in spirituality. But a spiritualist will consider both divinity and politics to be the same.”

Mind and Money:
“Money is in the mind. The mind is with the money. This my son is the state of the society of today!”

Scientific Progress:
“Many machines have been invented in the field of science. Despite scientific progress, people are in a state of asking alms in the streets.”

The Activities of Today’s People:
“Today people feel that they can lead their lives as they wish, without adhering to proper codes of conduct.”

The Main Reason Behind Murder:
“The moment you are greedy to obtain someone else’s possessions, it leads to murder. If you give importance to these things, it may prove fatal.”

Trifle Coins – Cemetery:
“A mean minded person would end up in the graveyard. A mean mind like trifle coins with lead to cemetery.”

World is becoming a Jungle:
“There’s a lot of burden in the world. People are hypocritical. The earth rotates fast. It is getting transformed into a jungle. Thoughts and actions are changing fast.”

There will be Destruction in this World:
“There’s land, there’s sky above. You can hear people scream, Mother! Father! There is also the chanting of the “Om”. There’s a lot of lavish spending. There is the cry out of pain. There’s reality, there is illusion. There’s destruction both by body and by mind.”

Fence – Crop:
“There is no question of fence trespassing into the fertile land; but fertile, fully grown fields encroach upon fences now.”

For the Progress of the World...
“Spirituality, education, generosity, uprightness and a moral code of living – these can only contribute to the progress of the world. Since they don’t exist now, we come across incidents of violence, looting, arson and murder and bomb-blast.”
**Consequence of Over Population:**

“When there are ten members in a family, they fight amongst themselves for the basic amenities like food, clothing, shelter and peace. Children fight among themselves. The state of the nation is similar to that of the homes. When these is over population, such conditions will arise.”

**Death Rate:**

“Death rate was less when man lived in caves and forests. But the rate of death has increased when he has chosen to live in secure environment.”

**Sterility:**

“Infertility is common to both man and woman. But only the barren woman is often ridiculed by the world.”

**In Politics...**

“Both the leader and his follower do not respect each other mutually.”

**Fast Developing Modernity:**

“Those days when man died, his skeleton at least could be retrieved. But now, even that is not available as bodies turn into ashes in the electric crematorium. If your dead father is handed over on one side, you are given his ash on the other side.”

**How can good prevail?**

“How will the world be good when there are five or ten good people and ten lakhs bad people?”

**The Increasing Arrogance:**

“Casteism, fanaticism and the greed for name, fame, power and riches have grown manifold.”

**Life without Protection:**

“Earlier, your house was your shelter. But now your source of security is your own gun.”

**Hints to Destruction:**

“Though the world is round, clashes continue as wars between neighbour countries or neighbour states. There is fight in the name of power, fame, jewels, riches and so on. These arise due to man’s avarice. Both progress and destruction coexist. These are mere cues to destruction. Just as the sound of bells indicate the arrival of an elephant, whatever is happening now are merely indications of today’s destruction. There’s no ruin if you are patient; but there’s total ruin if you are greedy and envious.”

**The Greedy Smuggler:**

“There is a limit to man’s desire and possessions. He is so greedy that he accumulates wealth beyond limit and thinks that he is safeguarding it. He bundles up gold and diamond and hides them in the sea and then goes on throwing nets and angles in search of them. There should be a limit for one’s desire.”

**Don’t get Cheated:**

“Don’t get cheated by taking in the deceitful medicines and duplicates. From infants to old people, all survive on medicines. The most suitable for you all for ever is the medicine called ‘Amma’ (Mother).”

**Injustices and Severity:**

“Today our country is tossed by atrocities and injustices. There is an increasing trend in earthquakes, accidents by rail, air, and bombs. Where there is arrogance, there shall surely be destruction. If this persists, then there shall be no peace at all.”
Not an Iota of Development in You:

“You have been an ardent visitor to this place, from time immemorial. But there is not an iota of development in you. You are totally indifferent to my words. You seek guidance in all natural aspects like matrimony, politics, money, fame and name, when you come to me.”

People of the Present Day:

“People are not ambitious to emerge self-made. They do not seek solace through spirituality. This world should understand that peace is possible only when the world is ruled by divinity and spirituality.”

Accumulating Wealth Means Robbery:

“The more a man is avaricious to hoard jewellery food, material wealth and money, the more, shall be incidents of looting, stealing and ransacking. Instead, it is better to possess a charitable, and a generous disposition.”

Future will be Dangerous:

“The future is just horrible. You should forever be sharp and alert. Children don’t thrive on mother’s milk. It is difficult to distinguish between the good and the evil.”

Barter System: Exchanging Money:

“Nothing took place during the times of barter. Soon after the pursuit of trade through money and jewels. Criminal activities are on the rise.”

World is Enamoured in Glamour:

“Today people run after the mirage of mass media – attracted by glamour of cinema, television, music and dance shows. Mirage will not quench one’s thirst. If one dances on the floor, he can escape with injuries. What will happen if one dances, climbing up on a tree?”

The Sad State of the Educated Man:

“Only the intelligent are falling into deeper wells of disaster and destruction.”

Emotion Caused by the Organized Gathering:

“If the meeting is organized for instilling the feeling of unity, the meeting is good. But nowadays public meetings cause confusion and murders.”

Money and Justice:

“You buy justice by giving money. But you cannot escape from me”.

Future is Wicked:

“Man is more concerned about ways and methods of cheating people. Neither his thoughts nor actions are pure. The pen that has to write the future will become a knife. The fingers that hold the pen will become a gun, and the matter that is written will become poison. Only the propagation of spirituality can check this development. But there is no peace in any field. There is destruction when Nature unleashes its fury.”

Smuggling and Stabbing:

“We seem to be singing our past glories and relishing the same. At the same time man commits heinous crimes like murder in broad daylight. In order to put an end to this, you should cleanse your heart. It is because of glamour that smuggling and stabbing occur.”

The Way of the World:

“What is given will not be returned what is expected will not happen. This is the way of the world. You should understand this and should not allow your soul to desert you. You must possess an innocent mind and not a corrupt mind.”
The True Man:

“One who does not have violent passion for murder, drink, money and lust is a true human being.”

Destruction for the Man of Today:

“Today’s man shall be destroyed by his own evil circumstances, his actions, and rapid advancement in science and technology. He may also be ruined by his greed for money and drugs.

Ancient Days: Modern Days:

In the ancient days, kings were all concerned about their subjects’ welfare even at times of war. If they conquered a fortress, it was assumed that they conquered the very land. But today’s modern weapons destroy both men and their basic amenities. Thus science brings ruin. Concern for public welfare is totally lacking these days. This disastrous tendency can be controlled only by the practice of spirituality.”

Control – Scarcity:

“If there is self control in the world, there shall not be scarcity. If there is scarcity, then there shall be no self control at all.”

Hard Labour – Wages:

“The condition of today is such that labour is not proportionate to the wages given and the wages are not proportionate to the labour.”

All Educated Men are not Wise:

“For the human being of today drugs have become their food. All learned men are not wise.”

Flags! Murders!

“It is the proverb of the ancient times that the administration of a country will attain great heights depending on the progress of the people but nowadays when the flag of a country rises high proving her administrative ability, murders too rise in proportion to the murders committed.”

Cheating is Prevalent Today!

“The time is such that a spiritual person will turn into a thief and a thief into a spiritual person. The beggar cheats for his livelihood. A pretender too cheats. Both are similar in their act of cheating. A madman does not know to hide what is going on in his mind. A spiritualist too does not know. In that aspect, a spiritualist and a madman are similar.”

You need Self-control while Bringing up a Child:

“If the goats move away from the shed they become the property of the fox. Your children may go astray if they are not brought up in a disciplined manner. Subsequently, they cease to be your wards.”

Fences Destroy the Crops Instead of Offering Protection!

“Fences destroy the crops. If cow’s thorn (thorn of Nerunji or the herb Tribulus terrestris) pricks it is not a matter to worry about. But the fence does not know what will happen if kara thorn (karamul) pricks.

One may get hurt on the door step of one’s own home. The electricity there may cause him shock.

They always think of the means of cheating others. Whoever comes here have the desire to become kings.

No one has the fear about the presence of the Divine force.

One may escape from the clutches of law. But no one can escape from the clutches of this goddess Sakthi.”
Money – Sin:
“However rich a man may be, physically handicapped children are born to him due to his connection with the sins he had committed in the past.”

Why are there so many Problems?
“The ancient man did not have variety of dresses or houses to live in. So he had no problem. The contemporary man is civilized. He wants to enjoy everything. Hence his problems multiply.”

Educational Knowledge and False Modernity:
“Personal relationships among mankind are shattered due to education and the pretension of being civilised. A rich doctor ruthlessly sends his servant for treatment to a government hospital rather than keeping him in his private, personal care.

The same doctor, feels sad thinking about the ingratitude of his servant during his old age.

How could he expect gratitude, when he has not treated his servant with human love.

The employer as well as his car driver are equal in my temple. But the employer treats him as a stranger in my divine presence.”

Ups and Downs:
“There is inequality in the creation of your own fingers. Only when all the fingers including the small ones coordinate, an object can be lifted, held and kept in the appropriate place to hold things.

Just as they act unitedly, to become useful, human beings should live in unity. Only then a country will progress and in turn world will progress. Each one is endowed with a unique power. Great achievements will be possible only if these powers of human beings are harnessed.”

There is No Honesty:
“There is no honesty in today’s man. He is inclined to harm another. He should keep his body and mind clean. There should be love and affection in the place of arrogance. If there is arrogance and ego, it leads to unnecessary confrontation amongst individuals.”

Education Alone is of No Use:
“Bookish knowledge cannot be put into practice. Learning alone is not enough. Refinement is very essential. Only human beings have such activities like worship, charity, settled home life.”

Practical Life of Today; Rotten Life:
“If the land is marshy, the seeds sown will become rotten. Similarly the practical life of today’s world is rotten.”

Today’s World:
“The world is round. A home and a world are similar. There is at present deterioration in spirituality, in home and all other fields.

People of today think that they can live in any manner and can earn money by any means. They even think of murdering another. Such is the state of today.

If four persons are highly spiritual, forty persons are rogues. There is a lot of disparity between the devotion within and its external manifestation outside.

Each one should remember the past, present and future.

Attachment is the Cause of your Revelry:
“How to cheat? Whom to cheat, when to cheat? – these are the prevalent issues today. You must be happy with what you have. Attachment is the cause of your revelry.”
The Sad State of Today:

“The country is in a state of unrest. We should understand the present situations. The world is such that instead of offering a cup of fruit juice for Rs.10/- it would administer poison unto you.

Mixing water or drugs in the milk, snatching away money by sprinkling the dust that causes unconsciousness, alluring people by false promises – like giving this or that; are prevalent today. Whatever are man’s thoughts, are considered to be man’s wisdom. In fact wisdom denotes man’s capacity to discriminate good from evil and concentrating on the good. But today the meaning of ‘wisdom’ is different.”

Man comes to Spirituality after Losing Everything:

“During his childhood days, man is playful and immature. He lacks discipline. As he grows up, by virtue of his experience, he becomes mature and intelligent. But he uses this intelligence for indulging in forbidden activities.

He wastes his intelligence in activities like adulterating milk with water, and taking opium, drugs and drinks. He gives the drink to his wife, son and daughter. Hence he behaves without even realising the relationship. He cannot distinguish between fire and electricity. He does not understand the relationship

In his bid to acquire the intoxicating things like name, fame and position, he ignores his own parents.

Finally, after losing everything he takes the spiritual path.”

People of the Present Day!

“People of the present day pine for their selfish needs, gold and money and they do not pine for their fellow human beings.”

In the Name of Civilization:

“Man today is ruining himself in the name of civilization. The condition is such that no amount of reform is possible. Only establishments founded on spirituality alone will flourish. Instead of ‘yama’ (the God of Death) visiting you, You go in search of ‘yama’ such conditions prevail.”

Why is there Scarcity in this World?

“Due to evil and wickedness, we face a lot of scarcity in the country. If we do good, we shall reap the same. Good begets good, evil begets evil.”

Desire Breeds Danger:

“Desire is like fire. It is like the sugar syrup that is getting cooked. We should safeguard ourselves from falling into fire and sugar syrup.”

Why do Problems Occur?

“You all can lead a perfect unproblematic life if a child behaves like a child, a husband like a husband, a wife like a wife, brother like a brother, sister like a sister and a son like a son. The multitudes of problems that arise are due to the individuals not realising their responsibilities in their respective roles in the society. Your thoughts are adulterated. There is no purity in your thoughts. No one has reformed himself so far.”

Burden has Increased:

“Deceit has increased in the world. Hence the world is burdened with a lot of sufferings.”

As Long as Arrogance Exists:

“As long as you are arrogant and proud there will be no peace of mind at all. Property! Grace! Peace! If you want this you need Amma.”
The Illiterate and the Educated:

“The illiterate too have a soul! They will not pretend as though they have understood, what they have not understood. They commit mistakes only if they have not actually understood. But the educated will pretend as if they have not understood. Moreover they will also pretend as if they have understood everything.”

For the Rich People:

“It isn’t enough if you are rich. You should also gauge what’s in the mind of your company.

Politics and the Common People:

“You should know the tactics, the illiterate common people can adopt to escape from the political system of today.”

Man in Today’s World:

“Today’s man is sinking in the desires of the world. There should be self-control in food habits. He should close his eyes for ten minutes and should meditate to get mental peace. The practice of meditation and silence is essential.

Competition and jealousy will lead to ruin and death.

Due to Circumstances:

“The child who had been affectionate till yesterday becomes wicked as he grows up. When dirt combines with germs, diseases are caused. When the children brought up in a conducive atmosphere mingle with the children brought up in bad atmosphere, they acquire bad qualities.”

Why are there Quarrels?

“Even animals have mind. They lead a contented life with whatever they have. Man alone is not satisfied by whatever he acquires. That is why people shout at one another and exchange blows. Due to this, there is shouting and scuffle everywhere.”

Who is a Human Being?

“The true human being is one who has suffered in life and who has known the nature of death, but still thinks that he should live for the poor and the good, he should safeguard justice and righteousness and sacrifice his life for eradicating injustice.”
CHAPTER XII
CHARITY - DHARMA

Sins:

“Even if man has committed nine sins and has done one good deed, I shall give him benefits, for the sake of that good deed. It is the nature of man to think about nine sins committed. But it is the nature of the divine to think about the only meritorious deed performed by him.”

Adiparasakthi Centres for Weekly Worship:

“The Adhiparasakthi weekly worshipping centres should be involved in charity besides fostering spirituality and devotion.”

Destruction due to Desire:

Do not go after material wealth. Money is equivalent to a corpse. Accumulated wealth should be spent in just deeds of charity and righteousness. If you think of accumulating money by being stingy, it will multiply into your debts and diseases and will lead to your destruction.

During “Adi” Puram:

Those who wish to engage themselves in feeding the poor during ‘Adi Puram’ (4th Tamil month – July-August) and providing gruel and those who do the same at my command on Adi Puram, must settle down, on this occasion at the entrance of Melmaruvathor, with their family and should wear wet red dress while preparing the food (without involving their servants). It will be significant if they wear neem skirt like a wrapper round while circumambulating the temple and performing the deeds of charity.”

A Small Seed! A Small Deed of Charity!

“A small seed germinates into a plant and grows into a tree with flowers which in turn becomes fruits. Similarly your act of giving ten paise as charity, has the capacity of growing like a tree. This act of charity will never meet with destruction at any age. Money gained through unrighteous means will not grow into a tree. It will be destroyed.

Gold – Wealth:

“Gold and wealth are equivalent to corpses. Don’t give importance to them! Instead be charitable. This will redeem you from all sins. At the same time, do not turn the Adhiparasakthi Spiritual Movement into the movement of fostering lazy persons. Provide tools to a poor man who wants to earn his livelihood through hard work. Teach him to earn his livelihood by hardwork.”

Charity Has its Own Fame!

“Charity has its own fame. There is envy in that charity. I am capable of raising huge structures by just stripping off neem leaves. But they will not be permanent. That which is raised by means of hardwork, charity and service alone will remain forever. Such constructions will have great value.”

I am Asking Everyone to be Charitable:

“I request all the devotees to donate cement, bricks and granite and basic commodities required for construction. I induce people to donate and involve in charitable deeds. I do not differentiate between the rich and the poor. I help them to gain the fruits of charity. This temple should stay stable for ages. Your progeny also should gain benefits generation after generation. My son! You should
understand that it is for this reason that Mother is inducing you all to involve yourselves in deeds of charity."

**Distribution of Food! Distribution of Clothes:**

“While distributing food and clothes, women should distribute to women and men should distribute to men.”

**Many are Ready:**

“There are many who are willing to donate huge sums of money. But you should not miss the opportunity you get and the opportunity given to you.”

**In Future:**

“I shall establish several charity organisations in future.”

**That which you cannot do...**

“You cannot construct a temple for me or evolve plans for the development of that temple. My residence is in the graveyard. Hence I have arranged for birth inside a house and death outside.

I have handed over the clay in your hands. It is up to you to mould it either into a monkey or a deity. I have told whatever I wanted to tell. It is your responsibility to follow whatever I have said.”

**Why Destrucions have Increased?**

“When Dharma (justice) is destroyed, Adharma (injustice) will raise its hood. When Adharma increases, disaster increases. ‘Adharma’ cannot escape from me. Nature is ‘Shakthi. I am the one who dances! I also make others perform the dance! I am the one who runs. I am the one who gets broken! I am the arable land! I am the saline soil!”

**Property and Happiness:**

“Accumulation of wealth will lead to ill-health. Dharma will get transformed to adharma (injustice).”

**Institutions of Charity:**

“Institutions of charity should not become commercial institutions. Money donated for charitable purposes must be used exclusively for charity.”

**When Do You Reap the Fruits of Your Good Deeds?**

“Even if you are affluent you cannot eat as and when you like. You must eat only to appease your hunger. Similarly for every good deed you perform you will receive the benefits only at the appropriate time.”

**Which Country has developed?**

“Whatever be the nation, there’s hunger as well as army. Irrespective of the nation being rich or poor, there are conflicts and fights.”

**For the Rich People...**

“You can dole out the wealth that you possess only if you wish. You commit sin when you do not distribute your wealth to others.”

**Contented Mind:**

“Contentment is the best quality to be possessed by one and all. You should not act according to your whims and fancies.”

**Everything for Everyone is not Possible:**

“We cannot give away everything and anything to one and all. There is a calculation according to one’s merits and sins. I have to dole out things according to the merits and sins of each individual, my son!”
Distributing Food – the Fruits of your Good deeds:

“I ask some to distribute food! why? I see to it that he distributes food to the souls which were affected by him. When he feeds thousand people, the souls which had been affected by his wicked deeds, will also get the benefit. I help him in this way to reap the benefits of his meritorious deeds.”

Storm Because of Others:

“In the society one is good but nine others are bad. Rain occurs for the sake of that one man. It is only because of others there is storm and destruction.”

Distribution of Food:

“Realised souls (siddhars) enjoy the ‘distribution of food’. It is the ‘distribution of food’ that gives joy to Adhiparasakthi.”

If Righteousness Increases:

“Rain occurs because of moist clouds. Similarly if righteous acts are continuously preformed, unrighteous acts will be destroyed.”

Life will be Prosperous Due to the Acts of Charity:

“Like the uprooted plant that grows well when transplanted in another place and its roots get firmly fixed, like the water in the well, which starts springing when it is frequently drained...,

When charity is done with good heart, you will gain opportunities to become highly prosperous in life.”

Justice kills Injustice:

“Even if charity is done through ill-begotten money, injustice gets destroyed.”

When a prostitute gives Charity:

“I accept the charity done even by a prostitute.”

Peace through Charity:

“Charity lies in distributing food to the poor. It will grant peace.”

Giving a Coin in Charity:

“You would benefit even if you give a coin to others in charity.”

When you Die?

“If you have possessions beyond your need, the government confiscates it. If you save in the form of precious jewels and keep it locked, the thief will steal it. In case you die without a heir. Your relatives will take your wealth. Finally when you die, nothing accompanies you.”

The Path of Justice in Ancient Days:

“In ancient times, people were highly charitable and generous. They had rainfall at the appropriate season. They gave away everything liberally. They threw away vegetables like brinjal, lady’s finger, groundnut and also money. There were held a lot of festivals under the name ‘Mayana Kollai’. At that time money was considered as an object to be thrown away.”

Gold and Wealth Cause Danger to Life:

“Even if you have a small quantity of gold it would destroy you. Man goes after wealth to gain respect. Money possessed in this way only leads him to his destruction.”

Golden Age... Age of Sorrow:

“You are not aware of a golden age at all. This age is
an age of sorrow. But the more charitable you are the more you can transform this miserable age into a golden one.”

**Spending Lavishly and Spending Properly:**

“If property gained is not spent lavishly and spent only for good deeds will help you to gain benefits. You must not be a spendthrift. Instead, if you must spend your earnings for a noble cause, that would bear fruits.”

**A Nation’s Prosperity Depends upon Thoughts of Righteousness...**

“For showers and sunshine, you should be charitable and upright. If you resort to all unfair means and illegal attitudes, then there shall definitely be ruin.”

**Each One Gets Accordingly!**

“Each one gets whatever he deserves. This is applicable to wealth and happiness. But a spiritually inclined person should learn to be detached. After getting attached to Me you should not worry at all.”

**There is a Relation between Natural Wealth: Righteous Thoughts:**

“Only the well from which water is drawn will be perennial. The more you draw, you will have more water. Similarly wherever there is a charitable disposition, there will be benefits and resources. If it does not exist then Nature will unleash its fury. Even if Nature forgets its duties, Death is punctual in his task.”

**Learn to be Generous! Train Others Too:**

“Not only should you be generous, but you should also train others to be generous. While you do service, you should also involve others in service activities. Just like the way you spend your money on luxury, aim at spending it to drive people towards spirituality. This will give you an opportunity to gain permanent comforts.”

**Price is fixed even for Water:**

“The price water is increasing. People buy water nowadays. There shall be a time when you will not be able to see water even in the form of tears. People have lost the intention to earn money through hard labour.”

**About Politics:**

“Don’t bother about politics. There will be no justice and fair play in politics. Atrocities alone will prevail.”

**Relation between Rain and Justice:**

“If you need rains, be charitable.”

**Charity Done by Elders:**

“When there is moral uprightness, then the crop of spirituality will not get destroyed. The charity done by your elders continues to bear fruits. The names of philanthropists, will be remembered forever. But a looter is never remembered.”

**Relation between Progress and Charity:**

“The charity that you perform, becomes the evidence and support of your progress.”

**What will protect you?**

“Your justice will protect you till your death.”

**Strive to Earn Your Own Merits:**

“Don’t ever become a pauper, thinking that you can subsist on whatever your elders have bequeathed and gone. You should toil. Don’t ever think of subsisting on the meritorious deeds of your forefathers! You have to earn your own merits.”
Mutual Help:

“An impoverished person in a village should be helped by his neighbours. If he is helped thus, he won’t stoop to stealing. Stealing makes a person lazy. A good man will never die, whereas a lazy fellow shall die.”

Righteousness is the Only Path to Solve Confusion:

“It is very difficult to bring a crooked man into the world of spirituality. If you wish to transform a thief or a lazy fellow, take up righteousness. Any new method, except righteousness shall not work at all. The best solution to put an end to all the trials and tribulations in the country is by righteousness.”

Spirituality Even in Poverty:

“Spirituality is essential even in a poverty stricken circumstance.”

Avarice:

“People in the ground would wish to climb up; but this is not the case with the people in the higher position. As wealth gets accumulated, love does not get promoted. Weeds like worries, wealth, and envy will always endanger your life.”

Nature and Man:

“Nature is not selfish, but man is. He exploits Nature and the creatures in it for his convenience. He refuses to live for others.

The objects of Nature like the sun, the moon, fire, wind, rain and trees do not live for themselves. This kind of refinement is lacking in man.”

I am Mitigating Your Karma:

“I direct people to take from those who have and give it away to the ‘have-nots’. I reduce the giver’s karma (suffering due to his past sins). I shall also reduce your karma, when you act as an instrument to direct the giver. You should only be an instrument and not a destroyed object.”

Charitable Thought should be Fostered:

“Everyone should foster noble and charitable thoughts. This place (Melmaruvathur) should be transformed into centre of charity and social service. You can take loan to involve yourself in charitable activities.”

Changing Rules of Conduct the Change of Eras:

“As eras go by, the trend towards the codes of conduct also varies. I am transforming you all according to the practice of this Kaliyuga. I impart my Divine Oracle according to this Kali Era. My Divine Oracle would be your Vedas in future.”

Charity will Bring Rain: Prosperity will Prevail:

“Don’t wonder as to why Amma is asking you to involve yourself in acts of charity when you yourself do not have the means for your next meal. You can gain Divine grace and blessings if you think of spending at least ten rupees by way of charity. Such acts of charity will bring rain and prosperity to a nation.”

By asking Alms:

“Go to every house and ask for rice and with that perform free distribution of food. This would enhance spirituality.”

Be Charitable to the Poor:

“Everyone should perform charity according to his means. You should not think of gaining ten rupees if you spend five rupees in acts of charity.”
Service on a Small Scale: Charity on a Small Scale!

“There’s power even for your tiny little deeds of charity. You perform whatever service and charity you are capable of.”

Charity Has a Form:

“You can never see air. Similarly you can never see my real form of Adhiparasakthi. You cannot see the forms of certain things. You can never know the form of Sakthi and the form of dharma (charity and justice).”

Righteousness is the only Security:

“Only those who live by righteousness will be secure.”

The Devotional Feeling:

“The money spent with the feeling of devotion will not face destruction. If it is spent with the feeling of attachment there will be destruction.”

I will Destroy Evil through Evil:

“I shall foster justice through justice. I shall destroy evil by evil after allowing it to grow through evil.”

The Nature of Money:

“Money will lead to destruction. It will corrupt ‘love’. It may provide food. But it will give along with that pride, poverty and disrespect.”

Sugar and Salt:

“Salt and sugar are indispensable for physical growth. They should be in proper proportion. But my devotees seem to seek more of sweetness.”

To Put an End to Family Problem...

“All your family problems will be solved if you make arrangements for providing tiled floor here and take the responsibility for poor feeding.”

Live by Sharing:

“There’s a lot of joy in sharing.”

Adhiparasakthi Charitable Trust:

“In the world of tomorrow, Adiparasakthi spiritual movement shall occupy a pivotal role in education, culture and medical services in future.”

Different Kinds of People Will Come to the Movement:

“People with wicked qualities will come here. Those who have committed five deadly sins will come here. They may be willing to do anything with a selfish motive. Whatever they do must be accepted with joy.”

Justice to Flourish...

“Forests are essential for copious rain. Forests need plants and climbers. Similarly if dharma or justice has to flourish, injustice should be destroyed.”

Reason for Poverty:

“A few persons involve in good actions. Most of the people do not live in this manner. That is the reason for the widespread poverty and hunger in the world.”

There is Provision for Everyone to Earn His Livelihood:

“I have ordered the construction of buildings and organization of festivals. By establishing the sanctum sanctorium of the temple. I give work to the sculptor. I direct the devotees to keep clay pots in the sacrificial fire ritual. Thus I give job to the potter. I provide the path of self-employment to the flower seller and the fruit seller. Under
the guise of spirituality I provide employment to the workers and make arrangements for enabling them to earn their livelihood.”

**Trust: Temple: Righteous Path:**

“For the perfect functioning of the world in future, I show the path of righteousness through the establishment of the trust and the temple. I instruct people to perform ‘collective worship’.”

**Enmity Towards Brother: Relationship with Friends:**

“A man spends thousands of money for the sake of his friends. Such a person prefers to go to court to settle disputes with his own brother. He is intimate with his friend. But he does not have that intimacy towards his brother, his ‘blood relation’.”

**Tomorrow’s World:**

“Tomorrow’s world will be the world of spirituality. I make arrangements to emphasise this fact. It is for this purpose that I establish educational institutions. Tomorrow’s world will be the world of Adhiparasakthi and ‘motherly love’. Spirituality will spread in every nook and cranny.”

**Help According to Your Capacity:**

“You should be charitable according to your capacity.”

**Nothing Comes with You:**

“Today, there is birth! Tomorrow there is death. The crores of money that you may toil and save will not accompany you.”

**Slave to What?**

“Man must not be a slave to money. He should be a slave to charity and hard work.”

**The Wants of Today’s Man:**

“Charity and meditation are the requirement of the man of today.”

**Fruit and Taste:**

“You would rather wait for a ripened fruit to fall and eat, than pelt a stone to get a fruit from the tree. Charity will be more effective, when it is purely voluntary and not made through other’s influence.”

**Give Charity to the Poor:**

“Charity done to one poor person is equivalent to the charity done to ten persons. Charity should be performed for the sake of gaining peace within, for the accumulation of money and property and for the peace of the nation Be charitable as it brings harmony and peace within and without.”

**How I Protect You:**

“You come running towards me when you are hungry. When you come running like this, I protect you in such a way that you don’t even feel that hunger.”

**Thoughts of Charity Should Flourish:**

“Charitable inclinations should be present in each and everyone. Make Melmaruvathur – a haven of charity. There’s no harm if you borrow to be charitable. Perform ‘Annadhanam’.”

**Importance Given to Educational Institutions:**

“Though you may carve many idols out of rocks charge them with divine power, and perform religious
consecration, only one idol has significance. Similarly, though many organizations exist here only educational institutions shall be given importance.”

**You Should Not Be Selfish:**

“You must gain the tendency of understanding the Nature of a person and helping him. You should not have the tendency of thinking about your own progress.”

**The Tears of the Poor!**

“There need not be any new temple built for me. It is more than enough if the temples are well maintained. Do you know about the service to be done in today’s world? Crores of my people suffer without proper food and clothing. At least a few devotees who come to this temple should come forward to fulfil their requirements.”

**Widow Rehabilitation:**

“Arrangements have been made to eliminate many age old improper customs which have arisen due to the evil of caste system. Even the government has involved in such work. But the worst type of evil is found in our country, namely the sufferings of the widows. The country has even forgotten the plight of such women. Nobody’s there even to offer solace and comfort to them. I am going to start a widow rehabilitation centre; I am going to provide opportunities for enabling them to spend their leisure usefully and also earn substantial wages. I shall purchase sewing machines and tools for making plastic wire bags and involve the widows in this field of work.”

**Be Contented With What You Have:**

“There should be no ego. You cannot eat the gold that you have saved or the wealth you have earned, as you do not know the difference between good and bad. If you consume more fatty substances you will have to vomit it. Similarly you should be satisfied with what you have. If you go after gold, you will have to wander with ‘sores’.”

**Righteous Path:**

“You should involve yourself in the organisations dealing with charity and moral righteousness. You should be selfless and child-like when it comes to social service.”

**Charities will Benefit You:**

“Even if you are not in a position to carry out social service and charity now, for the sake of whatever charity you have done in the past, I am taking care of you now.”

**Ancestral Property – Property of Moodevi (Inauspiciousness):**

“Some people who come to me think that Amma has not provided them the means to enjoy their ancestral property. The ancestral property is equivalent to the property of Moodevi. Do not worry about that. Whatever you have accumulated through your hardwork is permanent in your case.”

**You Don’t Get the Fruits of Charity Immediately... Why?**

“After donating ten rupees for a charitable purpose, you feel that you should get the benefit immediately. You should not forget that even before you spent ten rupees for charity, ten of your evil acts have already accumulated. You may wonder why your social charitable acts are not acknowledged. You fail to understand that you have already sinned before committing this noble act.”

**Feed Others even if you Starve:**

“Even if you starve, you must feed ten hungry persons. It will be beneficial to your body to starve on the one hand, and you will also gain the blessings of those people on the
other hand. A mother is unburdened when she feeds her child. The child is happy too! Similarly the burden of your sin is reduced by the free distribution of food. At the same time the people who are fed become happy.

**Festivals – Deeds of Charity:**

“You think that there is festival for everything and charitable acts for every festival.

Whatever you eat should be a assimilated. Your blood stream should be activated. Your body should be energized. Waste products should be excreted.

If you are lazy and sluggish all these activities cannot be carried out.

As the functioning of the body requires physical actions and the excretion of waste matter, festivals and charitable acts are the vital requirements of spirituality.”

**What Came in Due Course will Go in Due Course:**

“Your kith and kin, property, wife and children, fame and reputation, comforts and opportunities are acquired by you in due course. Do not moan the loss of these things. It is enough if you have the grace of Adhiparasakthi. You understand and remember this always”

**The Grateful Dog – Your Charity:**

“The dog that comes back to you after being separated for a while, wags its tail and shows its gratitude. Similarly there are always returns for all your charitable deeds of the past. The reward is certain. Similarly, the deeds that you perform for the sake of your mentor, will be rewarded in the form of benefits that you enjoy.”

**What is the Form of Death?**

“Man has birth and death. Birth is visible whereas death is invisible. If you are charitable you can easily identify the form of death.”

**In the Midst of Destruction...**

“There’s surely destruction awaiting you. Whatever good deeds you perform, you will be envied. Your material gains will not support you. Your charitable deeds alone will protect you from ruin.”

**Animal Race: Human Race:**

“Animals are born. They grow. They procreate with the feeling of lust. Then they die. But man should not live like animals and die.

He should lead a progressive life by involving himself in spirituality, by practising self-control and performing charitable deeds.”

**Charity:**

“Charity is beyond positions of power. Charity is an act of heredity. It is no use, if you possess crores of money. It will only invite ‘noose to the neck’. Thoughts will gain clarity only if you involve in acts of charity. If the charity is done according to the need of the person who benefits from it, his burden will become light and your sin will be reduced.”

**Charity and Service:**

“Your kith and kin will not accompany you to your grave. But your charitable acts will accompany you in future.”

**The Banyan Tree – Charity:**

“By sending its roots firmly down, the banyan tree protects itself and also protects others. Similarly you should send down your roots of charitable actions for protecting yourself and for being useful to others.”
A seed becomes many fruits, a branch grows into many branches, a bunch becomes several bunches of the tree. Similarly, though you are a single individual, you should always involve in activities that will ensure the welfare of many people.”

**Flattery will not Ensure the Removal of Sins Due to Evil Actions:**

“You will gain benefits only if you involve yourself in charitable actions. Whatever you can scoop out is proportionate to the quantity of the food kept in the vessel.

In those days man gave food to the poor who came to his residence. He ate only after giving food to the crows and other creatures. Thereby he gained benefits.

Nowadays man thinks that he need not perform charitable actions but can live by flattery. By flattery neither does he achieve anything nor does his sins disappear.

Since you have come to me and since I wish that, you should not demean yourself to the condition of flattering others I drag you forcibly into charitable activities.”

**Perform Charitable Deeds for Your Security in Future:**

“If you want to satisfy your hunger to some extent in future, involve yourself in acts of charity. You shall gain a secure future. You shall gain benefits.”

**Charity will Grant you Permanent Benefits:**

You will not be aware of the life of your sons and daughters in future. But the charitable acts you perform will always accompany you and grant you permanent benefits.

**To Strengthen your Life:**

“Your live will be prosperous only if you spend a lot of your money in charitable acts.”

**Perform Annadhana (Involve Yourself in Free Distribution of Food):**

“You perform ‘Irumudi’ (twin bundle ritual) and food distribution. You also induce others to practice “Irumudi” and “Annadhana”.

“Annadhana” will protect you from all the diseases rampant in the society. We see diseases of lust, disease of the nervous system heart disease, paralysis, kidney problems, cramps in the joints and so on. ‘Annadhana’ will safeguard you against all such diseases.”

**Practise Charity! If not...**

“If you are not charitable, Yamadharma (Death) will visit you.”

**For the Rich...**

“More than possessing a house, family and lands, a choultry built by you, shall bring you an undying fame. You reputation will not be affected.”

**Involve in Charity Collectively:**

“It will be easier if ten persons are involved in lifting a weight that requires only two persons. Eight more persons will gain the benefit which should have been gained by two persons. Similarly if several persons contribute to a single task, everyone shall gain benefits.”

**Live Your Life by Being Useful to Others!**

“Like the banana tree, mango tree and the banyan tree man should be useful to others.”

**Mustn’t be Selfish:**

“I toil and earn. Why should I give anyone from my earnings? Such thoughts should not occur in the mind of man.
Wiping out selfish thoughts is dharma or the righteous act.

There is benefit in spirituality only if you involve yourself in charitable actions.

People of today do not have the fear of the Divine. Ego and selfishness are the causes of today’s miseries. If the “I” is replaced by the feeling of selfless “We”, all the problems will come to an end.”

To Redeem Yourself:
“You can redeem yourself by charity.”

The Benefits of Charity:
“When you get from the ‘haves’ and give to the ‘have-nots’ you also attain the benefits of charity in spirituality. On the contrary, if you perform charity with insincerity and hypocrisy, you carry the burden of your sins.

Spirituality is like the Mother Earth. There should not be hypocrisy in that. You should not think that you can involve yourself in spirituality after becoming aged.

Never forget that your merits and sins start accompanying you from the time you are conceived and you have gained your physical form.”

Fly caught in the Butter:
“I shall embrace my devotees who have stepped on this soil like the fly that is caught in the melting butter.”

The Power of Devotion:
“You have only heard that the spear will go as far it is thrown, and that money will reach the under-world. I shall make you understand that devotion will go even beyond that.”

The Greatness of Devotion:
“My son! Devotion is the only object in this world that can be earned without going in search of it anywhere; that cannot be bought and that cannot be sold.”

When Money Comes...
“Goats and cows graze on a rich land which is waiting to be harvested. Fences have to be constructed to provide security. When a person becomes rich, he may have to face jealousy and enmity. He must protect himself by constructing the fence of devotion.”

Money – Devotion:
“Don’t promote devotion by weighing money.”

Chant ‘Om Sakthi’ with Pure Heart!
“It is not enough if is pronounced loudly. The chanting of ‘Om Sakthi’ should come from the mind. It should come from within. You should practise silence and involve yourself
in sincere service. Only when you come into contact with
electricity, you receive electric shock. Similarly only when
you gain mental maturity you will be blessed with the Power
of My Divine Grace.”

Benefits According to Your Consciousness:

“Clarity of thought, devotion, meditation, integrity and
consciousness should be possessed. Your external
appearance will not give you benefits. Benefits will depend
upon your inner consciousness.”

It will go only if Shakthi Desires:

“The dirt that gets deposited on the physical self will
disappear if you take bath. But the dirt that gets deposited
in your mind will not vanish even if you think that you should
remove them. It will go only if the Shakthi (Power) that makes
you think in these lines desires it. I shall remove this dirt if
you plead me and pray to me whole heartedly.”

It depends upon your Devotion:

“God may turn to cow dung and vice versa. Cow dung
sticks to the walls because of its sticky nature. Similarly in
spirituality, gaining Amma’s Divine Grace depends your
sincere devotion. Your mind should not be sticky like the
dirty moss. You should be mentally pure to be devoted to
Amma.”

Duty – Divinity:

“If you fulfil your responsibility, you can gain divinity
automatically. If you do not do so, you will not gain benefits
whoever be the ruler of the country.

Whatever is Essential – Not Essential for Human Race:

“Human race should have faith in God and spiritual
consciousness.”

According to your Devotion:

“I shall bless you with my Divine grace after
understanding the way you pronounce the word ‘Amma’. You
will not feel your sorrow if you approach me, affectionately
calling me ‘Amma’. You will suffer, if you are indifferent
thinking that ‘it is after all Amma’. The word ‘Amma’ implies
attachment.”

Resource of Rain: Fertility of the Soil:

“If the mind is resourceful, there will be the resource
of rainfall. When the districts and states are corrupt, how
will there be the resource of rain?”

Devotion and Awe – Indifference:

“If you approach me calling me ‘Amma’ with a lot of
fear and devotion, you shall be protected. But if you are
indifferent to the word ‘Amma’ everything is treated with
indifference.”

Mind – Fragrance:

“The desire for money and avarice should not arise
in your mind. Divine fragrance should arise in that mind.
The mind should be filled with love and not with desire.”

Mirror – Mercury:

“You will be able to view the front part of your body
standing before a mirror. The back part of your body will not
be visible. If you wish to understand your life, you should
use the mirror of spirituality. The mirror can be wiped if dust
gets deposited. Mirror will not be of any use if the mercury
disappears. Similarly if dust gets deposited in the mirror of
spirituality, it can be wiped out. If the mercury, namely
devotion, disappears, there is no use. It is your responsibility
to see to it that it does not degenerate to that state”.

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The Thought That Shouldn’t Come to a Devotee:

“You should not think that Amma has not done anything in spite of your visiting the temple and performing ritual worship. Think of the fact that I have safeguarded you from the problems which might have destroyed you. A machine will function only to a certain extent. You often apply oil, you often clean it and repair it. Similarly in order to gain Divine Grace your efforts like worship, devotion, meditation and service should be continuously developed. Do not chide Amma without taking any effort in that direction.”

God - Grace:

“‘Theivam’ comprises ‘Theivu’ and “Am” Theivu means ‘wear and tear’. It refers to the destruction that may be caused to living beings. In order to prevent that ‘Am’, the grace of Amma is required”.

You cannot Buy Me...

“My son! You may buy anything with your money. But I can never be bought. Two aspects alone can bind me, my son, – one is devotion! and the other is pure service!”

One who Has Taken Refuge in Me:

“Like the insignificant twig fallen in the sea, reaches the shore someday, I shall see to it that all those who have taken refuge in me reach the shore.”

Your Effort is also Necessary:

“My son! The infant cries in hunger as soon as it is born. It shakes its hands and legs. I have created hunger so that it can get its needs fulfilled. I have bestowed it with the power to cry. What does the mother do? She tries to breast feed the infant. Who has to take the effort? It is upto the infant to suck milk from its mother’s breast. Similarly I can create many opportunities for you. It is upto you to grab them and progress.”

Educated Man – Lay Man:

“Much learned man is like a fire-fly that kills itself by falling into the fire of the lamp. But the illiterate layman in the lower rank of the society, has spirituality.”

Lamp – Devotion:

“The flame will flicker in the wind in spite of kindling the lamp and pouring oil continuously. Similarly many problems will arise in life. My son! I shall save you if you chant ‘Om Sakthi’ and think of me!

Devotion Should get Rooted:

“It will take some time for the flame to burn brightly and steadily after lighting it by placing cotton thread and pouring oil. Similarly, in spite of your coming to me your devotion should get rooted deeply. You will gain benefits in proportion to the rootedness of your devotion.”

I am Reducing your Pain:

“Though you come to me with the rock-like burden I shall reduce it in such a way that you will not feel that difficulty.”

Don’t Analyze:

“The Divine Oracle! Lemon! Neem Leaves, sacred water! All these are myself. I foster spirituality depending on the place and the respective situation! Do not analyse them! Raise yourself rather than being highly critical of others.”

Why am I Protecting Even a Bad Person?

“Magnet does not attract magnet but it attracts iron. Moss gets deposited in a vessel. How does that moss grow there? Has it grown because of the object kept in the vessel or has it grown because of the vessel? Can we throw away the vessel itself because of the moss present there? We
cannot do so. Similarly, I attract the souls which have taken refuge in me as ‘mother’, in order to remove the ‘moss’ present in them. I will not throw away the vessel. The dirt deposited on the mirror can be wiped out. Is it correct to throw away the mirror?"

**What is necessary to attain Salvation?**

“Energy and devotion are essential to attain salvation.”

**Sakthi Oli (Sakthi, the Light):**

“The journal ‘Sakthi Oli’ must be present in every home. I shall be present in the homes which have ‘Sakthi Oli’. It is not a commercial object. It is a divine object.”

**What is the Use of Education?**

“Education will only foster luxurious living and ultra modern civilization.”

**Necessary Attachment!**

“Be attached to meditation, inward peace, service to your mentor and your parents.”

**Knowledge Acquired from the Book and Practical Knowledge:**

“More than the knowledge acquired from the book, practical knowledge is important.”

**Those who are Instructed by their Guru (Mentor):**

“Even those who have learnt meditation from their mentor, should consistently practise meditation.”

**Mere thought is Useless:**

“Why do we need spirituality, food, and the world? – All these are mere glib talk. Time is fleeting and your life on earth is short indeed. Death may visit you at any age, it may be at the age of five or at the age of ten. Hence, before this occurs you should involve yourself completely in spirituality.”

**You cannot Reach me through False Devotion:**

“When you circumambulate the temple, your feet will carry some mud, and not the entire sand of the temple. Similarly you can gain access to Mother only by true devotion. Even if you come with your feet to carry more mud, mud will not remain under your feet. Only the dirt will remain. Mother cannot be reached through false devotion and money. The true devotees who listen to Mother and act according to her guidance are like the sand that sticks to one’s feet. Those who pretend to worship the Mother for glamour are like the dirt that gets stuck to a wet feet.”

**True Devotion:**

“The iron ore present in the sand gets attracted to magnet to some extent. Those that are not attracted may fall down. Similarly all those who come to me cannot receive Amma’s Divine grace. Only those who are truly devoted can gain the Divine grace of the Mother.”

**My Miracles:**

“You cannot understand my miracles. The greatest miracle is the one I do to you through you.”

**I Shall Nourish you Gradually:**

“Like a mother feeding her child calculating the time when it will be hungry, I am also instilling devotion into you in small quantities. Mother does not risk her child’s life by over feeding as it may cause indigestion. Similarly if I try to instil spirituality to a great extent you will not be able to accept.”
**Acquaintance with Realized Souls (Siddhars):**
“You should consider your nearness and acquaintance with realized souls as a great blessing.”

**Devotion and Sakthi:**
“You should realize the greatness of devotion and Sakthi.

**Even if you are Involved in Family Life:**
“Even if you are involved in family life, meditation, silence, ritual worship and anointment are very essential. Spirituality requires peace.”

**Name and Fame:**
“Don’t be a slave to name and fame. Don’t be upset about failure or success. Trust me and do your duty!”

**To Gain Liberation:**
“The best path to attain liberation is to involve oneself in spirituality.”

**68 Nayanmars:**
“The 63 Nayanmars are discussed as the best examples for implicit devotion to God. I shall make it sixty eight in this Adiparasakthi Movement. Three fourths of them will be women.”

**Why do I beat?**
“Continuous pressure makes the stone move, and a thorn is picked by another thorn. Hence I am raining blows on you to remove the impurity in your mind.”

**I am Providing You with Opportunity:**
“Like the mother who does not expose her son’s faults hoping that he would reform in due course, I hide your mistakes and give you opportunity to reform yourselves.”

**Will The Photo of Amma Talk to Me?**
“A devotee who sees Amma’s photos scolds me asking. Will the photo of Amma talk to me? Yes! it will in dream.

**Whole Family should Involve in Spirituality:**
“What will happen if one member earns and looks after others? There will be deficit in the budget and suffering will increase as the debt increases. It is not enough if one person involves himself in spirituality. The whole family should involve. If all the ten members in the family involve themselves in spirituality, the returns will be proportionate to the toil of the ten members.”

**Devotees of the Lowest Strata:**
“The food available from the lowest strata is tasty and delicious. Similarly the devotees of the lowest strata have a lot of devotion.”

**Goose flesh Occurs:**
“The thought of God should cause goose flesh. Goose flesh is a phenomenon that occurs unconsciously in the body!”

**Think and Realise:**
“Why is a child born? Why does it grow? Why is it existing? What is the relevance of intelligence and wisdom?

There is a mysterious power, there is also an illusion around us. What is the end of all this? We must find answers for all these questions.

The waves clash with one another. Similarly the thought waves struggle to analyze and understand the truth. In your mind too thought waves should clash. By doing so there would be clarity of thought.”
Don’t be Indifferent to Other’s Problems:

“You must not be indifferent to what’s happening around you. You should acquire the tendency of helping others around you.”

Connection between Births:

“There is a connection between this birth and the previous births. There is attraction as well as anxiety in devotion.”

Dove and Devotion:

“In the same way you hold the dove you have caught, you should hold the Mother’s feet tightly. Even if you slacken your hold for a moment, the bird shall escape. Similarly when your concentration is disturbed by jealousy, competitiveness, restlessness and the like, you devotion also will vanish.”

I will Change Fate:

“I shall change the fate of a red-dressed disciple who is full of devotion.”

See how Your Thoughts Change!

“When you escape from getting killed in an accident while travelling in a vehicle, you say that you have escaped only because of Amma’s power. After sometime you say that the driver drove the vehicle tactfully. After some more time you say that it is because of your meritorious deeds in your previous birth. Your attitude is not consistent, as the explanation for the same event varies from moment to moment. Your thoughts should be pure in spirituality.”

Shakthi is Everything:

“Atheism should be wiped out and spirituality should spread. People should possess immense faith in God and follow the path of devotion. The life of the poor people should improve and they should be happy. Food and clothes should be distributed among them. The money meant for the poor should be spent for the welfare of poor. Those who come to the temple should avoid evil actions and undertake good actions. Integration of the mind and the path of devotion should be widened. People should consider other souls of others as their own. The egoistic feeling of ‘I’ should be transformed into the feeling of ‘Everything is Sakthi’, and this thought should get well established.”

Joy and Sorrow:

“In order to shape you as purified gold, I give you unbearable agonies and several trials and tribulations. You gain significance only through sorrow. You should gain that only by experiencing that. You must finish experiencing the fruit of your evil actions of the past birth, and the sorrow due to your actions in the present, now itself, in my presence.”

Fame and Popularity:

“Don’t enslave yourselves to fame and glory. Do not worry about success and failure. Trust in Me and do your best. Don’t get controlled by money and attachment! Be controlled by love and affection.”

I Even Embrace the Wicked:

“I consider the wicked and the thief as my son. I have commanded some of them to come here so that the society is not spoiled by such people. It is because of the thought that the society may be peaceful at least during that short interval.”

Destruction will be Caused if Devotion Decreases:

“Man must be kind and spiritual. He should avoid extravagant expenses. He must be mentally alert. He should have fear of the divine and self-control. If that devotion decreases, there will be destruction.”
The Dirt in the Sea – Dirt in the Mind:

“The waves send out the dirt from the sea in the form of foam. Similarly the wave of spirituality sends out the dirt in the mind.”

Luxurious Living Should Be Avoided:

“Avoid luxury. It is essential that you should not be cheated by the cheats.”

For the Poor Disciples:

“There are many people willing to contribute money towards the renovation of the temple. Each and every poor devotee should have contributed to it. Your hard work should also be in the renovative work. Do not miss the opportunities that you gain.”

Everyone Has Devotion:

“Everyone has devotion. Even dogs and birds have devotion. They have affection.”

Ignore the Lack of Facilities:

“Like the pebbles in rice, decayed cereals in dhal, there will be lack of facilities for the devotees coming here. Tolerance is essential in spirituality.”

Shedding Tears has Benefits:

“Shedding tears paves way to the clarity of mind.”

Devotion - Mercury:

“The level of mercury in the thermometer increases or decreases according to the increase or decrease in the heat of the sun. You must see to it that your devotion is steady without decreasing like the sun’s heat and the mercury.”

Hypocrites Will Not Have My Grace:

“My blessings will be showered on all irrespective of their being rich or poor. But my Grace will never be gained by the hypocrites.”

No one Asks Me for a Birthless State:

“My son! People who approach me have requests regarding material wealth, power and position, cure for their diseases, marriage settlement and so on. They do not know to ask me for a birthless state. No one ever requests that this Amma alone should be his possession.”

Object of Admiration – Not an Object of Display:

“Be like a worthy object of admiration! Do not be an object of display.”

Devotion – Earthquake:

“Even the occurrences of earthquake will be less because of devotion.”

True Devotion gives two Fold Benefits:

“The iron attracted by magnet gains the attractive power of the magnet. Similarly since you have gained, Divine grace from me, many people benefit because of you. Your benefits get doubled because of your sincere devotion.”

Man-made Things:

“Religions are made by man and not by God. Siddhars (mystics) are Gods! Man has created political parties, religion and idol worship.”

Reminiscence of the Past Life:

“There may be many births. But I shall create some people who will be born with the memory of their past birth who have the plan for future course of actions. With their aid I shall bring about tremendous changes in the world.”

Spirituality – Devotion:

“The plant of spirituality should be fostered by the water of devotion.”
Devotion that Removes the Dirt:

“You should get rid of the dirt and ignorance in your mind. A candle burns along with its impurities. Similarly when the devotion in you burns brightly, all your mental impurities and ignorant thoughts will get burnt along with it.”

Arrogance – Grace:

“When your enthusiasm is genuine, my Grace will be proportionate to your efforts to eliminate your arrogance. My grace will abound in accordance with the elimination of your arrogance and as grace abounds your arrogance will get eliminated., it is my duty to fill you with Grace! It is your duty to eliminate arrogance.”

Spiritual Power:

“Like fire being extinguished with water, you should extinguish evil through the water of devotion.”

Beating - Embracing:

“My act of beating you signifies that I am embracing you and my act of embracing you is equalent to my beating you. If both are not there, then it means that I am destroying you!”

Poor Man – Rich Man:

“God does not show any discrimination between the rich and the poor. A poor man has good qualities, affection and devotion. He is greater than a rich man because of his devotion. Hence a poor man is greater than God himself, my son!”

Propaganda of Devotion:

“The propaganda of devotion does not refer to organising meetings and arranging discourses. Chanting ‘Ram’, Ram! collectively is also devotion. This is also ‘devotion propaganda’.”

Everyone Should Become a Devotee:

“Service should be done sincerely. If the family and the nation has to prosper everyone should become a devotee. If everyone becomes a true devotee discrimination due to caste will disappear. My grace will abound if you become child-like.”

Why is the Slanderer not Punished?

“If the son beats the mother, mother will tolerate. If this mother starts retaliating, the very ‘tap root’ of the tree will get destroyed, my son!”

Do Surrender:

“People like you who are in the spiritual field have restless thoughts regarding progress, regress, money, affection, death, sewage and so on. You are worried about your life as destructions occur due to sea, wind, storm wave and the sun, the ball of fire. Those who trust Me whole heartedly and surrender to Me will never experience restlessness.”

The Life of a Spider:

“A mother nourishes her child while it is in the womb and also nourishes it with milk and affection after it is born. The spider procreates and then dies. It does not have the intention to cheat but it survives only upon those creatures that are trapped in its nest. Similarly you should lead a detached life and should be conscious of your spiritual inclination.”

To Remove Sin...

“When you cry, your eyes are cleaned. When you repent for your sins, your mind gets purified. The mind will be strong only when it is pure”

Only God of Your Choice:

“Concentrate on one God.”
Collective Prayer at Home:
“There are a lot of vibrations because of sound waves. Sometimes things fall down due to this. Similarly when the whole family chants ‘Om Sakthi’, your accumulated sins will get destroyed!”

For the Reformation of Your Son:
“Do not think that your son does not reform himself! Before your son reforms himself, you have to reform your self.”

Self-control is Necessary:
“When you see an object, when you ask about an object when you talk about an object, your mind has the tendency to think about something else. Because of this you should have self-control.”

Your Dirt should be Cleansed:
“Mere performance of poojas, anointment and circumambulation of the temple are not adequate. Your mind should be free from the dirt of bad qualities. It will happen only if you strive to cleanse yourself. You can drink milk only if you plead and cry for obtaining it.”

Don’t Get Cheated by Going Here and There:
“Never go in search of the help of magicians, astrologers and ascetics. Having approached the Mother, take refuge in her and perform your duty.”

Involve Even the Laymen:
“Even if the devotees who come here are laymen, ask them to practice meditation and perform circumambulation! If they do so I shall bear their sins.”

Mispronunciation of Mantras – Spiritual Disaster:
“Spiritual disaster is due to mispronunciation of the mantras. Don’t shun those who do so, bring them into your fold and teach them the correct pronunciation.”

For the Devotees:
“Join the worshipping centre and see to it that you don’t lose your honour! Participate in the ritual worship and see to it that you don’t fall! See to it that you don’t lose devotion due to attachment!”

Do Not Get Dejected by Sorrow:
“Since you are Adhiparasakthi, why don’t you foretell what is due to us in the future,? You may ask. I cannot tell everything openly as it may lead to embarrassment of all sorts. Reflect as to what will happen if the brick, wall and door of your homes start proclaiming your past and present activities?”

Charkas (The Wheel) – Yagas (Sacrificial Fire):
“Chakras and sacrificial fire rituals, should be performed very carefully. When the child grows up it requires toys and carts to play with. Similarly, chakra, sacrificial fire ritual and spirituality are essential toys for the game of man’s life. However learned you are, you cannot gauge the real value of anything by its mere outward appearance.”

When You Come to Amma:
“When you come to me you come with an intertwined thread with which you request me to weave it into a cloth and stitch it. How am I to decipher the beginning of the thread? In fact, I shall have to unfold the whole bundle and then set down to stitch. Till then, you shall have to be patient.”

Who is far from Danger?
“Those who are not hypocrites, and those who are selfless and lead detached lives, they need not fear anything at all. But every one should be very careful with the elements of Nature - water and air.”
Steady Devotion:

“If a tree grows well with several branches it yields abundant fruits. Similarly, devotion should be steady in spirituality. Only then will there be progress in the field of spirituality.”

According to the Laws of Karma:

“I shall protect you, only if you have devotion. Otherwise I would leave you to your fate. If I provide you with iron, you start learning to make guns with that.”

Devotion has Decreased:

“After you have taken refuge in Amma, should not ask for this and that. The red-clad devotees do not have the devotion they had during the earlier days. Like the days of the past, you should wake up early and pray chanting 1008 mantras! Pray for rain.”

Devotees are Even like This:

“The birds eat the fruits, approach the tree laden with ripe fruits, and excrete the seeds on the tree itself. Similarly my devotees who come to me are blessed and achieve whatever they seek and yet grumble about what they have received from Amma.”

Don’t Roam About!

“You should not get vexed by the thought “What have I gained by coming to Amma”? Spirituality gets fostered by you. You should not forget the fact that you too simultaneously grow gradually in spirituality.”

Today I have come as Incarnation. You cannot achieve anything by going away from me and wandering about temples like in Kasi (Benares), Navagraha (Nine Planets) and Ashtalakshmi (Eight Lakshmi)

It is Enough if Your Mind is Pure:

“It is not enough if you worship Amma, perform anointment and chant mantras. Purity of mind is essential. It is enough if there is the purity of mind.”

Branch – Burden:

“A tree is beautiful because of the presence of leaves, branches, fruits and flowers. If the tree is over burdened with fruits, the branches may break. Devotion arises only when there is a balance of mind and body.”

Population:

“Intelligence will also lead to ruin. Ignorance will also lead to ruin. There shall be a scarcity of portable water and pure air to breathe because of the growing population. No administrator can solve the problems of a nation. People should have unity and self-control. These two can be gained only through devotion.”

Devotion to God:

“There would be progress in the world only if devotion is developed. Otherwise the situation that arise will make people take law into their hands.”

Glamour is Prohibited:

“Desire for glamour will lead you to your funeral bier.”

Evil Thoughts Should Be Nipped in the Bud:

“The thorny plants that grow as fence should have to be rooted out when they have just grown. If they are cut when they have grown as trees, the thorns would prick our hands, legs and body. Similarly evil thoughts and laziness should
be nipped in the bud. You will have to suffer if they are allowed to grow."

**Condition of Your Devotion:**

“Crops will flourish only if the seedlings raised in selective beds are transplanted in another place. Growth of weeds should be checked.

I alone know the state of your devotion – your devotion in the past, present and future. I also know the weeds that grow in your mind.

Do not perform any deed with ‘dirt’ in your mind. Remove the dirt and involve yourself in service. You will attain greater progress!

When milk consumed in greater quantity it becomes sour. You are experiencing such a state. Your devotion is decreasing gradually.

Your house property and comforts will not accompany you till your end. Your charitable acts, your spirituality and your service will always stand by you steadily. Do not forget that Amma alone is your support till your end.”

**Devotion - Charity:**

“When devotion and charity decline, even family as an institution shall decline.

Joy and sorrow must be experienced together. For that spiritual power is essential.

For that you require Amma’s help.

Having come to Me trusting Me totally, you should make use of My power in an appropriate manner.”

**Home and Forest:**

“A home is a place that bids you farewell. Graveyard alone will provide you place. Being in such a state you should pray, ‘Amma! You should keep my body and mind healthy!”

**This is Life!**

“You lead your life with attachment accumulating wealth and gold.

Till there is life, your body will obey your commands.

The trees and plants dance in the direction of the winds. Similarly as long as the soul exists, the body functions. Once its duty is over, soul gets released from the body.

This is life – you should lead your life understanding the purpose of this life.”

**Trials – Agony:**

“One should convert the trials and agony into great achievements.”

**Devotion and the Calculating Mind:**

“Money multiplies when you involve yourself in an occupation. As money accumulates, desires multiply. One who takes the path of devotion must not be calculative. It is not devotion if one rupee is spent with the aim of gaining five rupees in return.

I have given you ample opportunities for doing charity. You must make use of them with a steady mind.”

**How Should You Live?**

“You must be principled when it comes to living in society. You should set an example for the same.

Live for yourself. You should not lead your life in any way in order to please others.”

**Money: Sin:**

“The more wealth you possess, your sins shall
increase. If there is more of good conduct, your clan will prosper. You shall derive peace."

**Being Uncivilized:**

“In the name of civilization, the world today is becoming uncivilized and heading towards the path of destruction.”

**Reaching Heaven (Kailash) with Body, Mind and Soul:**

“Going to Kailash with your case (body) does not mean that all go together to heaven (Koondodu Kailasam). It refers to the state of attaining a deathless state by reaching Kailash with your body and soul.”

**The Taproot Adhiparasakthi:**

“The taproot lays the foundation of a tree. That taproot should be protected from being eaten away by the white ants. If the white ants begin their devastation, they may even spread around the soil around the taproot.

Similarly when your mind grasps the taproot Adhiparasakthi firmly, the white ants like dirt, trials and attachment will start eating away your mind. But you must safeguard your mind from being eaten away by white ants.”

**You - Me**

“As soon as it sees the mother cow at a distance, the calf tied down to a place, utters the sound ‘Amma’ to express its intimacy. Similarly, though you are tied down by attachment, I shall come running to protect you like the mother cow, if you call me “Amma” with great love.

The calf that reaches the cow enjoys drinking milk. The cow too experiences the happiness of having given milk.

In the same way when you involve yourself in spirituality, you become happy! I too experience happiness!”

**How Does Devotion Come?**

“Only a few are highly spiritual and seem to have an undying faith in me. Why?

Only if the crops are allowed to dry and then watered, they will absorb a lot of water. Similarly there should be hunger in your soul. You should have the hunger of craving for my love. I shall create devotion only in such a person. I shall foster attachment in him. Devotion too is my gift to you. You must have the hunger to obtain it from Me.”

**Don’t Go After Astrology:**

“Don’t think that your problems are not solved despite your coming to Amma. You should endure your trials, sorrows and worries. Instead if you approach the astrologers with horoscopes, he will point out certain flaws and atonement. You will incur expenses. If you take medicine for head ache, you will start suffering from cold.”

**Only Few are Matured:**

“Among those who have come, to me only a few people have the maturity to ask for My Grace while others demand name, fame and wealth.”

**Blows Alone will Continue if the Spirituality is False:**

“You should not think that Mother insists on ‘spirituality’, performs anointments of temple and hence we too have to sing Mother’s songs. You should involve yourself in spirituality with true devotion and a mind dedicated to service. If you involve in this way, your dream will come true.

If you pretend to be spiritual and involve in pretended service, you will continue to experience blows.”
Do Not Sing Bhajans that are Empty:
“Do not sing empty, emotionless bajans. Do service to society. I have also evolved the principle of ‘One Mother’. One Clan! At least now you should understand the importance of that principle to our nation.”

When You Come to Me:
“You should be totally detached and should be with charitable disposition when you come to me. Then I shall help you to attain salvation. You should be free from domestic bondage and filial affection. Your attitude should be as clear as plain buttermilk, when you come to me.

National feelings and attachment cannot be controlled. For that purpose, if you go after astrology and predictions, you will lose your money”

God’s History: Your History:
“Instead of spending time in knowing the histories of God, you try to understand yourself, your history before trying to serve others.”

How to Come to the Temple:
“You should not come to this temple asking for a particular reward for a particular service. If you come calling me ‘Amma’ with ardent devotion, I shall bless you with whatever you require.”

You Need Equanimity:
“You lose control over your mind when you experience joy. But you come running to this Amma when you experience sorrow. You think that Amma should check your sorrow. You should learn to cultivate equanimity at times of joy and sorrow.”

You should become Mature:
“During childhood, no one knows to discriminate between joy and sorrow. Only after growing up to a certain age that one understands the nature of the world around and also understands himself.

Only when paddy becomes ripe enough to become the grain, it will become productive. You should also gain that ripeness or maturity.

That maturity should be gained before the soul leaves the body.”

First Weigh Yourself!
“Spirituality is like a nucleus. You should practise spirituality peacefully and silently. You should not wander about analysing the behaviour of others and involving in back biting.

You must progress through self-introspection.”

There is a Need for Tolerance:
“You should develop tolerance. It is easy to cut a tree but it is difficult to grow it.

I am fostering devotion now in the same manner I had done earlier.

The force that resists me is my manure.”

Why Sorrow?
“You should not think that sorrow should not touch you, since you are a devotee of Amma.

Food is necessary for the body. Similarly spirituality is essential for your mind. Besides realising this fact, you should also be conscious of your environment. Otherwise it will have its impact on you. In order to prevent the impact of the environment on you, I am involving others also into spirituality through you. I am guiding you by means of Worshipping Centre, collective prayer meditation and so on. I am also asking you to bring others with Irumudi.”
Is Man Great?

“Among the creatures there is discrimination between the creatures having five senses and those having six senses. Even the men who possess the sixth sense, possess ignorance to a great extent. How can he be called as the crown of creation when he is indifferent to his fellowman who begs for food?”

My Power’s the Cause!

“As you walk on this rod called earth, there will be beneath dangerous objects like knife! Pit! Fire and water! The power I grant you is responsible for your act of walking courageously and confidently on that rod.”

Which is Equality?

“It is not a great achievement to make a great person look small but it is a great achievement to make a small person look great.”

Nature Versus Artificiality:

“If there is a dearth of natural resources, artificial qualities will get lodged in the mind. You must keep your mind natural. Otherwise, artificial unnatural qualities will gain entry into the mind.”

A Few Doctors:

“Just as sins get eliminated by the glance of Adigalar, I shall bless some doctors in such a way as to cure diseases with their glance.”

I shall Cure in any Form:

“There are tablets, neem leaves. I shall cure the diseases of any human beings in any form.”

To the Serving Doctors:

“Do you think that the diseases are cured because of your injection and medicines? No, my son! They are cured only because of My Grace. You be the force. I shall be the activating Grace behind your action.”

Like an Inflated Balloon:

“The field of medicine is like the air in an inflated balloon. Only if the balloon is filled with air to some extent we can make out of it toys like cat or monkey. But if excess air is blown into it, the balloon will burst. Medicine too is similar to that!”

Physical Ailment: The Disease of Being Born:

“My son! If you think of me and involve yourself in fasting or pilgrimage on foot or grow intense in devotion, I shall cure not only your physical ailments but also your disease called birth and grant you birthless state.”

I am the Source of Medicines:

“I am the source of the medicines given by the doctor. It is essential to give medical facilities to a person till his sins of the past are eliminated. Even if the doctor gives medicines, the capacity of the medicine to control the disease is in my hands. Hence do not think that the money you spend on medicines is a waste. Do not worry about the money you spend on medicines.”

Elements Never Grow Old:

“A child—a man—charity—temples—the organs—of the human body—food that is consumed, affection and feeling—all
these grow old. But Nature which abounds with trees, plants and creepers and the five elements never grow old at all.”

**Nature Dies...**

“Nature never gets destroyed. The soil has rejuvenating quality. It has growth.”

**Man and Animals:**

“Cows and goats you foster are never a nuisance to you. You invite troubles only from the human beings you foster.”

**Natural Resources: Family Resources:**

“If Nature is allowed to prosper, then family too will prosper simultaneously. The resources of your family will be enhanced only if the resources of Nature are kept intact”

**Man is a Larva:**

“Man is like a worm inside its case. He craves for power and position and indulges in disputes and quarrels.”

**Rain and Spirituality:**

“Clouds cause rain here. Similarly spirituality gets fostered and only because of Adhiparasakthi.”

**Mother Earth – Equivalent to Your Mother:**

“There is no meaning in addressing God as Bhaghavan looking up and showing your hand at the sky! Your feet supports your body and in turn the earth supports your feet and that earth is equivalent to your Mother!”

**Do Not Chide God:**

“Is it the fault of the stone if you tumble down and get hurt? Your feet will be injured if you push the stone in anger. You should not chide God thinking that none of your requests are fulfilled. The fault is yours. It is not that of the Divine. You should perform appropriate tasks at the appropriate time.”

**Do Not Gauge by the Crowd that Gathers:**

“The mind must have satisfaction. Do nothing for the sake of attracting a crowd. Whatever be the government in power, we need the co-operation of Nature for leading our life.”

**You and Your Shadow:**

“Nobody knows his or her shadow. It’s not the mirror which smiles but you. Avail yourself of the opportunities. Control the five senses. Listen to discourses. A few ships alone reach the shore while the rest sink.”

**Adjust with Nature:**

“The fury of Nature can never be controlled. It is possible to starve a child for two-days at the most. The trees which have been starving will revive when it rains subsequently. Spirituality alone has the tendency to withstand anything. Sheep and cow will thrive only if you give them protection. You need not protect Nature. You should only adjust with Nature.”

**Body is Different from the Spirit:**

“Body is different from the spirit. The body dies. The spirit never dies.”

**Objects and Your View:**

“When you have hatred, vexation and exhaustion there will be a change in your attitude. There will be variations in the objects that you view with those emotions.”

**Don’t Think of Accumulating:**

“To be born is a sin, to die is sin, to eat is sin, not to eat is also sin. Whatever is accumulated is nothing but slush. You do not know where it goes ultimately.”
The Stealing Son is also My Son…

“Of the ten sons a mother has, one son is a thief and he will even steal her jewels including the jewel denoting her married state (Thali). I am the creator of that son and his mother.”

Body and Disease:

“The burning wick in a lamp will flicker even if it is kept in a place away from the breeze. Similarly the human body will be smitten by some disease or the other!”

Hell is:

“What happens in practical life is hell.”

Adhiparasakthi:

“The power of the mind! The power of the animal! The power of Nature! Just as there’s power in every thing, in stone, in breeze, in fish, in crab, in pigeon, in every life, Adhiparasakthi, denotes the mental power, which is the power of Nature.”

What you Think – What Actually Happens:

“Whatever you think will not happen; you do not think of whatever happens.”

For Children to be Well-bred...

“Both the parents in a family should have love and concern. Only if they have discipline, their children will grow in a disciplined manner.”

Family is a Temple:

“Family is a temple! Temple is family! I am the temple; just as the sea surrounds the world, I pervade and surround you all.”

Strength and Valour:

“The tongue should have strength but should not be flexible. Valour must be in one’s mind and heart and should be used for self-defence and not for destroying others.”

The Mind should be Without Defects:

“Defect can be in man’s sight, in his character and in the parts of his physical body but the defect should never be in the mind.”

Birth and Death are Nature’s Law:

“Grass and other natural vegetation can grow and be destroyed too. Similarly we can find both birth and death in society.”

Rains because of Good People! Cyclone because of the Wicked:

“In a society out of ten persons, nine are wicked but only one is good. Rain occurs only because of that one man and cyclone is caused by the rest.”

Mother Son:

“A son is like his mother but a mother will never be like her son!”

Step by Step Progress in Spirituality:

“Primitive people communicated by means of signs followed by sounds. Later, alphabetical letters came into use and it led to the birth of a language. Thus civilization progressed gradually. Similarly, you can attain spiritual progress only in a gradual manner.”

Nature and Spirituality:

“Only Nature and spirituality yield fruits. Medicine or science will not.”
The Strength for the Shade:

“Though you live in the shade of the tree, it’s I who give that power to the shade.”

Appearance is Similar but Mind is Different:

“The fruits of the banyan and peepal trees look similar but taste differently and are used accordingly. The leaf and the stem of the banyan tree are used for serving food and brushing the teeth respectively.

The branches of the peepal are used for weddings, the fruit is eaten by birds.

The fruits of Mahua and sappota are similar in colour and shape but they taste differently.

Similarly human beings differ in mind and spirit though they are similar in appearance.”

Creation and Purpose:

“Every single life has been created in this world for some purpose or the other.”

Man and Animal:

“Creatures such as ants and camels detect the danger arising from cyclone, rain and predatory animals by means of their sense of smell. Accordingly they shift their dwelling place and try to protect themselves. Human beings too naturally have the power of sensing the dangers around them. Since he has started living artificially, phlegm accumulates and causes foul smell.”

Why Does One Live by Devouring the Other?

“The worm is the food for insects which are devoured by lizards which in turn are devoured by frogs. Frogs become the food for snakes which in turn are devoured by eagles. If this ‘food chain’ is not present, what will happen to the earth?”

The Path of Life:

“There are ups and downs in the path of life. There will be progress at a particular time. There will be regress at some other time.”

Lay Man and the Educated:

“Love can be seen in a layman but sins can be seen in an educated man.”

Handful of Ash:

“Country, house or cow – everything reaches the cremation ground. A child born from the mother’s womb ends up as ash on the earth. Similarly saplings which become trees have to change into manure ultimately.”

Birth after Death:

“If there’s birth, there’s death and vice versa.”

Do Not Ridicule any One:

“Do not ridicule anyone. If you ridicule anyone, the consequence of that must be faced the next minute.”

This is the State Your Life:

“There will be child; there will be husband; there will be wife; brick bat too will be there; oil will be there; debt incurred for buying oil will be there, there will be children who will be questioning you as to what you have given them. What did you see while dying? You saw oil; you saw soap-nut powder; ultimately you saw ashes. This in fact is the reality of your life.”

The Significance of Neem Leaves:

“Of all other leaves, the neem leaves are the bitterest to taste; the bitterness prevents the tree from being infected
with pests or insects. The bitterness is equivalent to Divinity. This is the significance.”

**Family and Government:**

“A family is like a government. A government is also like a family.

There will be split in the family for the sake of securing the property. The condition at present has become so worse that the children have even gone to the extent of killing their own parents.

So also in the case of a country, which gets split up, there will never be a stable government. No one will gain the responsibility of ruling the country.

If children are brought up in the right way instilling in them the feeling of love and affection, rather than prestige, there will be no chance for the split. If they are brought up for prestige, there will be conflicts and fights in the family. No one breaks a broken pot. It gets broken on its own accord.”

**Science:**

“The scientific truths discovered for enhancing the production of things, has been gradually destroying human population. Science and medicine cannot save a man’s life. Surgery and new medicines can save a person only for a few days.”

**Man – Humane Quality in Man:**

“In whatever form flour is, taste is the same. A sweet prepared in any form tastes similar. In the same way men in whatever form they are, possess ‘humane quality’ which is common to all.”

**Nature’s Way: Spirituality’s Way:**

“Nature’s way is different; the way of spirituality is different. Involving yourself in spirituality superficially, without whole-hearted involvement, will lead to your getting caught in a slush that stinks. You should not expect any kind of honour after entering the spiritual path.”

**Sourness and Bitterness:**

“People say that milk will become sour as days advance. Whether sour or bitter, each has its own power. If milk does not have the tendency to be sour, it may turn poisonous.”

**Creation:**

“If there is a body, one has to feel pain. If there’s hunger, there is commonsense. If there’s sight, one is likely to see deeds incurring sin. When there is a tool, there is destruction.”

**Nature and Science:**

“Science can never overpower Nature. You will gain benefits to the extent you lead your life inter-twined with Nature.

The neem and banyan twigs available in Nature will keep the teeth stronger than the artificially invented toothpastes. Look at the gypsies who lead their lives intertwined with Nature. Look at the people who lead their lives intertwined with artificiality! See whose health is preferable.”

**Who is Responsible for Destruction?**

“Nature’s power is Adhiparasakthi. It’s the power of women.

People say that it is the woman who makes or mars. Men are responsible for the destruction of today. The fields of science also cause destruction. Women have been involved in constructive programmes and jobs that ensure progress.”
You are to Protect Yourself:

“Do the animals in the jungle have guns and tanks? They defend themselves with the help of their sharp claws and horns. In the same way you should try to protect yourselves by your education, knowledge and discipline.”

Family and the World:

“The family is like the world because we find jealousy and nagging around us in the family. While attempting to turn towards spirituality, the family and the world should become tolerant and disciplined.”

Discipline is Important:

“If the sheep goes out of the fold, it becomes a prey to another animal. In the same way if man does not care to maintain law and order, peace and harmony, then he too will fall a prey and cannot save himself.”

If Mother’s Milk is not Given:

“The child which has never been given its mother’s milk, will suffer from diseases. The children, fed with the milk of cow, may possess intelligence of cows and buffaloes. Mothers who do not feed the infant will suffer from cancer and cyst.”

The Evils in Society:

“If there’s less number of wicked people and more good people, the evils in society will vanish and make the society a better place to live in.

A little bit of poison added to a pot of milk will make the entire milk poisonous. But does it have the capacity to make the entire sea water poisonous?”

Desire – Destruction:

“Bird, people, animals, for everything there’s a heart.

Man’s gait, dress and mannerisms may change now and then. For everything there’s destruction because of desires and the reverse too.”

No Desires in Spirituality:

“Even after becoming old, people’s love for women and materialism does not diminish. But the desire to do charity and the desire to take a step towards spirituality never arises.”

Lack of Spirituality Signifies the Lack of Glory:

“Soil – water – idea – hardwork – progress – beauty – speech – for everything there is glory. We must safeguard that glory from destruction. Whatever be the glory, if this is not integrated with spirituality, it will not have any glory.”

Earning by Crooked Method:

“A man who earns money through falsehood, foul means and crooked ways will have to face destruction.”

Family- Confusion:

“In every family there will be confusion, dirt and nuisance. We cannot get rid of it immediately. Butter cannot be got straight away from milk. The milk should be boiled and converted to buttermilk before the butter is obtained. Similarly the confusion in the family can be cleared only by a slow process.”

Power:

“The power or energy will flow in a rod; it will also flow into different forms or shapes.”

The Grip of Law and the Grasp of Shakthi:

“One who makes money by foul ways can escape from the clutches of law, but he can never escape from the clutches of Shakthi (the Superhuman Power).”
Mirage:
“Do not forget that the world and this universe is a mirage.”

Beginning of Spirituality:
“Nature exists. Artificiality too exists. Inner self as well as the outer self exists. Mind exists. Senses also exist. Birds exist. Habits too exist. Birds never change their habits. Hence they remain as birds. Man changes his habits and customs. This is the starting point of spirituality, my son!”

How can the Human Race be Great?
“There’s no slavery among birds and animals. But the equality found among the fauna, is not found in the human race. While this is the case, it is incorrect to say that the human race is great.”

Treatment by Spirituality:
“There are several kinds of treatment like Naturopathy, artificial treatment and so on. You should understand that several people who get cured after coming here, are cured only because of the treatment of spirituality.”

Mother and Maid:
“Mother can become the maid. The maid also can become the mother. Both are women. A mother embraces as well rejects the child.

The Mother here, also does the same here.”

Expenses incurred for Spiritual Services:
“Dry lands become fertile because of rain. The grass sprouts as the animals keep grazing the meadow. Your property will keep multiplying only when you keep spending your money in spiritual services.”

Saints:
“The saints too have cleverness and strength.”

Can Never Control Nature:
“Rain and Nature can never be controlled. Nothing can be done to bring them under control.”

Rich – Poor Relationship:
“In a family the adults earn and not the children. The rich should take care of the poor and help them with the basic needs of life. The rich should be aware of the fact that it is God’s grace that has made them so. But if the rich become haughty and arrogant and torture the poor, I shall ruin him by allowing his arrogance to grow.”

Employee – Employer Relationship:
“An employer ventures to produce a vehicle to be bought by an affluent person. An employee helps in that production! The employees gain solution to their problems regarding food and dress. Employer and employee should have cordial relationship based on this fact.”

Opposition or Protest is also Necessary for Spirituality:
“A child is at times treated with bitter medicines through injection or food. It’s the natural course of rearing the child. Similarly to cultivate spirituality, bitterness and protest are necessary.”

Mind-Rain:
“Depending on the attitude or maturity of the people, we have showers.”

Spiritual Progress Means:
“You may strive for the growth of a coconut tree but you
may not be able to enjoy the produce when the coconuts reach the stage of being plucked. Obstacles come in the way of spirituality. An individual can achieve only about 25% of progress in spirituality during his life time.”

**Torn Cloth – and the Mind:**

“Your mind does not become pure in spite of the advice given to you. The cloth gets torn due to repeated wash but the dirt does not get washed out. The cloth reaches the stage of getting torn. Your mind seeks the path of destruction.”

**Dirt of the Mind:**

“The vessel kept on a stove becomes black. When it is washed it stains the hand black and in turn makes the cloth used for wiping black too. Similarly the dirt in the mind of certain people will never disappear in spite of the advice given repeatedly.”

**Sea and Boat:**

“A boat can reach the shore only after crossing several obstacles. Similarly in spirituality we can reach the goal only after facing the hurdles caused by family ties of love and affection.”

**The Way to Mental Peace or Satisfaction:**

“Only if you direct your mind towards spirituality you can gain mental satisfaction.”

**Women’s Contribution to the Welfare of the World:**

“Dirt is found in the human body inspite of bathing. Dirt is found in the pot washed several times. Gutter has dirt. The mind too has dirt. The presence of dirt results in destruction of the human race. But womankind can control the destruction by their effort.”

**Waste Matter from the Body and the Desires:**

“It’s good to get rid of the waste matter in the body in order to become healthy. Similarly it is good for the mind to get rid of desires.”

**The Power of Spirituality:**

“What man or medicine cannot achieve, spirituality achieves.”

**The Innate Power in Man:**

“You can accomplish anything with the innate power within you. Nothing is impossible.”

**What for is Spirituality?**

“There is nothing that goes against Nature in the spiritual path. There is no artificiality. Spirituality is necessary for practising the control of five senses. The five elements can be controlled with the help of spirituality.”

**Mountain-like Mind:**

“There are mountain-like minds with good thoughts, there are also mountain-like minds with evil thoughts. The minds with good thoughts will be rewarded. But the rock-like minds with bad thoughts should be blasted with bombs.”

**Prevention of Skin Disease:**

“It is good for the body to use pure coconut oil, gingerly oil, peel of lemon, soap nut powder, ginger and jasmine while bathing.”

**Clock and Family:**

“A clock, which shows time by seconds, hours, months and years, accurately, appears outwardly beautiful. When it works, various machines inside it function in opposite direction, as if they are fighting.”
In the same way, though there are several problems in the family, we should be outwardly calm and spend our life without revealing it to the world outside."

**Man’s Nature:**

“Though men look alike in their the physical appearance, they are different in their thoughts.

Man’s forethought, after thought, manner of speaking, mode of dress, mannerism, taste, bitterness, married life, anger and so on keep changing.”

**Nature and Man:**

“There’s one and only Nature. But the gait, dress and characteristics differ from man to man. Only when there’s truth in man’s mind, mankind will get food hereafter.

Man who progresses from a lower strata will tumble down to the same level if he indulges in unrighteous acts. When copper is added to gold it becomes flexible enough to make jewels. In the same way spirituality requires the fostering of flexible nature. In this mysterious world what is the use of fretting and fuming. Just as the mother protects the child and the cow protects the calf, I alone can protect you. I alone can protect you in the days to come.

Just peruse, as to how far the world has been moving towards the path of destruction.

Currency is getting transformed into corpse.

**Nature – Man:**

Nature does not live for her sake. But man exploits Nature’s resources and makes use of other living creatures like goat, cow, horse for his own benefit. He is greedy and selfish. He lacks the culture which Nature has.”

**Knowledge – Destruction:**

“The destruction in future will be proportionate to the growth of knowledge.”

**Dreams–Benefits:**

“If one dreams at night with spiritual and charitable thoughts, such dreams will get concretised and grant him benefits. Instead, if he dreams with hypocritical thoughts of spirituality and charity, such dreams and their benefits will never come true.”

**The Experience of Sorrow is Necessary:**

“A child accepts the food given to it only when it becomes tired after being allowed to sing, laugh and play. Similarly, maturity can be gained in spirituality only after the experience of sorrow.”

**Worldly Life:**

“I have created this world and I have made arrangements for your life. I also cheat you because life itself is an illusion. Life should have the combination of goodness, sweetness, bitterness, joy and sorrow. Such a life will help you to gain experience. You can reach great heights only through experience.”

**Primitive Man:**

“The primitive man had good and noble thoughts and ate vegetables. He lived in the forests with animals and lead a life intertwined with Nature. The moment he started ploughing the land, growing crops for food, from that time onwards he moved from ignorance to knowledge and towards destruction. Spirituality is that which differentiates knowledge from ignorance.”
Thoughts Responsible for Destruction and Development:

“The air pressure caused by Nature moves upward because of the pressure and gets transformed into clouds and causes rain which is beneficial to mankind. When the objects created by the same Nature causes pressure below the surface of the earth it results in earthquake, landslide and other calamities. Similarly when man’s thoughts manifest in good actions it benefits many. When the same man’s thoughts become corrupt they get transformed into wicked thoughts and result in his destruction.”

Man’s Thoughts and Nature:

“Unseasonal rains occur in accordance with the people’s thoughts and the corruption in their minds.”

Animal – Man:

“Cows and goats have mind. They are satisfied with whatever they get. But man does not have contentment. Hence there is commotion and violence.”

Tree and Man:

“The plantain tree safeguards its species by simultaneously leaving behind a sapling when it realises that it has reached the end of its tenure. Trees continue to offer things to man. But man alone continues to destroy others.”

Earth – Mother:

“Continuous drilling of the earth is equivalent to causing disrespect to Mother.”

Monsoon Rain:

“Monsoon rains come if man is God fearing and loving towards his fellow human beings. But once he becomes proud, rain too becomes proud. It transforms into a cyclone and causes destruction.”

Nature and You:

“Nature does not benefit from you. You benefit a lot from Nature.”

The Birth of Living Creatures:

“Living creatures are born from dirt and atoms. But their ideal growth is only due to spirituality.

The foremost creation is the female species.”

In Future:

“Everything will be available in future. But there won’t be security or peace. The corrupt crowds like the crowd of crows, eagles and foxes are on the increase. Hence devastation is awaiting its chance.”

Follows Appropriate Time: Injustice:

“Trees, plants and climbers have sticky nature. Seeds have oily nature. Leaves supply juice. If such natural tendencies are not there you will never get rain. The blowing wind is a support to these objects of Nature.

Everything happens appropriately. That which happens inappropriately is considered as injustice.

If everything happens appropriately there will be stability. If injustice increases Nature becomes violent and angry. You cannot appease Nature’s anger.”

Only if you are Good: You can Reform Others:

“Only if a person is good he can reform ten people.”

The Wind too has Sound:

“The wind too has sound.”
To Escape from the Whirlpool:

“You eat as you are hungry. You are conscious of your growing old. You get disease. Just as earth rotates, your life too revolves your life-breath too revolves. The person who wants to escape from this revolution, should not give priority to beauty and lust.”

The Destruction of Today:

“The people of today do not have good thoughts. Five deadly sins and sinful deeds are in the increase. It is because of that five elements cause destruction.

We cannot point out which is a just act and which is a righteous act.

There is no hygiene. Diseases too will increase as laziness has increased.”

Hardwork and Integrity:

“To be greedy for a single rupee will result in spending hundred rupees. What is earned by hardwork will alone be retained by you.”

Laymen:

“Uneducated laymen are the children of Parasakthi. They are the loving children!

Children do not respect their own parents but they respect the parents of others.

If they just think about what they have received there will not be any problem.”

Life can’t be Breathed Into:

“It’s easy to create a physical form but it is difficult to give life to it. Sticky substances only can be used for sticking only if they are heated. All objects have to be given life.”

The Skeleton and Physical Appearance:

“The tiny capillaries in a leaf are able to suck and retain water. So also the bones and blood capillaries help in the functioning of the body and give life. The skeleton gives form to the body.

It is the skeleton which gives the structure whether the body is small, big or medium.”

The Barriers to Mankind: Beyond Necessity:

“An embryo is formed and it evolves into a child. It becomes a girl, a daughter, a wife, mother and grandmother. By taking these forms it reaches the utmost limit of mankind.

In Nature a seed becomes a plant, tendril or tree.

In the material world you have dance, songs, drama, entertainment. When they cross the limit they cause suffering. Hence human life does not evolve completely.”

Peace in Life:

“Waves are formed due to disturbances in the sea. It is calm in the middle. If you forego all attachments you will gain peace.”

The Solar Eclipse of 1995:

“The solar eclipse will occur on the day of Deepavali. It would cause havoc to the world. During Aadipooram. (Festival in the fourth Tamil Month Aadi equivalent to July- August and the day of the 20th Tamil star Pooram to propitiate the goddesses in the temples) distribute porridge, and perform milk anointment. You should take some of the milk and sprinkle it in your home and surroundings. This would mitigate destruction.”
The Sun: The Moon:

“Nobody respects the sun and the moon inspite of their rising and setting daily, because they possess male characteristics. But the Goddess of earth and water are respected because of their feminine qualities.”

How should it be?

“If life, character, beauty, soul, knowledge are spiritual then everything would be wonderful. But character is that of arrogance, beauty is uncultured, knowledge is scientific knowledge. If this is the case it will only lead to destruction.”

Humility – Arrogance:

“The plant species which are beneficial to others keep their heads low, whereas man who reaps benefits from other creations walks holding his head high.”

Dew: Rainwater:

“You cannot irrigate the crops from the water derived from snowy mountains. You can irrigate crops only with rainwater.

The seawater evaporates and then comes back to us as rain.

If you cool water sufficiently it becomes ice.

It is I who changes one form to another and gives man form and makes him speak. It is I who makes him fanatic.”

Nothing is Useless:

“Along with plants you have weeds, with plants there are thorns. You cannot reject anything as useless.

I help all lives in the appropriate form in which they should be helped.

Even discarded object will have its own use.”

To have a Long Life:

“If you do not get caught in the web of desires and lead a disciplined life, then you would have a long life.”

Is Human Race the Best?

“Animals are useful to humans. Among the living creatures animal species are useful to the human race.

Plants species are useful to human race. But human race alone are not useful to others living creatures.

The mango tree gives delicious mangoes. But it does not enjoy it.

Similarly man should be of use to others. Only then it will be a matter of pride to human beings.”

Man’s Power! God’s Power!

“To protect animals, man’s power is sufficient. But to protect man, god’s power is required.”

Nature! Artificiality!

“Natural water is the best. Artificial water would only lead to disaster.

If you leave spirituality you have no way left. Your life will get shattered. It will not be of use of anything.

There is no respect for money, power or science. Only spirituality has respect.”

To Reform Humans:

“Man can be reformed only by taking a human form.

Animals should be transformed by being in the form of animal.”
Nature – Artificiality:

“When you lead your life intertwined with nature you have no worries. Troubles begin when you start including artificiality. A fruit juice has sweetness. If the fruit is eaten directly, it has its benefits. Only when you start drinking fruit juice prepared with the help of machines it will cause danger.

As industries increase the atmospheric air will lose its purity. In due course you will never get pure air to breathe.

Industrial waste will only cause trouble.”

Forest Dweller: Country Dweller:

“Forest dweller is becoming a country dweller. A country dweller becomes a forest dweller.

Nature has its own importance. Even if you are in a multistoried building, you should lead your life intertwined with Nature.”

Disaster through Desires:

“On normal days the waves don’t cross the banks. Only during a cyclone it comes into land causing destruction. Similarly when waves of desire increase, it will lead to destruction.”

It is Essential to do Physical Work:

“Physical work is beneficial to your body and mind. There should be sincerity in the that work.”

Destruction of Body: Destruction of Nature:

“When you are angry you should be peaceful. Nervous tension and body-heat are caused by anger.

Blood pressure is caused by different pressing thoughts. Too much of desire, jealousy, dirt in heart can lead to destruction.

Just as the pressure on the mind causes blood pressure, the pressure of the five elements leads to cyclone, earthquake and floods.

The suppressed air is released as cyclone and earthquake. Creative force is transformed into destructive force.”

Diseases: Deaths:

“In those days natural manure was used for growing crops. Nowadays, crops are grown with artificial manure. So even if the tablets are given it has become impossible to prevent diseases.

When man led a peaceful life his death rate was low.”

According to Your Thoughts:

“Food products are based on the nature of the soil. Your life is based on your thoughts.

Sweetness and bitterness will occur alternately.

Opposition will also prevail.

You should try to control your five senses.

Whatever be your field there should be a kind of discipline.”

Hunger can lead to Murder:

“When you don’t have food you are hungry. Your hunger can lead you to murder.

Man who controls animals has to appease their hunger. It is the duty of man to appease the hunger of others!”
Why is Spirituality required for Youngsters?

“From the age of sixteen to the age of forty you are caught in unnecessary gossip. It is in this age that you should grow with maturity.”

The Characteristics that Do Not Change in a Man:

“Man has characteristics of a cow, buffalo, bird, animal and crow. This would not change.

Earlier they said that it was “rare to be born as a human being.” Now it is a sin to be born a human being.

Man requires peace of the soul.”

Man must be Useful like the Coconut Tree:

“The tender leaves of the coconut are used for making rattler for children. The ripe leaves are useful for laying the roof of the house. Its sticks are useful for making broomsticks. Its coconut becomes useful as oil.

Like that coconut tree, man who is born, should grow up and be involved in spirituality to be useful to others.”

Even Pets cause Disaster:

“ Destruction will be caused by the animals reared for the sake of income.”

Nature –

“Even trees, plants and climbers are affected by diseases. But they cure themselves through Nature.

If life is not led intertwined with Nature, destruction will be caused by Nature’s fury.

There may be a time when mud pots may have to be used again.”

Why does Nature Unleash its Fury?

“Nature functions silently. When you control your spirit and live patiently it is very humble and disciplined. When you cross the limit Nature too unleashes her fury.

Sea, waves, air, speech, all have a limit. When they cross their limit. Nature too unleashes her fury”

If Destruction Increases It Leads to Disaster:

“In the world of today falsehood and cheating has increased. Everywhere the air of intoxication prevails. The discrimination between people as elders and youngsters has vanished. The world will bear this only to a certain limit. If disaster increases it will result in destruction!

Educational field, temple, home – you should concentrate on all these things.”

Human Beings – Animals:

“The animals that move with human beings are affectionate. Until the wings are fully developed, the parent bird cares for its young ones. But human beings send their children to school at an infant stage. Such children grow up without affection.

This lack of affection among human beings has resulted in man’s spending thousand rupees where he has to spend only one rupee.

Henceforth land will become unstable and home will lack affection.”

The Evils of Pesticides:

“For the abundant growth of crops pesticides are sprinkled. The essence of these harmful pesticides enter the human body and cause diseases.”
Earthquake will Occur:

“The earth is dug continuously to make pats. The earth can bear that only to a certain extent. Continuous digging causes earthquakes due to the pressure of air.”

Artificial Rains:

“Artificial rains would only lead to expenditure. It increases heat and death.

If science functions against Nature it will result in unnecessary waste. Nature will avenge your act. It will cause chaos in some form. Destruction will be caused by five elements.”

Plants too have Sensitivity:

“Trees, plants and climbers have eyes and feelings. Even among the plants there is a plant called touch-me-not-plant. But today’s man has become insensitive.”

Nature has been Polluted:

“There is pollution in the natural surrounding. A time may come when you need to boil the water five times and strain it before drinking.”

Man and Animal:

“Since woman and cow are considered are equal ‘kamadhenu’ (face of a woman and body of a cow) is adored as a deity. Animals cannot pretend. But man pretends.

Animals evolve and attain the state of man. But instead of evolving progressively man lowers himself into the state of animals.”

Life as a Mirage:

“Today mankind leads a life that does not gain acceptance. The life of the man who has a good heart will alone gain acceptance.”

Tomorrow’s World:

“Tomorrow’s world will become spiritual. But there will be troubles due to the planets. Earthquakes, cyclones will be there. There will be no law and peace in politics.”

Why is the Land becoming a Forest:

“Children should be breast-fed. Then they will be affectionate. This habit is less prevalent. Hence the country is getting transformed into a forest.”

Money will not give you Peace:

“When you light a lamp you take care to protect it. Similarly as you accumulate wealth your desire to protect it increases. As money gets accumulated peace will totally disappear.”

The Learned – the Illiterate:

“The learned have many agonies. The illiterate do not have worries. Education cannot remove man’s agony.”

What prompts you to Commit Sin:

“It is only due to excess fat that you sin. If one does the work allotted to him, he will not commit more sins.”

Man will Make it Useless:

“Sun, moon, stars, sky, earth, rains, salt, sea, when these are close man tends to exploit them. It is only because they are kept in a revolving position that man is using them for his life.

If the sea water were pure and not salty, man might have used it and ruined it. Subsequently there would not have been
water to drink. That’s why I transform sea water into clouds
and then into rain so that it may be useful to you as good water.”

**Worship the Five Elements:**

“Only the well that is in use can produce water. To
produce, you need Nature. You must worship the five elements.
Only through Nature and spirituality, you have to progress in
life.”

**Family Unity: Unity of Mankind**

“Our body is made of 242 nerves. But even if one nerve
is affected, our whole system gets affected. If one individual in
a family suffers and if one region in a country suffers, the whole
family and the whole nation will be affected respectively. The
trees, plants, and climbers that are cut will start flourishing soon.
But this is not applicable to human race. Hence there should
be solidarity in the family as well as in the nation.”

**Nature – Man:**

“The culture that is present in the animals and plants is
not found in educated men of today. Plants and animals help
human kind in several ways. But man does help his fellow men
who suffer.

When a house in the neighbourhood catches fire he is
indifferent. He does not realise that the fire will spread to his
house also when the wind blows fiercely. He doesn’t run to
offer help.”

**Wild Animal: Domestic Animal:**

“There is a difference between animals reared by man
and animals residing in the forest. Man’s nature is transferred
to the animals rears.”

**To Escape from the Fury of Nature:**

“To be unaffected by rain, floods and natural calamities
you must come carrying Irumudi (twin bundles).

Many people come from different parts of the world.
There are those who want to come. Do not miss the present
chance.”

**Irumudi: Guru’s Position –**

“Irumudi ritual should be performed in the best way
possible by accepting Adigalar as your mentor, performing
worship to his Feet with the offering and giving importance to
his state as the mentor.”

**You cannot Enjoy:**

“You will not be able to enjoy your own house or land if it
is corrupted by your desire for position which involves murder
and blood.”

**Why such Inequality Prevails in this World:**

“No one leads his life thinking that he should always
‘think good, speak good’. This is the reason for the prevalence
of inequality in the world.”

**The Motherly Love of Parasakthi and the
Results:**

“Plants grow according to the seasons. They flower and
bear fruit. After regenerating they die.

Human species gain birth, grows, finally dies. For
human growth, affection and love are required.

The seasons and affectionate feelings are due to the
motherly love of Parasakthi.”

**Life is a Mixture of the Good and the Bad:**

“Only when there is a union of the positive and the
negative, electricity flows. Similarly, life is a combination of
the good and the bad.”
You do not Know why you were Born:

“The water in your blood is useful to you. It is not seen outside.

Similarly you do not know why you are born.”

For the Protection of the World:

“Eyes are given to see the good. Ears are given for hearing good thoughts.

Hands are given for hardwork and charity. Atmospheric air is given for enabling the creatures to breathe.

I have created the earth for food production and sea for water.”

Politics by Politics:

“Just as you cut glass with glass, diamonds by diamonds, hearts by hearts, politics can be cut by politics.”

Mankind is not one that can be Trusted:

“Gods are said to have birds and animals as their vehicles and weapons. Do you know why? Is is because human species cannot be trusted.”

Good Thoughts:

“Good thoughts should come to you. Your speech should have good feeling. Moreover good thought should enter your soul.”

The Means of Gaining Peace:

“Only if he reaches great heights through hardwork in his life a man will gain peace. The man who uses crooked methods to progress will never gain peace.”

Importance to Neem Leaves:

“Neem leaves will always have importance. ‘Beal’ leaves (‘vilva) will also have importance.

The banyan leaf and the peepal leafs cannot be eaten.

Only when the neem leaves have reached the stage of becoming ripe, worms and insects approach it.

If you are ripe in spirituality you can easily get detached. If you pretend as if you are ripe you have to become prey to the worms and insects.”

Only Nature Gives Benefits:

“Only Nature can give benefits. Spirituality is like a deep well. There should be no falsehood and cheating in it.

The River and Well are sources of Nature. You must consider your spirit as a deep well.

You can draw water from a deep well for constructing a house or for planting crop.

You can take water from a pot, you can also draw water through electricity. If you have deep devotion you can fulfill the task in any form.

Only if you have intense devotion you can fulfil any work in any form. You can get the blessings of Goddess Nature through deep devotion.”

The Origin of Life:

“Just as life forces join to form an embryo, the five elements burst and scatter and lead to the appearance of atoms which in turn lead to creation of living creatures.”

Material Desires – Fights:

“No one knows who would get an object and whom it would affect?”
I shall give blessing, spirituality, material desires and peace.

Man forgets himself sometimes. In anger he uses the sword. When material desires clash your spirituality is required to prevent that. Amma is essential!

**Life is a Combination of Everything:**

“Only when the thread is placed in a loom and pulled on either side, it becomes a saree. Similarly mind, money, character disease combine, to form life.”

**The Human Structure:**

“Man has all organs alike. But his mind, form and diseases are different.”

**Your Life-breath will Cheat You:**

“Only if you have money (grease) ten people will join you. If there is a form, dust will get deposited on it.

If there is a mind dirt will get deposited in it.

Mirror has to be wiped often. As you wipe it often, it loses its mercury.

Only if there is life-breath in your body, there will be the desires of attachment and position. If you cheat many people due to these desires, your life-breath will cheat you and leave you.”

**Old Life Style:**

“New diseases will arise in future. Old food! Old life is the best. There is no need for chemicals. You can have the concoction of herbal medicines.”

**Nature Embodies the Deities:**

“Music is created when the sound waves enter the musical instruments. Similarly several deities are present in Nature.”

**Your Mind Wave:**

“You can identify a sound with the help of the ‘wind-wave’. You can know who you are with the help of your ‘mind wave’.”

**Soul Force:**

“Sakthi has the nature of giving form to an object. You should understand the spiritual force. It is the soul which becomes the sakthi.”
Meditate Whenever You Come Here:

“Everyone of you think that you have performed worship by chanting the mantras 108 and 1008 times and that you have given Irumudi many times. Instead of thinking this way, whenever you come here you should sit in a calm place and meditate for 10 to 20 minutes. You should maintain silence.”

During Meditation:

“While meditating your mind gets distracted. Don’t lose heart. Set your mind free! First it will move with the pace of a horse then like that of a deer. Then it will get stabilized!”

For those who Circumambulate the Temple:

“Tell those who circumambulate the temple to spend 10 or 25 minutes, after doing so, in meditation and in silence.”

Meditation! Benefits!

“As long as you milk the cow, the cow, doesn’t stop giving you its milk. If you follow meditation, silence, Irumudi, fasting and worship towards God, then you would benefit through it.”

New Moon, Full Moon:

“If you maintain silence and meditate for 5 minutes during new moon and full moon days at your houses or at your worshipping centres then I would bestow upon you the benefits of your worship.”

Why am I Stressing Women’s Involvement:

“You cannot tell what would happen tomorrow. Science would cause destruction. In our childhood days we are not in a position to understand what is happening around us. When the same child becomes a mother in the later stage of her life, she becomes mature enough to understand what is happening around her.

As women you should know and understand the future. That is why I am stressing the fact that you should involve yourself in spirituality, meditation and silence.”

The State of Slumber and Peace of Mind:

“When a child commits a mistake even if you try to stop them by advising it, it would refuse to listen to you. It becomes obstinate. Then it keeps on weeping and falls asleep. By shouting and clamouring, the child attains peace of mind.

In order to pull you towards spirituality I am trying to involve you in consecration of sacred pot, worshipping the lamp, conducting sacrificial fire ritual, meditation, silent worship. By doing so you control your five senses and through meditation and silent worship, you come to the state of sleep. When you come to that state you attain self satisfaction.”

Spirituality and Meditation:

“Human society should follow meditation, while involving itself in the spiritual path.”

Those who have Gained the Blessing of the Mentor:

“Even after gaining the blessings of the mentor, (guru) people should continue meditation.”

For Tomorrow’s World:

“Worshipping God, spiritual worship, education,
Meditation is Necessary:
“Meditation is necessary. Even if you have involved yourself in domestic life, meditation, silence, ritual worship anointment are necessary. Peace is necessary in spirituality.”

Meditation for Peace of Mind:
“Utensils shine as you scrub them. Similarly if you keep on practising meditation you can achieve peace of mind.”

Meditation is for Controlling the Five Senses:
“After entering the spiritual field, you should be a responsible person. You should meditate. Meditation is meant for controlling the five senses.”

Meditating in Melmaruvathur:
“Those who have come to this place and meditated for 108 times and those who have come and offered Irumudi for nine times will never be affected by witchcraft.”

For the Development of Worldly Affairs:
“Arrangements are made here for the progress of the world and for giving training in meditation.”

Meditative Lessons for the Red Clad Disciples:
“Training in meditation for the red clad disciples we can make them understand ‘Sakthi’.”

Establish a Place for Meditation (For the Charitable Trust):
“Lay marbles around sanctum-sanctorium and make the place suitable for meditation! Those who donate marbles to this place, their family would be blessed. In future there will be an ashram especially for women.”

The Art of Meditation:
“You all should learn the art of meditation from Adigalar.”

Meditation for Women:
“Women should meditate during the afternoon at 12.00 noon. While meditating you should have self-control. You can even practise meditation in the late hours. But you cannot do that. Even during the menstrual cycle you should meditate for atleast 10 or 15 minutes.”

Meditation and Spirituality:
“Meditation leads to carefulness. Spirituality paves the way for tomorrow’s progress.”

To Control Mind and Lust:
“I am trying to develop spirituality within you according to the mood in which you are. There is no need to pretend. In order to control your mind and your lust I am giving you spiritual training.”

The Art of Meditation – Some Hints:
“While meditating you may suffer from pain in your waist, shoulder bone, your vertebrae, and in your neck. You should gradually increase the duration of meditation from 10 to 20, 30 and 40 minutes. Then you would have the thought of urinating. You should overcome all these obstacles. You can achieve quarter progress in spirituality if you meditate for 40 minutes to atleast 3 hours.

You can control meditation only through your calmness. If you want to control the flood, you cannot do it at the first instance. You must wait till the water level decreases and then you can control it.”
To Overcome Today’s Chaos:

“Politics is like sewage. It is not clean. It is powerless. There are defects in it. In order to overcome this sad state of affairs you must rise early in the morning before 6 o’clock and chant the mantras for about 108, 1008 times and should also maintain silence and must meditate. You must bear the Irumudi and come to me regularly. You must be affectionate towards your father and your mother. You can control the present day atrocities through spirituality.”

The First Education:

“When you begin to utter the letters in Tamil you cannot understand its importance. But this training is the base for your future education. Similarly you cannot understand the importance of my training. This training forms the base for your future progress in spirituality. You would understand its importance later in the course of time.”

Meditation: Self-control:

“If we control the three parts namely nose, ear and mouth by doing meditation then you can control three gunas (qualities), three kinds of attachment and all the five senses. All the three are in a triangle. If you follow meditation and silence then they would come under your control. We sometimes utter unwanted words because we lack self-control.”

The Things that happen Due to Spiritual Dealings:

“By involving in spirituality you would have control over all these things namely, strength, benefits, material substance, love and affection, progress, self-control and meditation.”

If there is no Peace of the Soul...

“Soul is different; conscience is different. You should control the soul by your conscience. For that, you need self-control. If you don’t have control over your soul there is no use in visiting the temple for many times. Even if you chant 1008 mantras for several times it is of no use. If there is no peace in the soul then the soul becomes arrogant.”

Meditation – Calmness:

“Meditation paves way to Calmness.”

In all Circumstances my Thought should Come to You:

“Son! Have you been to the river and have you seen anglers catching the fish? In one hand he might hold a teacup. In another hand he might have a tobacco and might be smoking it. At the same time he might be hearing songs over a radio. Simultaneously he would also admire a girl who passes by. Do you know what he would be concentrating in? His thoughts would be around his angle and his catch. Similarly amidst the worldly affairs your thoughts should be centred around me. Do understand!”

Meditation at the Place of the Realised Soul (Siddhar Peetam):

“During the early morning anointment ritual between 5 and 6 a.m. when there would not be much disturbance – make the devotees sit in the place outside the anthill building, behind the sanctum – sanctorium. It is enough if you meditate for two minutes after bringing your mind under control.”

You can benefit through Meditation:

“When you skim the milk you get many substances like curd, butter, ghee and butter milk. Similarly you can get many things in spirituality through meditation.”

Meditation for Peace of Mind:

“You need meditation for spiritual thought. Meditation
is meant to give rest to the body and the mind! Through meditation you can gain mental peace.”

**With what should you Progress?**

“Each one should progress through hardwork and meditation. Laymen should also meditate. I bear the sins of these laymen who come here, as they involve themselves in meditation.”

**Through Meditation:**

“By meditating you develop the art of tolerance, good nature, self-control. Wherever you go there will be small problems. You become tolerant by involving yourself in spirituality and by meditation.”

**What is Important for Women:**

“Meditation is important for women.”

**Experience through Meditation:**

“When you sit in meditation your sins flash in your thought! After that you see the picture of good deeds! In movies you see different scenes. Similarly you begin to think what deeds you would like to see in the future.”

**The Plant of Spirituality:**

“When planting a plant if you think that it is not good for you, replace it by another one. As the plant grows, insects begin to destroy it. You feel that your income is not sufficient enough to kill the insects. When you overcome all the difficulties in farming, you enjoy the benefits of farming. The tree gives benefits not only to you but also to your progeny.

Spiritual involvement is same as farming! When you indulge in spirituality many would speak against you. You might face many problems. By forgetting all these things if you control your five sense and involve in meditation, you would reap spiritually entirely. The benefits you earn through spirituality will also be passed on to your progeny.”

**Meditation is Everything:**

“Meditation is the path towards self-control! Meditation is good for all purposes! Meditation only helps a man to progress! Meditation is greater than everything! Meditation gives discrimination! You can get anything through meditation! Destruction would occur in all fields. If one wants to free himself he should involve in spirituality and thereby develop his self-control.”

**The Root Should be Strong:**

“If the roots of a plant are not strong enough to hold the plant, then it would die when there is a strong wind or a flood. If the roots of the plant have gone deeper under the soil then the plant would stand firm on the ground. Similarly, if man wants to control his soul, he must hold on to Adhiparasakthi and must grow like the deep rooted plant.”

**Not to be depressed by Problems:**

“There are problem in every house. Troubles often trouble them. It will not get solved if you keep on worrying about it. So you meditate daily”

**Spirituality and Meditation:**

“Like protecting the crops you should protect your spiritual self through meditation.”

**Meditation to Cleanse the Dirt:**

“Dirt is in your thoughts. You can see the surf as the waves come to the shore. As the waves reside back the surf is left behind.”

**Meditation for the Disciples of Red Dress:**

“There is dirt within you even if you wear the red dress.
When you wear the red dress you should not have evil within your mind. Meditation is necessary to cleanse the evil within your thoughts.

**Meditation During Eclipse:**

“When you sit in meditation during eclipse, you would gain many constructive results. Devotion will develop and your sluggishness will disappear.”

**When you come to Melmaruvathur:**

“It is best for you to come here once or twice a month. It is not enough if you just come and go or perform the ritual worship. Whenever you come here you should spend at least two or three minutes in meditation.”

**Bring Your Soul under Control:**

“A car can go to any place at any time but it has to stop at a place. Similarly you should bring your soul under control.”

**Meditation:**

“It is not necessary that the external world should be viewed only with your eyes open. You can also see the outside world with your eyes closed. You will understand this truth when you practise meditation.”

**During Meditation:**

“When you meditate your past sins come before your mind. Leave it behind! Those thoughts will change later!”

**Don’t Pretend:**

“You need not chant mantras for others to see you. It is good for you to meditate in a dark room.”

**When you Face Troubles...**

“When you face troubles, you should meditate. You should be silent for 5 minutes.”

**Method of Meditation**

“You should meditate keeping your legs hexagonally and your hands in ‘chin mudra’ (posture of the hand in which the tip of the index finger keeps touching the thumb while the other three fingers are raised upwards and kept apart (to signify the union of soul with god).”

**You must Understand Yourself**

“You must understand yourself and your soul.”

**Why is Meditation Necessary?**

“Meditation is useful for relaxation and fasting is helpful in exercising control over the intake of food. The menstrual cycle of women is also meant for relaxation. Relaxation does not imply laziness.”

**Meditation: Explanation:**

“The Tamil equivalent to meditation is “Thee Yanam”. It could be split as “thee” and “Yanam”. Its meaning is two fold. The first syllable “thee” represents evil habits. The second syllable ‘yanam’ means ‘a vessel’. Your mind is that vessel. You have to remove the dirt in the vessel of your mind and rise to the level of the divine. Meditation is essential for this purpose.”

**Meditation and Silence:**

“Whenever your mind is confused... whenever you face oppositions... at such times you practise silence and meditation for 10 minutes.”
CHAPTER - XVI

IRUMUDI

Irumudi – Meaning:

“Irumudi” means bundle of darkness tied together. ‘Irumudi’ is the knotted bundle worn to dispel the darkness in your heart. It denotes the knot to tie the inner selves of a husband and wife. ‘Irumudi’ will also denote the fact that man’s inner and outer selves should be in unison.”

I will Accept in Any Manner:

“A wedding has been performed through various ways like distributing invitation, registered marriage or placing traditional betel leaves. We accept all these different ways as a wedding ceremony. Similarly I shall accept the act of bringing “Irumudi” here in whatever manner possible.”

To the Guru of the Irumudi Group:

“A person who brings the “Irumudi” should hold the ‘Irumudi” on his head with one hand and keep the “Irumudi” on another’s head. You catch hold of your fate! You also place the other person’s fate on his head!”

When You Arrive After Overcoming Obstacles:

“There will be lot of obstacles which will prevent you from reaching me. You should overcome those obstacles. Then you will have my blessings.”

The Three Varieties of Irumudi – Red; Yellow; Green:

“I shall provide an opportunity for the transformation of the world into red and red into yellowish and yellow into green.”

Your Dirt – Your Family’s Dirt:

“The purpose of an “Irumudi” is to remove your dirt. The dirt in your heart, and the dirt in your family. “Irumudi” is to remove both these dirts. The ‘Irumudi’ that you offer without discipline and self-control will not be of any benefit.”

Observe Silence when offering “Irumudi”:

“Why should silence be observed when entering with ‘Irumudi’? When the knot of the ‘Irumudi’ is untied, you should keep your mouth closed in order to control your mind. Only after completing silence should the materials in the ‘Irumudi’ be separated and taken.”

To the devotees offering ‘Irumudi’:

“The devotees who offer ‘Irumudi’ must observe silence for 5, 10 or 15 minutes. Later they can perform services like maintaining cleanliness of the environment, serving food to devotees and followers, helping devotees in performing “Ankapradakshanam” (circumambulating the sanctum sanctorium by physically rolling around) which should be followed by meditation. After meditation, they should take both and perform the Ankapradakshanam.”

To Women Disciples who have come to Perform Service During “Irumudi”:

“Love, modesty, patience towards devotees, calmness should be observed. Meditate for five minutes before coming for offering your services. Do not give orders to others. perform the tasks with the people who have come and show them the way. Do not discuss household problems here. At the same time do not fail in your hospitality towards the devotees.”
Always follow the habits like discipline, cleanliness, and hygiene. Offering your services during “Irumudi” anointment is the best opportunity. Make use of it to the maximum. Your mental state has risen one step higher than others through this service. Women possess strength and intelligence. They must develop a society that is knowledgeable. By understanding and by using time prudently women should build a society which should say that a women’s society is a strong society. You should behave in such a manner that the members of your family should proudly exclaim, “Is this our girl who performs service like this? Do not think that you will receive the benefits of your service only in this birth. You will get benefits in the next birth also!”

**Offer “Irumudi” Generation after Generation:**

“Do not feel dejected that you are unable to read the 108 or 1008 chants. The work that you do during you “Irumudi” is sufficient. The day the girl from your family is given in marriage, that forms her family. Your family is different and her family is different. She belongs to the next generation. Thus Irumudi should be offered generation after generation. Women who have offered nine ‘Irumudi’ should wear yellow garment. However those who have not offered the nine garlands should wear red.

Why do I lay stress on women? The devotion among women should not decrease. If faith is fostered in a woman, her family too will possess faith. Destruction is prevented when women involve themselves in ‘spirituality’.”

**Inner Dirt and Outer Dirt:**

“You should not think that your problem has not been solved though you have offered ‘Irumudi’ several times. In spite of your bathing several times, the dirt is not removed. My grace is always there if you approach me to remove the dirt in your inner self. I am not responsible for the dirt on your external self!”

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**To those Who Come Here to Offer Irumudi:**

1. Praying that your problems must be solved, you should circumambulate the sanctum sanctorium silently.
2. When the “Irumudi” is separated silence should be observed by those involved in separating the ‘Irumudi’ also.
3. Silence should be observed when the anointment is done inside the sanctum sanctorium.
4. Perform the anointment without blocking the entrance of the sanctum sanctorium.
5. After completing the necessary services here, go behind the sanctum sanctorium and meditate at least for ten minutes.
6. Then sit in front of the sanctum sanctorium of the Mother and leave.”

**To those who are Affluent:**

“Each one of you should make at least five devotees to offer Irumudi by bearing the cost of Irumudi yourself and bring them here. You may be a vegetarian, but the smell of the “dry fish” cooked by your neighbour will reach you. Likewise, though you may involve your self in the spirituality you should also invite your neighbours to follow the spiritual path. If you do so, the smell of the dry fish will not reach you.

If you involve those who are not in spiritual path, into the spiritual path, they will get peace of mind and you will also get peace of mind.

When you bring five persons with ‘Irumudi’, the souls of these five persons are cooled. When these souls cool down, you will gain that benefit.”
The Benefits of “Irumudi” –

“Just as water that is disturbed can be consumed only after it settles down, those whose difficulties are not solved inspite of their offering ‘Irumudi’, will in due course gain clarity of mind and in turn peace of mind.”

Why is there ‘Sakthi-Fasting’:

“Fasting is undertaken only to cleanse our five senses. Through fasting you prevent diseases. Just as we bathe to clean our body or use oil to prevent things from rusting, to cleanse the dirt in our mind it is necessary to fast.”

The Power of “Irumudi” –

“In a dirty sack, grains are filled and tied up with a small rope. A small rope has the capacity to tie up the maximum quantity of grain in the sack. Your heart is like a sack filled with sins. Since the tied-up Irumudi is brought here and ‘untied’, your sins are expelled. Like the small rope controlling the grains inside the sack, I control your knot of darkness (your bundles of sins).”

Release of Karma:

“You should not think that all your problems will be solved, by offering “Irumudi” nine times. For some, their sins will be expelled when they wear only their fifth ‘Irumudi’. But for some their sins do not get expelled inspite of their wearing it for the 10th or 11th time.”

When Bearing the “Irumudi”:

“When you offer “Irumudi”, by forming groups of ten, you can sing the 108 chants and pray during the days of fasting in the houses of another set of ten people and vice versa.

Before entering the sanctum sanctorium of the temple for offering ‘Irumudi’, try to visit two or three poor families and read the 108 chants and if possible try to offer food and clothes to them. Accept the hospitality of the poor with love. Give my kumkum to them. After that come here!”

Bring the Poor with ‘Irumudi’:

“Only in order to show affection towards the orphaned children, I ask you to bring here at least ten persons with Shakti garland and ‘Irumudi’. It will be an act of pride if you perform along with them. Pride is not in money. Pride you get through love and service is the real pride. Only it has result.”

The Destruction of Witchcraft:

“If you wear ‘Irumudi’, witchcraft against you will be destroyed.”

“Irumudi” and its Results:

“Do not expect the fruits of the “Irumudi” immediately. A sapling that is planted has to grow, flower and then bear fruit. Similarly each ‘Irumudi’ you bear will definitely have its rewards.”

Man for Man; Woman for Woman:

“In the worshipping centre, only a man should help another man to wear Sakthi garland; and a woman should help another woman to wear it. It should not be done by a man to a woman or woman to a man.”

Sakthi Mala (Garland):

“While wearing the ‘sakthi mala’ you should do service, give at least ten paise in charity and perform ‘annadhana’ ‘distribution of food’.”
“Irumudi” for the Poor:

“You will gain benefits proportionate to the number of poor people you bring here with ‘Irumudi’.”

Do not Stop with Nine:

“You continue to offer “Irumudi”. Do not discontinue thinking that nine or ten “irumudis” are sufficient. Each “irumudi” definitely has its own reward.”

Benefits are there:

“There is power for the ‘Irumudi’ offered with silence and without loud noise and restlessness. Silence should be observed while offering ‘Irumudi’ while starting your journey with ‘Irumudi’, invite your relatives and neighbours and perform the ritual worship. Distribute food and deposit the offerings that are given by them.”

To those who are Rich:

“It is beneficial to bring 5 poor boys and 5 poor girls with ‘Irumudi’.”

Do Not Stop Bearing ‘Irumudi’:

“You must have realised that ‘amma’ protects and safeguards us from miseries for the act of carrying ‘irumudi’. However, do not stop carrying irumudi, thinking that you have carried the required number of ‘irumudi’. If you think like that everything will come to an end.

Do not think that ‘irumudi’, is over. Just discontinue irumudi and wait and see! You will find what happens. You may be happy for sometime. But in due course your woes will get doubled.”

I shall Manifest:

“What is the use of offering an ‘irumudi’ without discipline and self-control? I shall definitely appear before some of those who fast sincerely and disciplined in offering ‘irumudi’. Those people who have seen my appearance will not have rebirth.”

Do not Calculate:

“Do not calculate in visiting Mother’s sanctorium frequently or for offering ‘irumudi’ or for participating in sacrificial rituals. Only when you come here often your specialty will increase. After offering ‘irumudi’ for the first time do not think that there is no benefit. Each offering has its benefits for the person who offers.”

Even after Offering an ‘Irumudi’:

“Even after offering ‘irumudi’ several times, the dirt in any person’s mind is not cleansed. To avoid this, after the ritual anointment that follows ‘irumudi’, you should increase the duration of silence and meditation.”

‘Irumudi’ and Mental Peace:

“When the devotees offer their ‘irumudi’, with mental peace, the benefits will reach those devotees who are brought with them and those who offer services related to ‘irumudi’.”

Others get Blessings Based on You:

“With true feelings and devotion if you observe fasting in the prescribed manner and bring ten others with ‘sakthi garland’, you reach the status of a ‘guru’. Since the devotees seek your blessings as their mentor, there is an opportunity for others to gain the Divine grace that you have gained from me.”
Perform Everything with True Feeling:

“You should not think that just wearing the red dress and offering the ‘irumudi’ is the end of your duty. Only when you do it with true feeling, you reap the benefits.”

Donate: Be Charitable:

“When you wear the ‘sakthi mala’ you should also offer services. Give at least ten paise as charity. Perform the free distribution of food. It is not enough if only donation is given.”

A Widow Also Has Right to Offer ‘Irumudi’:

“In the same way a widower has right to offer ‘irumudi’ a widow too has right to observe fasting and offer ‘irumudi’.”

Irumudi; A Bundle that Cuts the Twin Sins:

“‘Irumudi’ should not be a ‘dark knot’. Neither should it be a knot cutting your throat. It should be a knot which will be able to cut your twin sins.

Tell everyone to come here with Irumudi. Bring common people to the Mother with Irumudi. What is the benefit of this action? You may not realise its benefit now. But time will show you. Then you will realise.”

Service during ‘Irumudi’:

“‘Irumudi’ service is a responsible service! It will never go waste.

We see everywhere multiplication of diseases! Violence is rampant! Such evils will diminish depending on the increase of ‘irumudi’ devotees. ‘Irumudi’, will shatter them.”

Be Charitable:

“It is not enough if you offer ‘Irumudi’ you have to offer things in charity to ten people.”

Devotion; Sakthi: The Sword:

“Bringing simple and poor people with ‘Sakthi garland’, is beneficial for the house as well as for the nation. Devotion with sakthi makes the sword useless. The sword and the gun created for self-defence are useful only as instruments of destruction.”

Sins Wither Away Due to ‘Irumudi’:

“A flower appears beautiful only when it is strung on a thread. Similarly services done with pure heart in spirituality attains greatness. When you remove the withered flowers from your hair, some strands of hair ready to fall also fall along with the flowers. Similarly, when you come here to offer ‘irumudi’, the sins you have committed unconsciously will also wither away without your knowledge.”

“Irumudi” Reduces Destruction:

“Wherever, more people wear ‘sakthi garland’ and offer ‘irumudi’, be destruction will not be much there.”

‘Irumudi’ is for Changing Direction:

“I maker the people of today-who are wandering directionless to offer ‘irumudi’ and change their right direction. I am waiting to see whether he will reform by offering ‘irumudi’ at least once.”

‘Irumudi’:

“‘Irumudi’ is to lessen your sins. When you bring others from nook and corner to offer ‘irumudi’, the benefits accrue for you and also for him.”
‘Irumudi’ – Do not Calculate:

“A lighthouse shows the direction to the people who undertake a sea voyage. Similarly the sacrificial ritual at the beach, the worship there and ‘irumudi’ will be of guidance to your spiritual path in future. Do not calculate in the matter of ‘irumudi’.”

Upliftment of the Society:

“Adhiparasakthi Spiritual Movement should toil for the upliftment of human society. Peace and discipline can be gained only because of spirituality. Each one can safeguard himself through the spiritual code of conduct. Control of the five senses and discipline are essential for spirituality.”

Ritual Worship in Adhiparasakthi Spiritual Movement:

“Ritual worship has been performed for sakthi, Siddhars (realised souls) and the five elements for several thousands of years. In fact the ritual worship of Adhiparasakthi Spiritual Movement is the worship of the Sakthi, Siddhars and the five elements.”

Adigalar and the Spiritual Movement:

“The greatness of their Spiritual Movement lies in the fact that Adigalar is a ‘householder-saint’. It will be good if you involve yourself in this movement as husband and wife.”

Discipline is Essential:

“Spiritual path is essential for the Adhiparasakthi Spiritual Movement. That path requires discipline. Adhipararsakthi Movement that emphasises good conduct.”
Importance is given to Women:

“Adhiparasakthi Spiritual Movement will gain fame in the world of tomorrow. Women will play an important role in it.”

Will be in the First Place:

“Adhiparasakthi movement will occupy the first place as far as good conduct is concerned.”

Unclean Man will also Join:

“Sewage water will join the flowing river. Initially it will be dirty. The flowing river will become clear after its runs a certain distance. Similarly, the unclear man will also tumble down in this spiritual flood. He will gain clarity in due course and get transformed into a theist.”

In Nook and Cranny:

“I shall drown every nook and cranny in devotion.”

The River will not Flow towards You:

“You should go towards the river. My son! Dirt is in the mind as well as in the body. You should come towards the spiritual movement to be relieved of the dirt in your mind. The movement will not come towards you.”

The Nature of Kali Era (Yuga):

“The whole world will oppose spirituality that is the tendency of Kali Era. You keep performing your duties. You will face failures. Do not get tired. Finally spirituality will gain victory.”

Only a Few Will Wither after Ripeness:

“In this spiritual movement, there are a few who will wither during their raw (leaf) stage. Some will wither when they are buds. There are some which may wither as flowers. Some will wither during unripe stage. Some will wither after becoming ripe.”

To the Disciples:

“The family of the person, who totally surrenders to me and involves himself in service, will come under my responsibility. Do not explore me and my ways. It is beyond your brain. You act according to my command.

I shall nurture spirituality in any form of Nature. You make use of the opportunities given to you, and the opportunities you get and progress in spirituality. It is only because of the Adhiparasakthi Spiritual Movement that poverty is getting eliminated. In due course red dress must be identified with spirituality and spirituality with Adhiparasakthi Worshipping Centres. These worshipping centres should transform Tamil Nadu.”

Political Service and Special Service:

“If you do political service it will so happen that the political leader will make use of you and throw you out as curry leaves. When you focus on the Divine and perform spiritual service, you gain the chance of mitigating your arrogance. By this there is a chance of gaining spiritual progress. My blessings will be showered upon the five generations of a person who does service to the divine and service to spirituality. This Grace will benefit your grand children.”

The World of Tomorrow:

“The world of tomorrow is the world of spirituality. It is the world of Adhiparasakthi. Adhiparasakthi era is blossoming. Spirituality and the sacrificial fire ritual are essential for the world of tomorrow.”
The Movement Which Reforms Families:

“There may be several kinds of mentors. There may be many mutts. You understand that there is no other movement which involves the poor and the simple folks of the lowest strata of society into spirituality and trains women in all kinds of ritual worship and makes use of women to reform families.

Other movements may have property worth several lakhs. But Adhiparasakthi movement is the only movement which has spirituality as its goal.”

Secular Movement:

“If there is no movement like the secular Adhiparasakthi movement, flags of the clan and flags of murder will fly in the world.

Humanism alone is adored in this Movement.”

The Power that Attracts Women:

“Adhiparasakthi Spiritual Movement alone has the power to attract women.”

All the Festivals Are for You:

“All the festivals are not for me! They are for you. See that the persons going through that road does not bother to step on this soil. I wish to grant him some boons if he keeps his feet on this ground. If he steps on this soil on his own accord, I want to give him certain boons.

If festivals are conducted, he may happen to notice the singing, dancing and decoration by lamps. He may come to watch these ever if he comes as an on looker I shall shower my blessings, on him! This is the reason for the conduct of festivals. These festivals are for your sake.”

Root–Lower Trunk:

“The root and the lower trunk support the trees. How many people understand the greatness of the root beneath the earth. They are only able to see the leaves, flowers and fruits.

Only if they dwell on these external features for a long time, the inner reality – that the root is responsible for all that – will flash upon their inward eye at least for a short duration. Hence I ask you to celebrate such festivals for your good.”

Festivals are Required for Bringing about Transformation of the Mind:

“Man should toil continuously. Festivals like “Thaipusam” and “Aadipuram” will be helpful to man to overcome the fatigue
caused by his labour. It is also meant to bring about a change in their routine. Creatures like ant, and bird keep changing their locations. Human beings too require change in their routine. Such festivals are celebrated to bring about this change in the routine life of man.”

**Aadipuram – Thaipusam:**

“The performance of the festivals should be so perfect that people should remember ‘Aadipuram’ for the free distribution of food (‘annadhanam’) and ‘Thaipusam’ for ‘Irumudi’ (the twin bundles – one with materials (rice) for free food distribution and the other with materials like coconut and lemon for anointment). Depending on your financial capacity you should bring here at least five poor boys and five poor girls with ‘Irumudi’.”

**Porridge Pot of Aadipuram:**

“Magnets possess the power to attract iron. Similarly the act of circumambulating the sanctum sanctorium through the rolling of one’s physical self has the tendency to draw towards it all kinds of power.

**Why Festivals?**

“You all celebrate the festivals together. Why? When a task is done by several people in a united manner, the task gains perfection. It grants peace of mind. We achieve mental strength. You also gain the commanding capacity, the power of responsibility and spiritual strength.”

**About Festivals:**

“Do not get disturbed and worried thinking that Thaipusam festival has just gone and that you have to await the birthday festival of Adigalar. You will gain benefits for the innumerable festivals you celebrate for the Divine Force. You have to safeguard the opportunities I give you, and the opportunities you gain. You should understand that the time, for the foreigners to hold festivals here, is coming soon.”

**The Rewards of Festivals:**

“It is the celebration of festivals that give chance for the fostering of love and devotion among the devotees.”

**Why Should there be Festival?**

“Justice has disappeared and injustice has risen its hood. Do you know, what you, who come to me, should think? You should think, “Amma since I have forgotten you, you too have forgotten me”. Festivals are meant for making you think along this line.”

**Aadipuram-Porridge:**

“After all the ‘Aadipuram’ porridge reaches here and the offering is made, everyone should drink it.”

**Aadipuram Festival – Circumambulating by Rolling Oneself:**

“During the ‘Aadipuram’ festival I circumambulate rolling around the temple. Collect the sand from the place I roll, and tie it in a cloth at your entrance. You should also sprinkle it on the field that you plough.”

**Why Such Festivals like Aadipuram:**

“Festivals like ‘Aadipuram’ are meant to give you peace and, quietness, since you lead an aimless life thinking that someday, some family some fate, some sakthi some kind of relationship and so on.

Nature is based on the seasons. Similarly festivals like Aadipuram are devised to mitigate the sins committed by human beings.”
Do Not Lose Your Contact:

“Do not think that for Aadipuram you circumambulated (by rolling your physical self) distributed porridge, performed milk anointment for so many years. Do not think that it is sufficient. The more are the number of years you participate, the more will be the kinds of experience you gain.”

‘Aadipuram’–Offering of Porridge:

“Select ten poor people, buy porridge pots, smear turmeric on the pots, tie neem leaves around them, pour porridge into them, place them on their needs and bring them here. They should keep the porridge pot on your head. If ten souls join together in this way, you will gain benefits.”

Tomorrow’s Devotees from America:

“Today you watch devotees from Malaysia conducting the Thaipusam festival. Tomorrow American devotees will conduct Thaipusam festival here.”

There shall be No Reduction in the Ratio of Women:

“The ratio of women shall start decreasing in future. Hence I give priority to women here.

You might think that festivals come one after another. But if the festivals decrease devotion, the privileges of women will decrease.”

Tamil New Year:

“Even the people speaking Tamil do not show interest in celebrating the Tamil New Year. To create a sense of interest in celebrating Tamil New Year and spread spirituality in every nook and cranny, this festival is celebrated here. Such festivals will pave way for infusing spiritual consciousness even while the human being is in the womb.”

Navarathri (Nine Nights) Akandam (Lamp Burning Throughout the Night):

“The lamp that burns throughout the night has the nature averting danger caused by critical periods in one’s life. If you go to the temple one day or two days or five days during Navarathri and hold the flame of the ‘Akandam’ with your palms, you will gain benefits.”

The Speciality of Navarathri:

“Navarathri has significance. There are nine different cereals. There are nine planets. There are nine varieties of gems. Nine is a significant number. The development of the temple too is influenced by the Navarathri festival. Participate in the Navarathri festivals. It will protect you from all forms of witchcraft and sorcery.”

Aadipuram and Milk Anointment:

“For those who perform milk anointment nine times, 18 times, 108 times, I shall grant Grace and Peace.”

Whatever be the Festival:

“Whatever be the festival celebrated, it should be done with truth and devotion.”

What the Mother Said During the 1995 Navarathri Festival:

“The sacred water prepared during the Navarathri festival should be taken from here and sprinkled in your houses.

Take the oil from the Navarathri lamp burning throughout nine nights in the temple, add three kinds of oil and light the lamps in nine important places in your house.

Light the lamps in nine important places like the front entrance, the back entrance, the pooja room, the place where
Cash is kept, the place where the store is placed in the kitchen and so on.

**Navarathri:**

“Navarathri is the most suitable for navagrahas or the nine planets. It is not sufficient if you pour oil into the lamp that burns throughout the nine nights and days. You should pour oil into the lamp for the enlightenment of your mind.”

**The Navarathri Akandam:**

“The navarathri lamp that burns throughout nine days and nights is lit for the sake of the benefits to be gained by the world, for bringing light and rain to the world, and for the development of spirituality. By participating in the ‘Navarathri’ festival and by worshipping the navarathri lamp that burns throughout the night one will get relief from all kinds of witchcraft, sorcery. Navarathri lamp that burns continuously will check pride and grant peace.”

**To Attract you towards the Divine:**

“There are many obstacles during a festival. There is noise. There are thieves. There are devotees.

Festivals are mainly celebrated to direct and draw the human mind towards the Divine.”

**For whom is the Festival:**

“Festivals are for you and not for the soul within you.

The soul does not experience happiness or sorrow! Neither does it require food, silks, ornaments or beautiful hair. It does not have attachment.

Money, jewels, houses are the things that can be looted.”

**During the Festival Days:**

“During the festival days visit everyone’s house through the worshipping the centres and give them turmeric and kumkum invoking the divine blessings for the welfare of their families.”

**You Gain Experience:**

“The festivals that are conducted here are for your progress in future. The festivals are not for my sake or for the sake of Adigalar!

Your experience will be enriched if you stay here for 10 to 18 days and involve yourself in the services related to the festivals of Thaipusam and Irumudi.

When you offer your services without considering your status, several truths will be revealed to you.

You will understand the character of each person: “What type is he?” What about him? You get to know the duplicates in this way. Women will gain the opportunity to be cautious. You will gain experience in every field.

You should make use of the opportunity you gain and the opportunity you are granted.

A woman’s role does not end in her house. She should be aware of the outside world also. By indulging in charity you must progress in spirituality.

Through festivals you not only gain experiences of the outside world but also gain security against the accumulation of sins.”

**Festivals and Charity:**

“The growth of plants and trees require constant supervision. Similarly the fostering of spirituality requires festivals and charity.”
The Festival of Aadipuram:

“Offering porridge as charity, performing milk anointment during the festival of Aadipuram is to give importance to rain.

Invite people from the neighbouring villages and ask them to offer porridge and participate in the performance of milk anointment.

Ask them to offer porridge if they do not want to face scarcity of food.”

Distribution of Food–Distribution of Clothes:

“When charity is offered as food or clothes it is best that men offer to men and women to women.”

During the 1985 Aadipuram Festival:

“During 1985 Aadipuram festival I shall patiently do the circumambulation. Sins accumulate on this earth I find the evil outweighing the good. Hence I myself bear the sins (said on 16/7/85).”

1985 – Aadipuram Festival!

“I shall manifest myself to a selected few during the Aadipuram festival”! (Said on 16/7/85)

When the Invitation Card does not contain a Name:

“You should not worry if your name is not found in the invitations issued, regarding the celebration of festivals here. You must take up the responsibility of performing the tasks related to the festivals. The persons whose names are not in the invitation, will definitely have an everlasting place here.”

Navarathri Akandam (Lamp that Burns throughout the Night):

“When you inhale three different types of oil, three of your difficulties shall vanish. Neem oil, Iluppai or mahua seed oil and castor oil have great potentiality.”

Each Festival:

“I give importance to certain duties in each festival year after year. You should understand this and make use of it. You must participate with sincerity and good heart.”

What is the Necessity of Festivals and Amusements?

“Just as a child is provided with amusements when it partakes food, revelry during festival helps in instilling spirituality. Just like a mother who feeds her child with milk and rice amidst play and amusements, I have to instil spirituality in you through the celebration of festivals.”

Festivals and Sacrificial Fire Rituals (Yagas):

“It is not a great task to celebrate festivals here. It is essential to create a sense of maturity in the minds of the devotees and establish peace and quietitude.

It is necessary that man’s mind, action and vision should be integrated. This can be achieved through the performance of the sacrificial fire ritual.

Your mind should not get perturbed. It should not become black. Your ancestral tradition and heritage should be safeguarded.

This infact is the target of festivals and sacrificial fire rituals!”
Piglet – Calf:

“The Weekly Worshipping Centres should be like a calf. We should see to it that they do not deteriorate into piglets. We do not require piglets. We do need calves.”

Worshipping Centres:

“You should come to the worshipping centres in red dress and intensify your devotion. The so-called devotee comes to the worshipping centres for gaining money, name, fame and position. He steals money. He fights for three paise. He thinks that I am not aware of his activities.”

Worshipping Centres:

“You should not think that you are the cause of the growth of the worshipping centres. Adigalar alone is entirely responsible. Do not think of enslaving Adigalar.”

Aadiparasakthi Worshipping Centres:

“Each street should have an Adiparasakthi Worshipping Centre in due course.”

The Manner in which the Worshipping Centres should Function:

“The worshipping centres are under the control of Adigalar. Whatever Adigalar or Amma says should be followed like the voice of the Vedas. The devotees, who are in charge of the function of the worshipping centre, should involve everyone in the activities of the centre. It is possible to achieve any goal through love. Those who are responsible for the functioning of centres should realise that they cannot achieve anything by the power of their authority.”

Adhiparasakthi Weekly Worshipping Centres:

“Arrangements should be made to start small scale industries through Adiparasakthi Weekly Worshipping centres. These industries should help the poor and the needy, by giving them chance to earn their livelihood. At the same time, one should not get the idea of enhancing his resources by earning money in the name of Adiparasakthi.

If the worshipping centres function efficiently, there will be rains, fertility and prosperity.

You must plan your work according to the requirements of the country and the home front. You should help the villagers imbibe noble qualities. You must strive to control the five senses. It is for this purpose that Adiparasakthi Worshipping Centres are established.”

Create Job Opportunity:

“Create job opportunity for a poor person in the worshipping centre. If the money spent for that is borne by a member he will gain benefits for that.”

A Tiger in Cow’s Hide:

“Certain worshipping centres do not function properly. They work against spirituality. I shall test those who are outwardly spiritual and behave like a tiger in cow’s skin.”

One Mother! One Clan!

“Here all religions are welcome. The concept of one mother and one clan should be developed in man.”
Unity among all Religions:

“If spirituality, stagnated in the form of small puddles here and there joins together and functions with sincerity, immense benefits can be gained.”

Aadhiparasakthi Weekly Worshipping Centres:

“Your mental state determines the state of the worshipping centre! The state of the worshipping centre determines the state of devotion! The state of devotion determines the amount of rainfall!”

To the Weekly Worshipping Centres – To the Red-clad Disciples:

1. I have created a situation where everyone respects the red-clad person. It is up to you to safeguard that respectability.

2. Those who maintain the worshipping centres should conduct the centres properly so that no one goes to the extent of asking whether it is a centre or a choultry.

3. There should be a sense of brotherhood when the members of the worshipping centre meet one another.

4. Through the worshipping centres, I shall provide the poor, the opportunity to earn their livelihood. I shall bring people of all religions to the worshipping centres.

5. Women who come here from the women’s worshipping centres to perform their duty in the ‘sanctum sanctorium’ must wear cotton garments.

6. If silence for five minutes and meditation for five minutes is observed during The Full Moon and the New Moon days either in your houses or in the worshipping centres I shall bless you with benefits related to that.

7. Some of you who come here in red dress act hypocratically. You are respected because you have come here much earlier. You should safeguard that respect!

8. If I have given the topmost responsibility, to one person, it is your duty to respect him even if he resembles the donkey in his behaviour. You should perform your duties without any rivalry and jealousy.

9. The electric lamp emits light. Many types of insects play around the light and invite danger. Similarly, do not play with fire or water. It is dangerous.”

Picture and Lesson:

“It is only now that people have begun to understand the importance of the worshipping centres. Develop your spiritual consciousness through social service. You should explain the services you have performed through sketches on charts. The world of today is impressed by the visual media. Hence spirituality should be explained through visual aids like pictures. Both pictures and lessons are equally effective!”
The Importance of Sacrificial Fire Ritual:

“Spirituality and sacrificial fire rituals are essential for the world of tomorrow.”

The Purification and the Removal of your Burden of Sins:

“Are there not operation theatres in the hospitals? After a surgery it is natural to cleanse the place. Similarly during festivals, the sacrificial fire rituals help to cleanse the devotees and eliminate their sins. These sacrificial fire rituals also help in rejuvenating the festivals.”

The Holy Water of the Sacred Pot:

“The sins incurred by your family will be eliminated if the holy water of the sacred pot is sprinkled all around your house.”

Participate with Your Family:

“Participate in the ritual involving sacred pot and lamp. You will realise the benefits of such participation at the appropriate time.”

The Benefits of Sacrificial Fire:

“To correct a family it will be sufficient if the head of the family is corrected. To correct a town, it will be sufficient if one village is corrected. To correct the world it will be sufficient if one country is corrected. The sacred circles (“Chakra”) that you draw here and the ‘sacred pot worship’ that you perform here will help in reforming the universe.”

Worship:

“The devotees must be worshipped by the devotees themselves. Worshipping the mentor is important. You should not think that your responsibility is over if you break a coconut and wear red dress.”

Why are the Worshipping Centres Directed to keep the Photograph for Worship?

“Even if a statue of a deity has life-force, people start stealing it if it is made of gold. If it is a stone idol, people cause damages to it. Hence I have directed you to worship the photograph by bestowing it with the life-force.”

Concentrated Thought:

“You will gain the wholesome Grace of the Mother when you decorate her without another thought and with total concentration. If your vision falls on others when you are in that state, they will gain benefits.”

Chanting ‘Om’ by the Members in a Family:

“Sound waves cause vibration. Due to this vibration the objects kept at a height may fall down. Similarly when the members in the family chant ‘Om’ in unison, their burden of sins will be destroyed.”

For Peace:

“The holy circles, divinity and spirituality will grant peace to man. It is the soul that directs man.”
Greatness Cannot be Achieved by Mere Hardwork:

“The act of worship is essential for spirituality. You cannot become great by mere hard work.”

Benefits Reaped by Each Individual’s Act of Worship:

“In spite of worshipping the ‘Amma’, events will happen in accordance with the benefits reaped by each individual through his act of worship.”

The 108 Chants–Neem Leaf:

“Eat a neem leaf everyday after chanting 108 ‘mantras’ (holy names).”

Worship –Service:

“Whatever be the festival celebrated in the worshipping centres, it should be integrated with social service. I cannot be satisfied by the festivals sans social services and the social services sans festivals.”

Having been Born in Tamil Nadu, You have Gained an Opportunity:

“You have gained an opportunity by your birth in Tamil Nadu. Emotional outbursts and revolts are prevented here by the importance given to the temples and the systematic worship performed here.”

The Smoke from the Sacrificial Fire:

“Several herbs abound in the world. The smoke rising from the sacrificial fire will serve as medicine to diseases like asthma and epilepsy.”

The Evil Eye – Explanation:

“A fully grown tree with ripe fruits may be attacked by a stone as well as an evil eye. Sun’s rays focussed through a tiny magnifying glass will also burn the cotton kept nearby. Similarly, the fire of jealously manifested by the five senses and focussed through these small eyes will have an impact on others.”

School Education – Spiritual Education:

“When there are around 40 students in a class the benefits are gained according to one’s talent and hard work. Similarly, in spirituality too when devotees participate in sacrificial fire, sacrificial pot and holy lamp worship, they gain benefits according to their devotion.”

Even if the Stone is Worshipped:

“I have given common sense to everyone. It cannot be said that everyone makes use of it. You are worshipping a mere stone. Even for the sake of your worshipping the stone I shall protect you”.

When You Cry You Shall Get:

“When a child cries its hunger is appeased. When a calf cries it drinks milk. When Nature cries, prosperity is gained. Similarly if you cry to the Divine you will gain benefits in proportion to that.”

Navarathri Lamp that Burns Throughout Day and Night:

“For the world to benefit, for fulfilling the necessities of light and rain to the world and for fostering spirituality the lamp is lit throughout nine days and nights.

The lamp that burns nine days and nights will check arrogance and bestow peace”

The Revolts of the World:

“There are revolts inside as well as outside the nation. It can be compared to the rice that boils. The way you adopt
for handling the boiling water should be adopted for tactfully handling the revolts in the nation. The practice of spirituality, meditation, silence and worship are meant for instructing such suitable strategies.

At the Time of Chanting the Names a Lakh Times:

“The worship with chanting the names a lakh times must be performed with awe and devotion. A declaration of intention at the beginning of the ritual should be considered not as a chance happening but as a device for solving the problems of others.”

Worships for the Purity of Mind:

“Just as the vessel is washed and polished with lead at regular intervals mind must be purified at regular intervals. The performance of worship serves this purpose.”

Nature should be Worshipped, Why?

“The Sun and the Moon should be worshipped. Trees, plants and climbers should be adored. You are enjoying the benefits from these objects of Nature. It is your responsibility to adore and worship these objects you enjoy. You are dedicating to God only these objects that you enjoy. Such objects of Nature that are dedicated to God are meant to be adored and worshipped.

The practice of worshipping Nature prevalent among the people of the earlier times should be revived among you.”

Sacrificial Fire Ritual - Benefits:

“You will certainly gain benefits if you silently observe the sacrificial fire ritual performed here. You will gain the benefits of having performed meditation and yoga. You will gain immense benefits if the sound waves of these chants touch your body.”

The Ritual Worship of the Sacrificial Pot and the Sacred Lamp should not be Done through Inappropriate Methods:

“It should not be that the rainfall will occur if the ritual worship of the sacrificial pot, sacred lamp and sacrificial fire are performed at any time by any one. Benefits can be gained only if they are performed devotedly with the permission of Adigalar and in accordance with the prescribed methods and procedures imparted by me. The sacrificial fire ritual and worship should not be commercialized.”

Why is the Performance of a Sacrificial Fire Ritual at the Seashore?

“The concept of confluence and the concept of equality are found in Nature alone. Confluence is there in the sea. Clouds are formed with the evaporation of water from the sea. The water in the clouds integrates with the sea. That is why the sacrificial fire ritual is performed on the seashore.”

Inequality in the Performance of Worship:

“When the left palm and the right palm integrate to worship they become equal. The job done by one hand cannot be done by the other hand. But they integrate without inequality only during the act of worship. Similarly there should never be inequality during the performance of worship of the Divine. Just as your hands integrate during worship, your five senses should function in an integrated manner.”

Sacrificial Fire Ritual Worship:

“My son! Today I have bestowed divinity to the ordinary ash gourd which is broken and strewn all over. Similarly, my son! I shall make the individual devotee divine.”
Women in the Service of Sanctum Sanctorium:

“Women should observe silence when they decorate sanctum sanctorium. Women alone should perform the duty of breaking the coconut. They should involve in the service of the sanctum sanctorium with awe and devotion. They should not indulge in gossip inside the sanctum sanctorium. They should be cautious!”

Agama Rules (Rules of the Rituals):

“The rules of the rituals are external manifestations. There should be control in the inner self.”

Collective Worship:

“Collective worship is essential for the betterment of the human race.”

For the Growth of your Own Self:

“You cannot attain Me or Adigalar by chanting 108, 1008 mantras, performing service, practising meditation. All these are not for the development of this Siddha Peetam or Adigalar. They are meant for your own growth by your efforts.”

The Nine Cereals Gained During the Sacrificial Fire Ritual:

“The nine cereals gained during the sacrificial fire ritual should be placed beneath the door step of your home.”

Why Lemon for Wiping Out the Efforts of Evil Eye?

“Lemon has the quality of removing stains. Other fruits do not have that quality. It will be available at all seasons. It is cheap. Even the poor can easily buy it.

You use lemon when you meet the elders and also for curing madness. When such is the case can you equate elders with madness?”

Why Ash Gourd for Wiping Out the Effects of Evil Eye?

“This vegetable has the tendency to attract the things connected to it and to acquire the colour of the objects like ‘kumkum’, smeared on it.

It has the tendency to purify as it contains water. It will be available on the heaps of garbage. It will be available in the graveyard too.

That is why ash gourd is used for wiping out the effects of the evil eye.”

During the Performance of the Sacrificial Fire Ritual for the Welfare of the Family:

“Your blood relations alone have the right to participate in the sacred pot, lamp and sacrificial fire ritual performed in your house.”

The Planet Book Regarding the Sacrificial Fire Ritual:

“The planet book should be read line by line during the Full Moon and the New Moon.”

Significance of Betal Leaf and Aricanut:

“Betel leaf is always greenish. It will not lose its greenish tinge even if it is separated from the plant. Hence the betel leaf which signifies prosperity is used in the ritual worship with the wish that all those who are separated from the family live prosperously.

Aricanut has the quality of sourness. It helps in getting rid of tiredness. Aricanut is not a great substance where spirituality is concerned. Hence it is ideal to place turmeric and flower along with the betel leaf.

Turmeric will bestow lustre. It will destroy germs. The flower has softness. Hence the ritual worship has to be
performed keeping betel leaf for prosperity, turmeric for gaining lustre in your life and flower for softening your mind.

The stone attracts smoke. The lime has the quality of washing that smoke.

You should worship the objects of Nature only through the objects from Nature.”

Before Ritual Worship:

“Before initiating any ritual worship women should touch the feet of their husbands as an act of worship.”

Collective Worship:

“Other devotees also should start the practise of performing anointment, chanting 108, 1008 mantras and singing the songs of worship.”

Collective Worship:

“Participation in collective worship will alter the effects of past sins. One will gain the grace of Sakthi. Misery will be wiped out.”

108, 1008 Mantras:

“Just as the land is made suitable for the cultivation of a crop, I am fostering the crops of spirituality by making your mind mature. Moolamantram, (the basic chant) 108, 1008 mantras are meant for achieving mental maturity.”

I Shall Protect Your Progeny:

“I shall protect the person and his progeny who wakes up early in the morning and worships me chanting 108, 1008 mantras with concentration for 1008 days continuously.”

Which is Duty?

“Worshipping Me alone is your daily responsibility! You should consider the job that is given to you as a period of rest that you have gained!”

Explanation Regarding the Trident:

“My son! Majority of the people wish to gain from me wealth and material pleasure. Only a few people desire My Grace! Only these people gain greatness. I am holding this Trident to explain this phenomenon. Look at the Trident!

Among the three sharp edges of the Trident, two of them bend downwards. The sharp edge in the centre alone stands upright looking upwards. Similarly one or two people alone want to attain me. Such people are very few. But these people will reach a high level in life. Majority are like the bent edges of the Trident. Their minds are not noble. They are also bent downwards.”

Work and Worship:

“You have the capacity to bear anything. If you work hard you may feel tired. But you get food. If you are lazy you may not get food and you may also be tested. Performance of worship is necessary for those who involve in spirituality. You cannot achieve greatness in any thing by your hardwork alone but you require the assistance of My Divine Grace.”

Worship and Your Mind:

“You can place my photograph even at the crematorium and pray! You can bring your palms together signifying the act of worship in front of even a bare wall. The state of mind, your attitude alone is important..”
Meditate in the Temple:

“The devotees who come here must adhere to cleanliness and hygiene and should possess spiritual responsibility.”

About the Sacred Pot Sacrificial Fire Ritual on a Full Moon Day in the Month of Chitra:

“The sacrificial fire ritual worship of this Full Moon day of the month of Chitra (the first month of the Tamil Calendar) will pave way for the peace and progress of the nation. Such worships will pave way for the benefit of future generation of the human race and help the women participants to gain motherhood.”

Sins Incurred in the Family Will be Wiped Out:

“The sins incurred by your family will be wiped out if the holy water from the sacred pot is sprinkled.”

Worshipping the Divine – Self-control:

“Self-control is essential for worshipping the Divine. As the place becomes clean by continuous cleaning, the mind will become pure if the worship is performed with self-control. Mental purity will lead to a sense of goodwill and awe.”

Why is there Offering of Flowers Accompanied by Chanting and Adoration of the Divine?

“You may wonder about the reason behind the performance of ritual worship, the offering of flowers accompanied by chanting and the adoration of the Divine.

Why do we give bath to a child? Why do we bring them up instilling discipline?

Such worship is essential for the establishment of mutual relationship between the parents and their children by enabling the child to understand the greatness of the parents and the parents to understand the greatness of the child.”

About the Performance of Sacred Pot, Sacrificial Fire Ritual Worship:

“This performance of sacred pot, sacrificial fire ritual worship is for fostering spirituality in every nook and corner! If a person involves himself in spirituality initially for five minutes, it will become fifty minutes in due course. If he involves himself gradually in this manner in spirituality the evil that may happen to others due to him and the evil that may be caused by actions of others against him will be prevented.

Apart from individual worship I have now established worshipping centres so that a whole family can worship in harmony and involve itself in spirituality.

By the spiritual involvement of this kind there will be a chance for the reformation of at least one person out of ten. The teacher will be happy and proud if one student out of ten students gains good marks. Similarly, spirituality will be glorified even if one person is reformed due to spirituality.”

Anointment of the Sacred Pot Adorning the Temple Tower:

“The anointment of the sacred pot adorning the temple tower (Kumbabishekem) is equal to the anointment of the race. The anointment that can be performed by men and women of the human race together is called anointment of the sacred pot of the temple tower. This practice is not found in other religions. This is unique to Hinduism.”

The Sacrificial Fire Ritual:

“The members of the worshipping centres should not commercialize the sacrificial fire ritual. If it is commercialized, it will change into poison.”
Why Should We Worship the Idol?

“You may have thoughts like why should we worship the idol and why should we perform ritual worship.

Prayer and ritual worship are not for me! They are for your sake! They are for the sake of the soul within you!.”

Interrelated with One Another:

“Body, food, the functioning capacity and death! All these are interrelated. The soul has no relationship with these things. But there is a relationship between your soul and the ritual worship you perform.”

The Ritual Worship of the Five Elements:

“Like the dirt found in all the departments, there will be destruction too. Nature cannot be won over by artificiality.

If there should not be any destruction caused by the five elements, the ritual worship of the five elements is essential.

Nature cannot be altered. If man does not handle Nature maturely, it will lead to destruction.

You cannot lead your life if Nature takes vengeance against you.”

The Five Elements:

“Everything will acquire the vanishing nature of cotton, if the five elements are not adored and worshipped.”

The Ritual Worship of the Five Elements of Nature:

“Nature should be protected from destruction. It is for this purpose that we perform the ritual worship of the five elements. That is what is happening here (in Melmaruvathur).”

Sacrificial Fire Ritual:

“Sacrificial fire ritual is meant for the elimination of agony and the destruction of the sins accrued due the wicked deeds of the past. One of the brick stones used for preparing the sacrificial fire may be used for building your house or may be placed in the prayer room and worshipped.”

For Rainfall:

“When the sacrificial fire ritual worship is performed through the ritual worship of the five elements, there will be rainfall.”

The Means for Leading One’s Life:

“Wherever the Adiparasakthi Weekly Worshipping Centre is established and ritual worship is performed, there the means for leading one’s life will be available.

Worshipping centres should not be used for commercial purposes.”

Festivals and Ritual Worship:

“The formation of the embryo and the production of food are dependent on the five elements.

Rainfall is essential for the growth of the plants. In this context, rain as well as the earth gains importance.

The earth gets moisture due to rainfall. When the soil is wet, the root of the plant gets fixed and gives benefits.

The world functions with the inter-dependence of all that is created. Similarly, festival, sacrificial fire ritual and ritual worship are performed in an inter-dependent manner for the progress of the soul.
These are essential for a good person as well as a robber.

A robber is also a man, isn’t he? Hence chance is given for his reformation!

Adipuram, Chitra Full Moon and Navarathri festivals are celebrated for the sake of red clad devotees and for the common people! They help in the task of reforming the people."

**Why is There the Sacrificial Fire Ritual?**

“The human race requires the sacrificial fire ritual just like a human being’s requirement of food, dress and water.”

**Inside the Sacrificial Fire:**

“In the sacrificial fire ritual conducted subsequently, lime twig, holy grass (Arugam grass) pipal twig and white nettle twig (Thumbai) should certainly be added along with nine banyan twigs (Navasamith).

Benefits can be gained if the nine cereals are kept in the house or offered in the sacrificial fire.”

**Ritual Worship of the Five Elements:**

“You get your food only because of the functioning of Nature. That Nature is considered as God. Peace can be gained if that Divinity is worshipped.

You will find a form only if you focus your mind. A form can be given to an object only with the help of five fingers.

Nature can be controlled only by the ritual worship of the five elements of Nature.”

**How should the Ritual Worship of the Five Elements be Performed?**

“Spread sand in the shape of a square on the floor and squeeze lemon on all the four sides to ward off evil eye, and then keep camphor in the centre of the sand. Then chant 108 mantras while placing the twigs necessary for the sacrificial fire worship! This ritual worship is equalent to the worship of the five elements of Nature.”

**Worship Nature:**

“Trees, plants, climbers and so on will grow only because of the presence of air, earth, star, the sun and the moon. You will be able to produce your food only when they attain complete growth.

Hence the practice of worshipping Nature should come into vogue.”

**Ritual Worship for Gaining Peace of Mind:**

“Hereafter you will not gain peace of mind in any of the fields of life. The field of spirituality alone can ensure peace.

Inner peace can be gained in this spiritual field, only if the worship is performed at least for a minute with complete concentration.”

**What was said about the Sacrificial Fire Ritual Performed in the Full Moon Day of Chithirai in 1995:**

“The lunar eclipse that is going to occur on the full moon day of Chithirai (the first month of the Tamil calendar. April 14th to May 14th) this year is not good for the country. It is not good for the home too.

Hence the sacred vessel with lamp and the sacrificial fire ritual should be performed on a large scale, sometime closer to the Full Moon Day of Chithirai.

You must guard yourself against the danger caused by fire and electricity.”
Each district should enquire and receive one sacrificial pit and five sacred pot-like vessels (Kalasa).

The sacred ash obtained from the sacrificial fire should be mixed with the holy water in the sacred vessel. Then it should be taken to the boundaries of the district and sprinkled on the four corners and the central portion of the district.

The worshipping centres also should adopt the same procedure in their areas. Each worshipping centre should enquire and receive one sacrificial pit and two sacred vessels with holy water.

Each devotee must enquire and receive one sacrificial pit and two sacred lamps.

Destruction is waiting. This sacrificial fire ritual has to be performed for averting the destruction!

You should progress in the field of spirituality. You must gain peace. Maturing is essential for everything. All cannot attain the same level of maturity.

Earth is essential for your life just as a head is essential for your body! That is why I am directing you to perform sacrificial fire ritual (Yagna).

You make preparations for conducting the sacred vessel, sacred lamp, sacrificial fire ritual on the full moon day of the month of Chithirai.

**If the yagna is performed adding 108 twigs, 108 camphor pieces and the combination of three different types of oil to the sacrificial pit, mantras and tantras (sorcery) directed against you will lose their power!**

1. Nine kinds of cereals, 2. Salt, 3. Lemon, 4. Sand from your home, Sand from your garden, 5. Old cloth, 6. Chillies should be bundled up in an yellow cloth, kept for a week in your prayer room and then dropped in that sacrificial fire pit after circumventing your head keeping that in your hand.

Finally the sacred ash of the ritual should be mixed up with the holy water in the sacred vessel and sprinkled around your house.

This sacrificial fire ritual is for the sake of destroying the evil forces! Those who are instructed by me to drop the sacred vessel lamp into the sea, must offer them into the sea.

Others should offer the old sacred vessels into the sea.

The old sacred lamps that you have need not be offered into the sea. They should be melted and bigger lamps should be made from them. These lamps should be brought to the temple and lit on the Chithirai Full Moon day here and then taken to your homes. New lamp should be bought and lit at home from the Full Moon Day of the month of Chithrai, onwards. On no account should old lamps should be lit after that time.

Instruct everyone to participate in this sacrificial fire ritual! Direct everyone to buy and use ‘Kalasa’ lamps."

**Inner Self – Outward Appearance:**

“Though you perform outwardly the sacred vessel-sacred lamp-sacrificial fire ritual several times, your inner self should change into the sacred vessel, sacrificial fire pits.”

**Sacred Vessel, Sacred Lamp – Sacrificial Fire Ritual:**

“Sacred vessel-sacred lamp-sacrificial fire ritual is meant for wiping out your ignorance and enhancing your intelligence. Sacrificial fire ritual will enhance your fortune. It will be useful during the chanting of ‘Om’. It will also be useful in the elimination of inequality.
It Will Safeguard You Like a Fence for Leading Your Life Intertwined With Nature.

Metal-pots used in the sacrificial ritual (Khalasas) will help in the elimination of restlessness and the prevalence of peace in the world.

For the removal of injustice and the fostering of justice, sacred metal pot (Khalasa) sacrificial fire ritual is essential.

People of all levels – without any discrimination as higher, middle and lower – should perform the ritual.

Women should be cautious while attending the sacrificial fire ritual. They should certainly wear cotton sarees. They should pour oil in the sacrificial pit cautiously.

Performance of Ritual Worship:

“It is not sufficient to perform ritual worship only on days like Tuesdays, Fridays, Sundays, Full Moon and New Moon days. It is your duty to perform ritual worship on all days.

You should integrate your consciousness regarding mind, soul and God while performing the ritual worship.”

The Deer that Run towards the Mirage:

“No one turns up if they are asked to chant 108 or 1008! Crowds gather if there is a film show. The water in the mirage cannot be drunk. Nevertheless, world runs towards the mirage alone. The people of today are like the deers that trust and run towards the appearance of water in the mirage.”

Worship: Past – Present:

“Once upon a time the human race worshipped the snake, the sun and the moon.

Then it worshipped the form of a siddha (realised soul). Then it sculpted a statue and worshipped it as a Divine Force (God). Then it called it Jesus; and then as Allah.

The animals possess only one inherent quality. But the five senses in man are equalant to five animals. Worship is meant for controlling these senses and marching towards progress!

I shall teach you the methods of performing the ritual worship such as the Khalasa lamp, sacrificial fire.

I direct you to involve yourself in charity by telling you “Donate brick! Donate cement!” and thereby I give you benefits proportionate to that.

Not withstanding the benefits I give you, I also purify your soul. You should see to it that you should not accumulate heaps of dirt.”

Nature Alone is God! Worship it!

“That which produces whatever you require is God! Nature that produces your requirements like air, water, fire and food is God! Worshipping that Nature is the best manifestation of your culture. That culture should be fostered among you!

Worshipping Nature is the worshipping of the five elements of Nature. “

Spiritual Conferences – Sacrificial Fire Rituals – The Only Solution:

“The whole world is restless today. Sacred Pot Lamp (Kalasa) Sacrificial Fire Rituals are essential if the restlessness should subside and peace should be established in the world.
You have to eat if you feel hungry. You have to drink water if you feel thirsty.

It is you, who must pray to Mother to conduct Spiritual Conferences for the establishment of peace in the world.

Spiritual Conferences and Khalasa Lamp Sacrificial Fire Rituals are conducted for your sake and not for my sake or for the sake of Adigalar!

No government can grant benefit and protection in a collective manner. You have to protect yourself!

Evil forces are on the rise. The time when people develop the tendency of killing themselves is fast approaching. If ten persons are good, hundred persons are bad. These hundred persons transform five hundred persons into bad people. Spirituality is essential for transforming these hundred persons!

One grain will not constitute a sack. Several grains should join to constitute a sack. Similarly everyone should perform spiritual services co-operatively.”

Perform Ritual Worship Everyday in Your Home:

“It is not enough if you perform ritual worship on Tuesdays, Fridays, and Sundays, Full and New moon days. You should perform ritual worship on all days. Daily worship is your daily duty!

Without allowing your consciousness regarding mind, soul and God to get scattered, you must integrate them and perform your ritual worship.”

Sacrificial Fire Ritual for Peace:

“When 400 or 500 people die suddenly in this world, the souls of these dead people will not attain peace and they will wander as ghosts. These ghosts can be made to rest in peace only by spirituality. It is impossible to give them peace through atrocities.”

For Granting you Maturity:

“Silver coated with gold and copper coated with gold will reveal its true identity in due course.

The grain of paddy has useless chaff. Spirituality too has worthless persons.

I grant you maturity and I am preserving you all in spirituality. Nothing can be made with pure gold. It can be shaped into different forms only if copper is combined with gold.

I am making you perform sacrificial fire rituals. I have moulded you to be raised to the height of a temple tower.

I am reducing your agony and converting them into your moments of glorious achievements.

By giving importance to women I enhance their involvement in spirituality.

Your Inner Consciousness Should Know:

“It is not enough if it is known outwardly that we are wearing red dress and worshipping the Mother. It should be known to your inner consciousness.

The continuous performance of adoring the Divine by burning camphor and breaking coconuts will give you benefits only if your inner consciousness is pure.”
LATEST ORACLES OF AMMA ON WORLD AFFAIRS:

Day-1 of Gulf War:

The world will be destroyed because of science. World is getting destroyed continuously. I keep on protecting it.

DURING RODREY KING INCIDENT:

Law And Dye: Amma said that law has been smearing dye on it. This dye will lose its colour soon. Justice will stand steadfast.